

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



HOURS

Monday 8AM—7PM
Tues.-Fri. 8AM—4PM



*Senior Day
Henry County Fair
Tuesday, August
18th*

10 am—12 pm

Come join us at the Henry County Fair for entertainment, senior center updates, presentation of senior of the year, lunch and more!

Fair admission on that day is free to seniors over 60.

Please call the HCSC at 419-599-5515 with Wedding Anniversaries over 50 years to be recognized during our program.



Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

AUGUST 2026

Dear friends,

Happy August! I hope this month finds you enjoying the sunshine, staying active, and connecting with friends here at the Henry County Senior Center. Summer always brings a wonderful energy to our community, and I'm grateful for the smiles, conversations, and moments we share each day.

As we celebrate all the fun this month has to offer, don't forget one of our favorite annual traditions: Senior Day at the Henry County Fair! We'd love to see you on Tuesday, August 18, from 10:00 a.m. to noon. It's a wonderful chance to enjoy the fairgrounds, catch up with friends, and soak in that classic Henry County summer spirit. Consider this your friendly nudge to mark your calendar (and remind your friends, too!).

And as for the month ahead—let's just enjoy it together. Pop in for lunch, join an activity that makes you smile, or simply stop by for a chat. My day is always better when I get to share it with you.

Warm smiles,
Angela

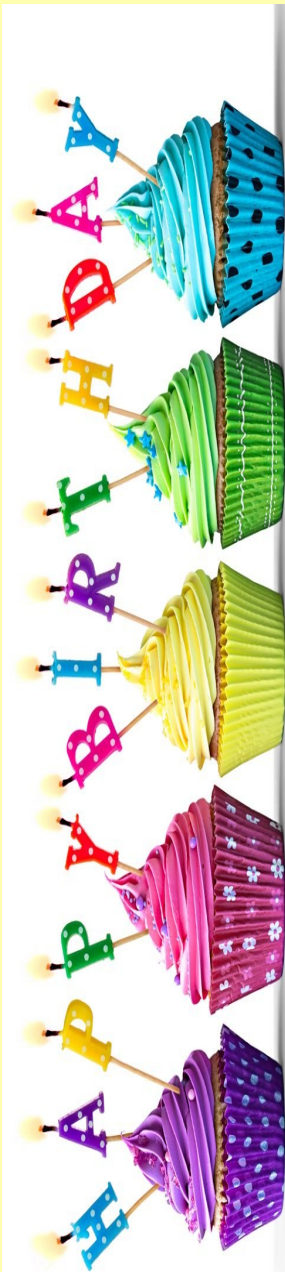
Henry County Fair HCSC Booth August 13th—19th

We will once again be participating in the Henry County Fair. Volunteers are needed to work our fair booth for the duration of the event. Our booth this year will be promoting the HCSC and selling crafts made by our crafting groups. See the front desk to sign up to work a shift.

Summer Bake Sale August 13th

We will not be selling baked goods at the fair this year due to health concerns with no refrigeration. Instead we will be having a fair inspired bake sale on Thurs. August 13th. This bake sale will only be at the senior center. Please bring your donated goods to the center on Wednesday, August 12th. Thank you!



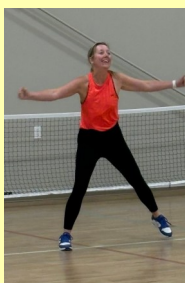


DONATION WISH LIST

Postage Stamps,
Coffee,
Chocolate,
Candy,
Powdered Coffee
Creamer,
Antibacterial
Wipes,
Tissues,
Paper Towels,
New Puzzles

