

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



GAME DAY

Brought to you by
HCSC Advocates

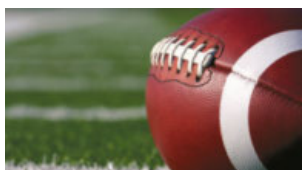
**Friday, February 9th
at 11:15am**

Join us for Fun,
Games & Sponsored
Meal.

You can also come
help judge our soup
competition.

Wear your favorite
team colors!

Come in and
purchase a square on
our Superbowl Board
\$1.00 per chance!



Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

FEBRUARY 2024

Dear Seniors,

Hope everyone is staying warm and safe so far this Winter. I will again remind everyone about our weather policy and why it is so important that we have your correct contact information in our data base, and also why we stress you sign in and out each time you come to the center. If we feel the weather is too bad to open the senior center, we will put announcements on WNDH 103.1 FM radio, but we will also send out one of our calls from the center. Client sheets need to be updated every couple years, please fill out a new one so we can confirm we have the most updated information on you. 2024 forms are available at the front desk. Thank you in advance!

We also need to ask that if you are not feeling well that you please stay home and NOT come to the senior center until you are feeling better.

Paul and his team will again be doing taxes this year for **Henry County** residents only. You must call the Senior Center and reserve an appointment time. This is a free service but donations are accepted.

Make sure to read the whole newsletter because we have several really fun activities going on this month. We are always trying to come up with new interesting things, feel free to offer suggestions too!

Hope to see you all at the Senior Center!!

Penni Bostelman
Executive Director

SOUP & CHILI COOK OFF

Friday, February 9, 2024



Calling out to all our amazing cooks, we need your help! Enter our SOUP COOK OFF. Winner will receive a prize and bragging rights for "Best Soup Chef of the Year"! You will need to sign up at the front desk by 2-5-24 to be entered into the competition. Soups will need to be in crock pots and be at the senior center by 11:00am on the day of judging.

BIRTHDAYS

- | | | | |
|---------------------|-----------------------|-----------------------|-----------------------|
| 1 Luetta McBride | 8 Deb Baker | 15 Susan Robison | 23 Franklin Hogrefe |
| 1 Mary Moulton | 8 Charles Bard | 16 Evelyn McMurtrie | 23 Don Caris |
| 1 Terry Bowers | 8 Brenda Kimich | 16 Kenneth Smith | 23 Rodger Hefflinger |
| 1 Timothy Wilhelm | 9 Vivian Lanzer | 16 Robert Zickefoose | 23 Patricia Kline |
| 1 Doris Scott | 9 Angela Norden | 16 Cathy Jones | 23 EllaJean Bordner |
| 1 Dan Volkman | 9 Rose St. Clair | 16 Judy Bradford | 23 Jeff Griggs |
| 1 David Cole | 9 Marilyn Denny | 16 Charlene Matson | 23 Diane Nicholson |
| 2 Maxine Ross | 9 Margery Abell | 16 Gregory Ooms | 24 Bette Weddelman |
| 2 Barbara Grooms | 9 Nancy Nelson | 16 Patricia Bisher | 24 Darlene Oberhaus |
| 2 Sally Heckerman | 9 Sharon Hards | 17 Richard Fankhauser | 24 Sylvia Yarnell |
| 2 Delores Williams | 9 Nancy Imbrock | 17 Florine Carper | 24 Philip Miller |
| 2 Junior Hoff | 9 George Corona | 17 Norma Weis | 24 Mary Osborn |
| 2 Judy Harman | 9 Douglas McMillen | 17 Pam Kruse | 24 Donald Siefer, Sr. |
| 2 Edward Zickefoose | 9 Kimberly Lindsay | 17 Jim Golden | 24 Philip Johnson |
| 2 Darlene Rohrbaugh | 9 Dennis Snyder | 18 Benjamin Cook | 24 Ward Rhoads |
| 2 Charles Kimich | 10 Sally Eis | 18 Marlus Reese | 24 John VonDeylen |
| 2 Betty Marihugh | 10 Elaine Ingram | 18 Carolyn Dickes | 25 Connie Musschel |
| 3 Maresta Cillitto | 10 Fred Hammon | 18 Marilyn Ruffier | 26 Marilyn Houck |
| 3 Joanna Nissen | 10 Carmen Gonzalez | 18 Nannette Bechtol | 26 Helen Houck |
| 3 Karen Dennie | 11 Wanda Scholl | 18 Sandy Damman | 26 Minnie Hoff |
| 3 Geraldine Kedocia | 11 Rex Ruby | 18 Connie Ernse | 26 Peggy Rausch |
| 3 Debra Steele | 12 James Joseph | 18 Robin Inselmann | 26 Lowynn Atkinson |
| 4 Carole Brown | 12 MaryLou Bowers | 19 Orpha Knape | 26 Barbara Miller |
| 4 Marie Busch | 12 Phyllis Wenner | 19 Betty Hoy | 27 Marlene Showman |
| 4 Sandy Hale | 12 Judy Tovar | 19 Gary Franz | 27 Russell Borstelman |
| 4 Barbara Perry | 12 Michael Davis | 19 Mary Box | 27 Diana Lather |
| 4 Karen Sweinhagen | 13 Marion Barry | 19 John Austermler | 27 Joseph Szozda |
| 4 Deborah Waisner | 13 Donald Prather | 19 Raymond Hardy | 27 Jayne Fraker |
| 4 Peggy Collins | 13 Sonia Hayes | 20 Janet VonDeylen | 27 Vicki Schwab |
| 5 Ruth Knierim | 13 Carol Coressel | 20 Ralph Tate | 27 Tim Bortz |
| 5 Judith Hoffman | 13 Rick Engel | 20 Bob Rybar | 28 Ruth Swearingen |
| 6 Lois Gerken | 13 Judy Bressler | 20 Roger Basinger | 28 Carol Hofacker |
| 6 Karen Detmer | 14 Margaret | 20 James Ohlrich | 29 Marlene Bost |
| 6 Thom Hornish | Schwiebert | 21 Janet Volkman | 29 Susan Gerken |
| 7 Bernard Flory | 14 Will Hinton | 21 Sue Holmes | |
| 7 Judith Cotter | 14 Alicia Alafa | 21 Mark Rose | |
| 7 Patricia Snyder | 14 Susan Hoffman | 22 Albert Bell | |
| 7 Becky Wisniewski | 14 Lynnette Goldsmith | 22 Jo Badenhop | |
| 7 Cindy Fritz | 15 Janet Sugg | 22 Jean Allen | |
| 8 Marilyn Meyer | 15 Janice Knepley | 22 Raymond Haas | |
| 8 William Smith | 15 Joan Tejkle | 23 Walter Leaders | |
| 8 Victoria Raker | 15 Vicki Glick | 23 Julian Gerken | |