1 Meienburg, Larry	8 Fackler, Margaret	15 Jones, Charlotte	24 Bohn, Marcia
1 Flory, Carol	8 Washington, Floyd	15 Walker, Dorothy	24 Westrick, Georgiann
1 Smith Jr, Harold	8 Hile, Diana	15 Niebergall, Karan	24 Marchica, Linda
1 Thomas, Thomas	8 Mengerink, Cindy	15 Weber, Cheryl	24 Ewald, William
1 Hernandez, Efrain	8 Snyder, Peggy	15 Edwards, Melanie	24 Maas, Ruth
1 Nartker, Cecilia	8 Dickman, Jim	15 Helminiak, Judy	24 Norden, Marlene
1 Mendez, Mary Ann	8 Smith, Tim	16 Gower, Alice	24 Homan, Vicki
2 Joseph, Mary	8 Jepson, Peggy	16 Jackson, Lee	25 Schortgen, Marilyn
2 Beck, Norma	8 Nickels, Dean	16 Chamberlin, Linda	25 Somoza, Brigida
2 Baden, Vernon	9 Gruenhagen, Rozella	16 Patel, Mahesh	25 Coutcher, Susan
2 Miller, Connie	9 Reyes, Diane	16 Baer, Terri	25 Fruth, Lynette
2 Smith, Mary	9 Ankney, Lana	17 Chaney, Sue	26 Brown, Mary
2 Hintz, Marylou	9 Beham, Linda	17 Jockett, Melanie	26 Kline, Richard
2 Nemoyer, Nancy	9 Bockelman, John	17 Fischer, George	26 Perry, Becky
2 Homan, Larry	9 Geno, Michael	18 Firman, Dolores	26 Dobbelaere, Sheryl
2 Brown, Jeffrey	10 Graber, Gloria	18 Dent-Weiss, Rebecca	26 Roe, James
2 Dennie, Sandra	10 Dross, Bruce	18 Krueger, Kenneth	26 Bowser, Joy
2 Riblet, Gary	10 Hill, Donald	18 McColley, Ted	26 Engel, Shellie
3 Borstelman, Elaine	10 Lymanstall, Rose	18 Maynard, Candy	27 Mahnke, Richard
3 Ralston, Sophia	10 Bowser, William	19 Chapman, William	27 Johnson, Lavora
3 Hill, Debra	10 Yetter, Colette	19 Treft, William	27 Fritz, Norbert
3 Small, Ruth	10 Farrell, Margo	19 Reetz, Linda	27 Streicher, Louis
4 Cameron, Donna	11 Johnson, Judith	19 Beck, Linda	27 Ritter, Carol
4 Gerken, Carol	11 Cook, Elizabeth	19 Mitchell, Thomas	27 Crawford, Franklin
4 Tussing, Cathie	11 Lugbill, James	19 Meyer, Diane	27 Gray, Virgil
4 Stout, Rosa	11 Shultz, James	19 Nelson, Franell	28 Burkholder, Janet
4 Wilhelm, Carla	11 West, Jody	19 Baldassari, Donna	28 Warner, Thomas
4 Blue, Karren	12 Bischoff, Frances	20 Martinez, Hazel	28 Franz, Deb
5 Davis, Milt	12 Freytag, Theodore	20 Lee, Bernice	28 Goodman, Debra
5 Meyers, Eugene	12 Mahlman, Donald	20 Ringle, Dave	28 Farmer, Donald
5 Hill, Diana	12 Huesca, Roberto	20 DeBolt, Dennis	28 Schwab, Tina
5 Norden, Kathy	12 Schwiebert, Mattie	20 Piercefield, Doris	29 Knepley, Marilyn
6 Larson, Linda	12 Cartmell-Herzig, Debra	20 McGee, Donald	29 Erford, Mary
6 Imbrock, Larry	12 Semelka, Jeanette	21 Snyder, Florence	29 Silveus, Arita
6 Foreman, Gary	12 Miessner, Diane	21 Krueger, Marlyn	29 Hanna, Lois
6 Collins, Anne	13 Bischoff, Bonnie	21 Brubaker, Robert	29 Pfaff, Babs
6 Deaton, Merle	13 Oehrtman, Sandy	21 Johnson, Jack	30 Apple, Donald
6 Clark, Tammy	13 Hunter, Rodney	22 Rauch, Irene	30 Luderman, Duane
6 Brown, Christine	13 Desgranges, Robin	22 Smith, Wanda	30 Yaichner, Patsy
7 Wachtman, William	14 Abell, Raymond	22 Tonjes, Judith	30 Lester, Rose
7 Zickefoose, Rogeania	14 McClure, Marybeth	22 Lester, Robert	30 Stutzman, Mary
7 Flores, Guadalupe	14 Gottschalk, Kathi	22 Mitchell, Barbara	30 Trietch, Brenda
7 Overly, Jacquelyn	14 Zellers, Linda	22 Sherrick, Barbara	31 Baker, Samuel
7 Helberg, Robert	15 Schweinhagen, Rupert	22 Sonnenberg, Brenda	31 Joseph, Miles
7 Pollock, Charlotte	15 Tovar, Aurelia	22 Eickhoff, Beverly	31 Ritter, Terrance
7 Leitner, Dawn	15 Vance, Ralph	22 Huber, Gary	31 Rathge, Donna
7 Franks, Nelson		22 Sifuentes, Barb	31 Spires, Estela
8 Edmonds, George			