DONATION WISH LIST

Postage Stamps,
Chocolates,
Candy,
Reg. Coffee,
Tea Bags,
Antibacterial
Wipes,
Safety Pins,
Masking Tape,
Large Zip Lock
Bags



Come help celebrate FAT TUESDAY with The Henry County Senior Center with a MARDI GRAS party! We will have beads, masks, sweets, a delicious pancake sponsored meal and BINGO by Northcrest Nursing & Rehab.

Tuesday, February 13th at 11:30am.
As always kindly RSVP the day prior to attending lunch. Thank You!

Thank you FOR YOUR SUPPORT

Thank You

Henry County Health Department
HCSC Advocate Group
Jane Crandall
Immanuel Lutheran Church, Deshler
St. Peter Lutheran Church, Holgate
Campbell's Retire Group
Bridge Home Health/Hospice-Bingo Sponsor
Vancrest Health Care Center-Bingo Sponsor
Genacross Lutheran Services-Meal & Bingo Sponsor
Northcrest Nursing & Rehab-Meal & Bingo Sponsor
Henry County Hospital-Birthday Bash Meal Sponsor
Becky Mansfield-Bingo Caller
HCSC Advocates-Super Bowl Meal Sponsor

Donations

Linda Nelson, Yong Duval, James Cordy, Betty Marihugh, Shirley Barlow, Bernice Nash, Kathleen Rausch, Phyliss Vorwork, Barb Nye, Joannie Hardesty, Mary Box, Georgie Westrick, Jordan Kline, John & Mary Kline, Jane Hawkins, Bette Lighthill, Judy Pierce, Carla Lambert, Truus Leader, Penni Bostelman, Jill Jolliff, Autumn Bostelman-Jolliff, Jerry Mapes, Bob Panning, Herb Riggs, Bethany Mathers, Helen Witte, Ann Kuckowski, Bonnie Martin

Newsletter Mailing Volunteers

Marybeth McClure, Diana Rhodes, Beth Cook, Marg Abel, Linda Nelson, Lois Casper, Janet Meyer, Jean Knipp, Betty Marihugh, Deb Baker, Jan Westhoven, Bonnie Martin, Deb Wensink, Viv Dominique

REMINDER

We will be closed on Monday, February 19th in observation of Presidents Day.