SUMMER



Thank You for your Support!!

Thank You

HCSC Advocate Group
Genacross Lutheran Services-Meal & Bingo Sponsor
Northcrest Nursing & Rehab- Meal & Bingo Sponsor
Bridge Home Health/Hospice-Bingo Sponsor & Ask Nurse
Vancrest Health Care Center-Bingo Sponsor
HC Pork Producers (July) -B Day Meal Sponsor
HC Hospital (Aug)-B Day Bash Meal Sponsor
Immanuel Church, Deshler & St. Peter Church, Holgate
Henry County Health Department,
Lutheran Church Charities, Soaring Arts Studio, NOCAC

Newsletter Mailing Volunteers

Beth Cook, Betty Marihugh, Diana Rhodes,
Teresa Kiessling, Joanie Hardesty, Bette Lighthill,
Lois Casper, Judy Groves, Deb Franz, Diane Kruse,
Jean Knipp, Karen Stein

Donations

Bette Lighthill, Sylvia Lozier, Jim Joseph, Barb Danser,
Judy Morua, Judy Pierce, Russ Lones, Donna McGhee,
Janet Foxe, Maggie Yates, Dawn Leitner, Margaret
Golden, Sheri Mansfield, Rita Small, Jerry Mapes, Linda
Dickey, Jordan Kline & Anonymous

Memory of Louis Witte by Helen Witte

Toe Nail Clinics



The Henry County Senior Center offers toe nail clinics on Thursdays as scheduled. Toe Nail Clinic locations are offered in Napoleon, Holgate & Deshler. Call the HCSC for an appointment. Fee \$10.00 cash per person paid to the technician. Kindly soak your feet prior to your appointment and bring a towel.

Struggling to pay for home repairs, rent, cooling bills, etc.? Give the following organizations a call to see if they can help.

* Northwest Ohio Community Action Commission
419-599-2481

* Maumee Valley Planning Organization
419-784-3882



We are still selling tickets for this gorgeous Christmas Quilt. Stop in at the HCSC to purchase your tickets. The drawing will be held on 8/18/26 at 11:00am at the HC Fair.

**SOARING
ARTS** *Studio*
Part of Filling Homes With Love
.....Inspiring Creative Expression



August Project

Pottery Class

**August 3rd & 24th
at 11:00am**

**Fee for pottery
class is \$15.00.**

**Sign up at the HCSC
front desk.**

Layered Bowl



NATIONAL
**SENIOR
CITIZENS**
DAY

**MUSIC
BINGO**



**NATIONAL SENIOR
CITIZENS DAY
Friday, August 21st**

Come to the HCSC to celebrate this special day with us! We will have snacks at 11:45am and Music BINGO at 12:30. MUSIC BINGO sponsored by
In Care Ohio Home Health.