Purchase a chance to win a **Valentine Candy Box**. Three winners will be drawn on Friday, February 9th during our Superbowl Party. Chances will be .25 cents each. Need not be present to win.



WOODSHOP



Come check out our woodshop! Talk to Art Germann about projects he can help you make. Give us a call at the Senior Center if you are interested.



The Filling Home in conjunction with the Henry County Senior Center is offering a **FREE "Water Fitness Class"** on **Thursday, February 22nd** from 9:00am to 10:00am. The class will encompass; a wide range of water exercises for strength, stretch and aerobics which are easy on your joints. Come to the Filling Home and check out their pool facilities and participate in this fun class. The pool offers a mechanical lift chair and railed steps for easy access. Class space is limited, so get your RSVP in as soon as possible. Sign up at the HCSC.



HEAP is a federally funded program managed by the Ohio Department of Development. It is designed to help income eligible consumers with heating costs. For more information & to see if you qualify contact: Ohio Department of Development, Energy Assistance Program online at www.energyhelp.ohio.gov. Northwest Ohio Community Action Commission (NOCAC) 419-219-4641 is also available with help in the application process.

LET YOUR CREATIVITY FLOW



CROCHET & KNITTING CLASS

Offered on the 1st & 3rd Tuesday of the month in the Art Room at 11:00am. Come learn to make prayer shawls, baby blankets and more. All experience levels are welcome. Registration is appreciated.



WATERCOLORS WITH SHIRLEY

Class is offered on the 1st & 3rd Wednesday of the month at 10:00. Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Card class is on a short hiatus. The class is typically offered on the 2nd Thursday of the month at 10:30. Cost \$8.00. Registration is required.

EXERCISE CLASSES



EXERCISE WITH CAROL
Mondays at 10:00
Wednesdays at 10:00

CARDO DRUMMING
Tuesdays at 10:30 with Emily
Thursdays at 8:30 with Video
Fridays at 10:00 with Video



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Cardio Drumming with Lisa"



LINE DANCING WITH LINDA
Thursdays at 9:30

BALANCE EXERCISE WITH ANN
Tuesdays at 1:00

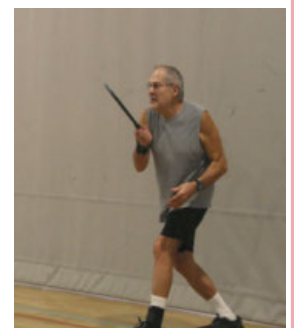
CHAIR YOGA VIDEO
Wednesdays at 12:45








TAI CHI VIDEO
Fridays at 12:45



ADVANCED PICKLEBALL
Mon, Wed & Fri
8:00-9:45

PICKLEBALL
Mon, Tues,
Wed & Fri
2:00-4:00




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 SPONSORED MEAL Nat Bubble Gum Day
			8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 9:00 Movie "Groundhog Day" 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:15 Speaker-Dakota Stone 12:30 Cornhole 12:45 Tai Chi Video  2:00 Pickleball
5	6	7	8	9 SPONSORED MEAL Superbowl Party & Soup & Chili Cook Off 
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 12:30 Advocate Mtg. 1:00 Balance Exercises 1:00 Hand & Foot 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 HCHD BP Checks 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:15 Games & Soup Judging 12:00 Meal Sponsor HCSA Advocates 12:30 Cornhole  12:45 Tai Chi 2:00 Pickleball
12	13 SPONSORED MEAL Mardi Gras Fun	14 Valentine's Day Wear Red Day	15	16 Nat. Caregiver Day
8:00-9:45 Adv Pickleball 9:00 Manicures/Pedicures 10:00 Exercise/Carol 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 10:00 Caregiver Group 10:30 Cardio Drumming 10:30 Bible Study 12:00 Northcrest Meal/ BINGO Sponsor 1:00 Balance Exercises 1:00 Quilt Class  2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Soaring Arts Community "Donut" Art Project 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball 	8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 Deshler 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Movie/Popcorn 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
19 CENTER CLOSED	20 Nat. Love Your Pet Day 	21	22 Nat. Margarita Day 	23
	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 1:00 Balance Exercises 1:00 Hand & Foot 12:30 BINGO/Vancrest	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 Cancer Support 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 FREE "Water Fitness Class @ Filling Home-sign up required" 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
26 Nat. Set A Good Example Day	27	28 SPONSORED MEAL	29 Nat. Leap Day 	1 SPONSORED MEAL
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash-Henry County Hospital Speaker-Sarah Huber 12:30 BINGO/Bridge Home Health-Hospice 12:45 Chai Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