2026 CLIENT REGISTRATION FORMS ARE AVAILABLE

When did you last fill out a registration form?

**We need an updated form every four years in order for
you to continue to receive our newsletter by mail and for
your name to appear on the birthday list.**

2026 Registration forms are available at the front desk.

TRANSPORTATION SERVICES

Transportation services are available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments.

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments.

Call 419-592-8726 to schedule your ride.



LET YOUR CREATIVITY FLOW

AUGUST CRAFT CLASS

August 11th @ 10:00 AM



Bee Book
Mark,
Lady Bug
Key Ring,
Sea Shell
Heart



Please sign up and pay
\$5.00 for this class at
the front desk.



WATERCOLORS WITH SHIRLEY

Registration is required for this class. This class will be offered on the 5th of August at 10:00 am. Please register and pay \$2.00 per class at the front desk.



QUILTING WITH BETH

Come quilt with us! **Every Tuesday** from 1:00 pm to 3:00 pm in the Art Room.



CARD MAKING WITH DEB

Make some greeting cards with Deb. This class will be held Thursday, Aug. 13th in our Art Room at 10:30. Please register and pay at the front desk.

EXERCISE CLASSES

CARDIO DRUMMING

Tuesdays at 10:00
with Emily

Fridays at 10:00
Video



EXERCISE WITH CAROL

Mondays at 10:00
Wednesdays at 10:00

YOGA VIDEO

Wednesdays at 11:00

TAI CHI VIDEO

Fridays at 12:45



WARRIOR Rhythm ROOTS WITH MELISSA

Come check out this low impact, yoga style class.



Mondays & Fridays at 11:00



ZUMBA GOLD! NEW CLASS FOR THE SUMMER!

Instructor: Emily Faerber

Summer Zumba
Thursdays, 8:15-9:00 AM

Last Class: August 20th



BALANCE & STRETCH WITH ANN

Tuesdays at 1:00 pm



LINE DANCING WITH LINDA

Thursdays at 9:30 am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 AUGUST 2026	4	5	6	7 SPONSORED MEAL
8:00-9:50 Adv Pickleball 10:00 Exercise/Video 11:00 Mahjong 11:00 Rhythm & Roots 11:00 Soaring Arts Pottery 12:45 On the Road Mtg. All seniors are welcome! Bring your ideas. 1:00 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study 12:45 Advocates Mtg. 1:00 Balance Class 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Video 11:00 HCH BP Checks 10:00 Watercolors 10:45 "Damascus" Comfort Dog Visit 11:00 Chair Yoga Video 1:00 Cards/Games 1:00 Pickleball	8:15 ZUMBA GOLD w/ Emily Faerber 9:30 Line Dance/Linda 12:30 Euchre 1:00 Pickleball	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 11:00 Grief Support 12:00 Genacross/ Meal & BINGO Sponsor 12:45 Tai Chi Video 1:30 Pickleball
10	11	12	13 SPONSORED MEAL	14
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Rhythm & Roots 1:00 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming Video 10:00 Craft Class 10:30 Bible Study 11:00 Caregiver Group 1:00 Balance Class 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Chair Yoga Video 11:00 Alzheimer's Group 11:00 Soaring Arts 1:00 Cards/Games 1:00 Pickleball	8:15 ZUMBA GOLD w/ Emily Faerber 9:30 Line Dance/Linda 10:30 Cards w/Deb 12:00 Northcrest/ Meal & BINGO Sponsor 1:15 Euchre 1:30 Pickleball	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 12:45 Tai Chi Video 1:00 Pickleball
17	18	19	20	21 Nat. Senior Citizens Day
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Rhythm & Roots 12:30 Vancress/BINGO 1:30 Pickleball 4:00 Euchre	SENIOR DAY AT THE HENRY COUNTY FAIR  CENTER CLOSED JOIN US AT THE FAIR	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Chair Yoga Video 1:00 Cards/Games 1:00 Pickleball	8:15 ZUMBA GOLD w/ Emily Faerber 9:30 Line Dance/Linda 12:30 Euchre 1:00 Pickleball 4:30-5:30 Farmer's Market	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Support 11:00 Rhythm & Roots 12:30 MUSIC BINGO InCareOhio 12:45 Tai Chi Video 1:30 Pickleball 
24	25	26 SPONSORED MEAL	27	28
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Soaring Arts Pottery 11:00 Rhythm & Roots 12:30 Veterans Group 1:00 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study 1:00 Balance Class 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:15 "Ask a Nurse" 11:00 Chair Yoga Video 11:00 HCHD BP Checks 11:00 Chair Yoga Video 11:45 B Day Bash Meal Sponsored by HC Hospital 12:30 BINGO/Bridge Home Health Hospice 1:30 Pickleball	8:00 Tech Help /Joe 8:15 Exercise Video 9:30 Line Dance/Linda 12:30 Euchre 1:00 Pickleball 4:30-5:30 Farmer's Market	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 12:45 Tai Chi Video 1:00 Pickleball
31	1 SEPTEMBER 2026	2	3	4 SPONSORED MEAL
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 11:00 Rhythm & Roots 1:00 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming/Emily Beck 10:30 Bible Study 1:00 Balance Class 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Chair Yoga Video 1:30 Cards/Games 1:00 Pickleball	8:15 Exercise Video 9:30 Line Dance/Linda 12:30 Euchre 1:00 Pickleball 4:30-5:30 Farmer's Market	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 11:00 Grief Support 12:00 Genacross/ Meal & BINGO Sponsor 12:45 Tai Chi Video 1:30 Pickleball

AUGUST 2026

Lunch Menu

**MOW & Congregate
Suggested Donation
\$3.00 (60 & over)**

**Dine-In Guests
(under 60)
\$ 6.00**

MOWs are delivered on Mondays, Tuesdays, Thursdays & Fridays. Wednesday's meal is delivered with Tuesday's meal. Meals are delivered between 10:30am and 1:30pm based on your location in the route you are assigned.

The suggested donation is \$3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send your donation back with your driver, mail it in, or pay online on our website.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace Hot Meals, Turkey & Cheese Sandwiches are available to replace the main Entrée of a Meal. All substitutions need to be made by 7:00AM. 2% Milk is served daily.

MOW - PLEASE CALL 419-599-0033 BY 7:00AM. TO CANCEL OR CHANGE A MEAL.

To inquire about ingredient content, please call the Senior Nutrition Manager.

Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the east kitchen door. Meals must be ordered by 7:00 AM. No meal PU on Wednesdays.

Menus may change due to availability of certain foods.

Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment must be completed to determine eligibility prior to receiving meals.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 Sponsored Meal
Cabbage Roll Scalloped Potatoes Scandinavian Veggies. Peaches	Pork Roast Cranberry Glaze Red Skin Potatoes Cole Slaw Applesauce	Cheeseburger Tator Tots Baked Beans Pears	BBQ Chicken Corn Casserole Stewed Tomatoes Pasta Salad Pineapple	Hot Beef Sandwich Hash Browns Peas & Carrots Carrot Salad Grape Salad
10	11	12	13 Sponsored Meal	14
Chicken Alfredo Fettuccine Roasted Broccoli Celery Sticks & Peanut Butter Cinnamon Applesauce	Maple Pancakes Sausage Patty Hashbrown Casserole Apple Cobbler Fruit Punch	Ham Salad Sandwich Three Bean Salad Potato Salad String Cheese Mixed Fruit	Baked Spaghetti California Blend Veggies. Cole Slaw Garlic Bread Ambrosia Salad	Baked Potato w/ Cheese Sauce & Bacon Bits Broccoli Beef Stick V-Juice Fresh Melon
17	18 Senior Day at Fair	19	20	21
Pork Chop w/ Gravy Peas & Rice Parsley Baby Bakers Potatoes Sunshine Salad	MOW ONLY Beef Stew Buttered Noodles Peach Cobbler Buttermilk Biscuit	Chicken Salad Sandwich Potato Salad Calico Bean Salad Cottage Cheese Pineapple	Meatloaf Mashed Potatoes & Gravy Corn Apple Waldorf Salad	Parmesan Chicken w/ Marinara Sauce Mixed Vegetables Mandarin Orange Salad
24	25	26 Sponsored Meal	27	28
Salisbury Steak w/ Mushrooms Gravy Peas Stewed Tomatoes Fruited Jello Salad	Chicken & Noodles Mashed Potatoes Cucumber & Tomato Salad Fresh Melon	Sloppy Joe Sandwich Tator Tots Baked Beans Baby Carrots Grapes CONG: Birthday Cake	Brat & Sauerkraut German Potato Salad Seasoned Green Beans Ambrosia Salad MOWS: Birthday Cake	Baked Cod Sandwich Tartar Sauce Rice Pilaf Glazed Carrots Apple Slices Peanut Cup
31	1	2	3	4 Sponsored Meal
Sweet & Sour Chicken Vegetable Fried Rice Broccoli Cherry Crisp	Beef Manhattan Mashed Potatoes Corn Brussell Sprouts Cranberry Jello Salad	Pulled Pork Sandwich Mac & Cheese Three Bean Salad Apple Sauce Bag of Potato Chips	Lasagna California Blend Veggies. Cole Slaw Garlic Bread Watergate Jello Salad	Dinner Ham Sweet Potatoes Green Bean Casserole Fresh Melon Cookie



The Henry County Health Department offers Blood Pressure checks two times a month at the Henry County Senior Center. Come visit with Pam on the first and fourth Wednesday of the month from 11:00 am to 12:00 pm.



Pop Up Farmer's Market
Busch's Orchard will be here on Thursdays starting August 20th from 4:30 to 5:30 at The Henry County Senior Center Shelter House. Area Office on Aging coupons will be accepted.

BOOK CLUB



If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is **Monday, August 31st** at 11:00 am in the Conference Room.



BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Conference Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, Aug. 26, 2026**. Please call SeaGate at 419-244-6996 for information on the enrollment process.

Need a lesson on Pickleball?
Betty Naas is here to help!



Our outdoor courts are open and ready for play!

INSIDE PICKLEBALL

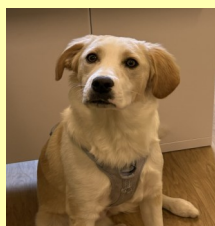
MORNING PICKLEBALL
Mon, Tues, Wed, & Fri.
8:00 AM to 9:50 AM

AFTERNOON PICKLEBALL
Monday through Friday
Every Afternoon (see calendar)
Early Evening Hours
on Monday

Tech Help with Joe



Joe Burgei from NOCAC will be here **Thursday, Aug 27th** to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe is typically here on the 4th



Our 4 Legged Friend Visits

"Damascus"
Comfort Dog Visit
Aug 5th @ 10:45

"Minnie"
Our very own HCSC dog. Here most days.



CARDS & GAMES

Mahjong - Monday @ 11:00 am.
Euchre - Monday @ 4:00 pm & Thursday @ 12:30 pm.
Hand & Foot or Three/Thirteen - Wednesdays @ 1:00 pm.
Open tables for cards & games anytime!

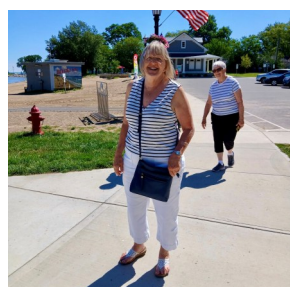


Need some medical questions answered, home health advice, medication concerns or just need to talk. Make an appointment with Barb Cries, RN with Bridge Home Health and Hospice.