February 2024 Lunch Menu

Drive Through
Congregate & MOW
Suggested Donation
\$3.00 (60 & over)

Dine-In for guests etc.
(under 60)
\$ 6.00

- Menu meal served daily 12:00 - 12:30 p.m. - **RSVP by 2:00pm the day before - 419-599-0033.** We cannot guarantee meals for those who do not RSVP.
- **MOW - PLEASE CALL 419-599-0033 BY 7:00 A.M. TO CANCEL OR CHANGE A MEAL.**
- To inquire about ingredient content, please call the Senior Nutrition program.
- 2% Milk is served daily.
- Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed.
- No eligible person 60 or over shall be denied a nutrition service because of failure to contribute all or part of the suggested donation for that service. All donations are kept confidential.
- Turkey & Cheese Sandwich is available to replace main entrée of a meal.
- Chef Salad is available to replace a hot meal.
- **Menus may change due to availability of certain foods.**
- Drive through meals are available from 11:00 - 11:30 a.m. at the East side of the Senior Center Building KITCHEN DOORS on Monday, Tuesday, Thursday and Friday. Wednesday meal may be picked up on Tuesday.
- **Call the HCSC 419-599-5515 to sign up for Meals on Wheels.**

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2 Sponsored Meal
Breakfast Pizza Bagel Hashbrown Casserole Baked Apples Cheese Cubes Cole Slaw	Beef Manhattan w/ Mashed Potatoes Buttered Corn Blushing Pears	Chicken Fingers Baked Beans Carrots Pineapple Packet of Hot Chocolate Cong: Soup	Chili w/Saltine Crackers Winter Blend Vegetables Coleslaw Applesauce	Dinner Ham Sweet Potatoes Corn Orange Creamsicle Salad Cookie
5	6	7	8	9 Sponsored Meal
Cabbage Rolls Mashed Potatoes & Gravy Yellow Wax Beans Peaches	Chicken Nuggets Fried Vegetables over Rice Sweet & Sour Sauce Sunshine Salad	Hot Beef Sandwich Calico Beans Cole Slaw Pears Cong: Soup	Pork Chop Scalloped Potatoes Peas Grapes	Baked Spaghetti Tossed Salad w/ Dressing Winter Blend Veggies Fruited Jell-O Salad Valentine Cookie Garlic Bread
12	13 Sponsored Meal	14 Valentine's Day	15	16
Chicken Fettuccine Alfredo Baby Baker Potatoes Mixed Vegetables Pineapple	Pancakes Blue Berry Topping Sausage Patty Hashbrown Casserole Fruit Punch	Mac & Cheese Peas & Carrots Cherry Cobbler Fruit Cocktail Cong: Soup	Chipped Beef Gravy Baby Baker Potatoes Peas Watergate Salad	Baked Potato Sour Cream & Butter Broccoli & Cheese Cole Slaw Grape Salad
19 CENTER CLOSED	20 Nat'l Muffin Day	21	22	23
	Ranch Seasoned Chicken Breast Italian Green Beans Scalloped Potatoes Peaches	Cheeseburger Baked Beans Glazed Carrots Pears Cong: Soup	Meatloaf Mashed Potatoes & Gravy Corn Mandarin Oranges	Potato, Broccoli & Cheese Soup Saltine Crackers P & J Uncrustable Sandwich Watergate Salad
26	27	28 Sponsored Meal	29	1 Sponsored Meal
Baked Steak w/ Gravy Red Skin Potatoes Harvard Beets Ambrosia Salad	Egg, Cheese & Bacon Bake Hashbrown Casserole Baked Apples Grape Juice	Sloppy Joe Sweet Corn Casserole Peas & Carrots Mixed Fruit Cong: Birthday Cake	Honey Glazed Chicken Brussels Sprouts & Bacon Bits Carrot Strips Grapes MOWS: Birthday Cake	Fish Sandwich Tartar Sauce Au Gratin Potatoes Green Bean Casserole Orange Mandarin Salad



NW Ohio Senior Services will once again be providing tax assistance at The Henry County Senior Center, to Henry County residents only. Special attention will be given to those 60 and older, but there is no age limit. We do not charge, but **donations** will be accepted.

Appointments will be scheduled on Mondays and Tuesdays only. Starting Monday, January 29th.

Call 419-599-5515 to schedule your appointment.

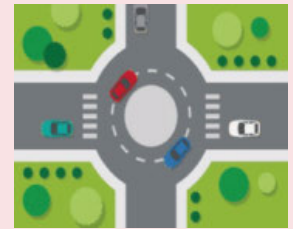
Please bring the following to your appointment:

- *Driver's License
- *Social Security Card
- *2022 Tax Returns
- *2023 Tax Documents
- *Bank Account & Routing Numbers

ODOT & HENRY COUNTY HEALTH DEPARTMENT

Presentation on

"How to Drive in Roundabouts"



Monday, March 4th at 11:15am

A free sponsored meal will follow the presentation.



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, February 26th at 11:00am in the Conference Room.



Soaring Arts Studio- Community Donut Art Project

The Soaring Art Studio will be here **Wed, February 14th at 10:00am**. They will be bringing art supplies in for us to help craft a community art project (sculpting & painting) We will be making Donuts that will be used to decorate the Napoleon downtown area. We will even be enjoying some actual yummy donuts, while we work! Registration is required by 2/9/23. Class size is limited to the first 15 people who sign up.



MANICURES & PEDICURES

Sheila Salinas, a licensed cosmetologist will be here on Monday, Feb. 12th & March 11th. Please schedule your appointment at the front desk, where you can also view a price list.



MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval **you** will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at; 1805 Oakwood Avenue Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, February 28, 2024**.

TRANSPORTATION SERVICES

Transportation services are available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

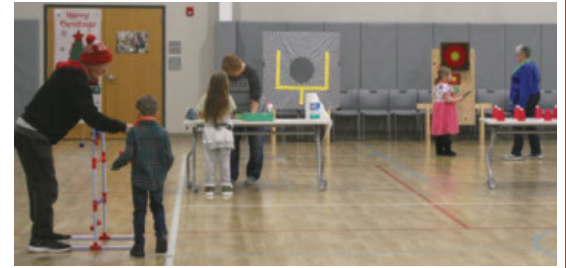
The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments.

Please call
419-592-8726
to schedule
your ride.





**NOON
YEARS
EVE!**



**AT THE HENRY COUNTY
SENIOR CENTER**



CANCER SUPPORT GROUP

Cancer is becoming a disease that seems to touch everyone in one way or another. If you or a loved one is currently battling cancer or the aftereffects of cancer treatment, this group is for you! The next meeting will be Wednesday, February 21st at 11:00am. The sessions are lead by Tiffany Day from The Henry County Health Department.

GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The February meetings will be held on Friday the 2nd & 16th at 11:00am.

Dakota Stone, Program Coordinator from The Alzheimer's Association, Northwest Ohio Chapter will be here **Friday, Feb. 2nd at 12:15**. Dakota will give a short presentation on understanding Alzheimer's Disease. You may contact Dakota for assistance dealing with alzheimers at 567-302-3608.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, February 13th at 10:00am.

BIBLE STUDY

Join or Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HSCS Travel for the 60+ Crowd

REGISTRATION FOR A TRIP IS IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby. Scholarship money available for some trips, please contact Executive Director

Musical "Come From Away" Valentine Theatre - Mon, Feb 5th / 3:30pm to 11:00pm. **TRIP FULL.**

Toledo Art Museum-Thursday, February 8th / 10:30am to 4:00pm. Cost: \$15 includes your transportation. Lunch will be at your own expense, at the Museum Cafe. **Registration began in November.**

"Johnny Cash-The Official Concert Experience" Niswonger- Sun, Feb. 18th / 1:00pm to 8:30pm. **TRIP FULL.**

Country Singer "Sara Evans" Marathon Center - Sat, Feb 24th / 3:30pm to 11:00pm. **TRIP FULL.**

Movie Day- Tuesday, February 27th / 11:30am to 5:00pm. Cost: \$15 includes ticket and transportation to Skye Cinema Wauseon. Your meal will be at your own expense at El Jarro. **Registration began in January.**

Musical "On Your Feet" based on the music & life of Gloria Estefan, Niswonger - Sunday, March 3rd / 3:30pm to 11:00pm. Cost: \$64 includes ticket and transportation. We will have an early dinner at Smoke-E's in Kalida, at your own expense. **Registration began in December.**