Barb will be at the HCSC on the fourth Wednesday of the month. Appointments will be scheduled in 15 to 30 minute increments from 10:15 am to 11:30 am. Barb will not be diagnosing illnesses just answering questions **August 26th**. Call the HCSC to schedule your appointment.



Pictures from some of our spring adventures.



ALZHEIMER'S SUPPORT GROUP

Come join Pastor Janine Shearer and Beth Jenny for our Alzheimer's Support Group, next meeting will be **Wed. Aug. 12th at 11:00 am**. Pastor Janine & Beth have both gone through extensive training through the Alzheimer's Association. All are welcome!



During the Alzheimer's Support Group the Soaring Arts Studio will be offering art projects in our art room for seniors. Caregivers will be able to bring their loved one with them, have their family member involved in an art project while the support group is going on. All seniors are welcome to attend.

GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The August meetings will be held on **Friday the 7th & 21st at 11:00am**.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Reflection Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on **Tuesday, August 11th at 10:00am**.

Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the HCSC lobby.

Historical Cruise with Taylor Moyer-Wed, Aug 5th / 3:00pm to 9:30pm. Dinner at Levi & Lilac's (4:00pm). **TRIP FULL.**

Jimmy Buffett Musical & Lunch at Cornwell's, Turkeyville USA-Tues, August 11th/ 9:30am to 5:00pm. **TRIP FULL.**

Gospel Barn, Hillsdale-Sat Aug 22nd / 9:30am to 4:00pm. Lunch at Acusport Grille (11:00am) on your own. **TRIP FULL.**

Buc ee's & Hawthorn Hill Estate Tour-Wed Aug 26th / 7:30am to 6:00pm. **TRIP FULL.**

2nd Historical Cruise on Maumee River, with Taylor Moyer-Wed, September 2nd / 3:00pm to 9:30pm. Cost \$60 includes cruise and transportation. Dinner on your own will be at Levi & Lilac's (4:00pm). **Registration is on going.**

Liberty Aviation Museum & Shopping in Port Clinton-Thur. Sept 10th / 8:30am to 4:30pm. Cost \$30. Lunch (12 noon at Tin Goose Diner & afternoon refreshment stop at Dock's Beach House, will be your own expense. **Reg. began June 4th.**

Tiffin Flea Market-Sat, Sept 12th / 8:00am to 3:00pm. Cost \$14. Lunch will be at your own expense at the food trucks. Over 300 vendors of new and vintage items. Level 2 of 4. **Registration began July 16th.**

Toledo Zoo-Wed. Sept 16th / 9:00am to 4:00pm. Cost \$15 with lunch and transportation included. Zoo entrance to seniors is free that day. Level 2 of 4. **Registration begins on August 5th.**

Thrifty Tuesday in Fort Wayne- Tues, Sept 22nd / 8:45am to 6:00pm. Cost \$15. Several stops at local Fort Wayne Thrift Stores. Lunch at Electric Works at your expense. **Registration begins August 13th.**

Hollywood Casino -Wed. September 30th / 9:00am to 4:00pm. Cost \$15 covers your transportation. Lunch will be at your own expense at the casino. Level 1 of 4. **Registration is ongoing.**

Tanger Outlet Mall-Wed, Oct 14th / 8:00am to 4:00pm. Cost \$35. We will depart the mall after shopping and head to G & R Tavern for a meal and refreshments, at your own expense. **Registration begins September 3rd.**

"A Taste of Ireland" Irish Music & Dance Show, Tinora-Thur. October 15th / 6:30pm to 10:30pm. Cost \$76 includes ticket and transportation. We will not be stopping for a meal on this trip. Level 1. **Reg. begins August 12th.**

Savannah Trips-Sept. 27th-Oct. 2nd & October 4th-9th **Registration is closed.**

Sylvania Historical Village & Apple Orchard-October (More information to come.)

Haunted Toledo-Fri. October 23rd / 1:00pm to 6:30pm. Cost \$25 includes entrance to Mortuary Manor, a 128 year old former funeral home, now a mortuary museum. We will dine at Angelo's Northwood Villa (4PM) (at your own expense) and hear of the history of the restaurants ghostly apparitions. Level 2 of 4. **Registration begins August 6th.**

Copper Moon Art Studio-Thur. Nov 5th / 10:45am to 3:30pm. Cost \$10. Art project will be at your own expense (price range \$22 to \$35) Lunch at Loma Linda's (11:30am) will be at your own expense. Level 1. **Reg. begins Sept 9th.**

Glenbrook Mall & Darlington Store-Tues Nov 10th / 9:00am to 4:30pm. Cost \$17. Lunch will be at your own expense in the mall. Level 2 of 4. **Registration begins Sept. 16th.**

STOMP-Sat. Nov 21st / 3:30pm to 10:30pm. Cost \$67 includes your show ticket and transportation. Dinner will be at Cheddar's in Findlay (4:30) at your own expense. **Registration begins Sept 24th.**

Christmas Tree Festival and Lunch at Log Cabin Traditions-Wed Dec 2nd / 9:30am to 3:30pm. Cost \$46 which includes your lunch. Explore the Allen County Museums Christmas Tree Festival then have a private home cooked 5 course meal at Log Cabin Traditions. Level 2 of 4. **Registration begins October 15th.**

West Unity Christmas Shops & Lights-Wed Dec. 9th / 3:00pm to 11:00pm. Cost \$20. West Unity Shops, Hicksville & Defiance Light Displays. Dinner at Four Seasons (6:00) in Bryan at your own expense. **Registration begins October 22nd.**

*****All trip sales are final, tickets are transferable to another senior, but not refundable. Thank you!*****



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www.henrycohhd.org



- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data

- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations

- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- Water Testing



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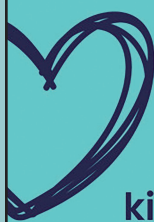
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Program Director, Ann Like

Receptionist, Elizabeth Gribler

Administrative Assistant, Adrienne Waisner

Custodian, Peg Adams

Exercise Instructors: Carol Gerken-Lones, Emily Beck, Melissa Tisi-Spiller, Emily Faerber

Volunteer Dance Instructor, Linda Warren

Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr, Soaring Arts Studio

Volunteers/Assistants/Group Leaders: Rick Arps, Dick Beck, Marsha Bischoff, Robert Borck,

Beth Cook, Jane Crandall, Linda Dickey, Joe Distel, Janet Foxe, Jan Franz, Karen Germann,

Vicki Giesige, Jan Heddaeus, Paul Heddaeus, Beth Jenny, Dawn Leitner, Bette Lighthill,

Becky Mansfield, Betty Marihugh, Bonnie Martin, Donna McGhee, Judy Morua, Betty Naas,

Jeanette Okuley, Karla Panning, Linda Rettig, Linda Ricker, Pastor Janine Shearer, Rita Small,

Pam Schwiebert, Maryann Walden

Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee



SENIOR NUTRITION PROGRAM 419-599-0033

Senior Nutrition Manager, Sandy Schlosser

Senior Nutrition Head Cook, Vicky Badenhop

Senior Nutrition Assistant, Jordan Kline

Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman, Barb Westrick

Kitchen Help: Bill Hatcher, Jeff Gribler

Meals on Wheels Drivers: Jeff Gribler, Jordan Kline, Carla Lambert,

Madison Moore, Gayla Rohrs, John Steele, Martin Verni, Mike Whitman

The Henry County Senior Center is funded by: Henry County Senior Levy,
Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.