Fulton Co. Welcome Center & Brown Bag Market-Tuesday, March 12th / 11:00am to 5:00pm. Cost: \$17 includes transportation. Lunch will be at your own expense at Blue Ribbon Café. **Registration began in December.**

Thrift Shop Hop- Friday, March 22nd / 9:00am to 5:00pm. **TRIP FULL.**

Comedian "Jay Leno" Live, Niswonger - Sat, March 23rd / 3:30pm to 11:00pm. Cost \$88 includes ticket and transportation. We will have an early dinner at Dick's Steak House in Kalida, at your own expense. **Registration began in Dec.**

Hollywood Casino-Wednesday, April 3rd / 9:00am to 3:30pm. Cost: \$15 per person which covers your cost of transportation. Lunch at the casino is at your own expense. **Registration is ongoing.**

The Dinner Detective Murder Mystery Show, Renaissance Downtown Toledo-Saturday, April 13th / 4:30pm to 10:30pm. Cost: \$83 includes transportation, dinner and ticket. America's largest interactive comedy murder mystery dinner theater. Solve a hilarious mystery while you feast on a fantastic dinner. Just beware! The culprit is hiding in plain sight somewhere in the room, and you may find yourself as a Prime Suspect before you know it!
Registration begins February 2nd.

Branson, Missouri- April 15th-20th. Cost \$979 per person based on double occupancy. Includes 5 Nights Lodging, 5 Breakfasts, 3 Dinners, 6 Fabulous Live Shows, Guided Tours of the Branson Area, Shopping, Baggage Handling, Motor Coach Transportation and MORE. **Call the Senior Center for more details.**



- When going on trips, Please park by the grass hill and leave the parking spaces closest to the buildings for other participants. Thank you!
- Due to banking expenses we will now be charging a \$3.00 check processing fee for all trip refunds. No fee will be charged for us to hold a credit on a future trip. Thank You for your understanding!

**THRIVE
LOCALLY**



National Church Residences
RIVERVIEW TERRACE
 An Enriched, Independent Lifestyle
120 East Maumee Avenue, Napoleon, OH 43545
Over 62 and need a place to thrive? Picture the possibilities of your new, worry-free lifestyle at Riverview Terrace.
***Affordable *Peaceful *Independent**
 senior living option puts your dreams within your reach.
Let us take care of many of the hassles of life that may have become overwhelming, allowing you to be free to thrive.
Phone: 419-592-4343



Diane Harmon
 Realtor®

REISER
 REALTY LLC



219 W. Clinton St.
 Napoleon, OH 43545
Office: 419-592-3741
Cell: 419-966-1864
 Email: buzzdkh@gmail.com

Henry County Hospital Family Medical Care
 is now **Primary Care**

Accepting new patients. | Call to schedule an appointment.



419-592-1071
 HenryCountyHospital.org

HENRY COUNTY HOSPITAL
PRIMARYCARE



**Henry County
 Transportation
 Network**
419-592-8726

Ohio Relay Number:
1-800-750-0750

Find us on Facebook!

1805 Oakwood Avenue - Napoleon, OH 43545

Office Hours

Monday - Friday
 8:00 a.m. - 4:00 p.m.

PUBLIC TRANSPORTATION

Operating 6 days a week with limited weekend and evening transportation availability

See our Rider Guide & Seasonal Shuttle Guide for more details!

<https://www.henrycountyohio.gov>



*Care Is Our
 Mission Statement*

600 Joe E Brown Ave, Holgate OH

www.vancrest.com

(419) 264-0700 Ask for Lea



240 Northcrest Dr.
 Napoleon, OH 43545
419-599-4070



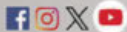
Local, Nonprofit, Available 24/7

Archbold Defiance
419-445-5128 419-782-5411
www.ComHealthPro.org



Henry County Health Department
Inspiring Better Choices for Health

1843 Oakwood Ave.
 Napoleon, OH 43545
 419-599-5545
www.henrycohd.org



- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data
- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations
- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- Water Testing

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Program Director, Ann Like
Receptionist, Angie Thomas
Custodian, Peg Adams
Exercise Instructors: Carol Gerken Lones, Emily Beck
Volunteer Dance Instructors: Linda Warren
Volunteer Art/Craft Instructors: Beth Cook, Shirley Starr
Volunteers/Assistants: Dick Beck, Beth Cook, Jan, Franz, Art Germann, Karen Germann, Paul Heddaeus, Betty Marihugh, Donna McGhee, Linda Rettig, Rita Small, Deb Wensink
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Senior Nutrition Head Cook, Vicky Badenhop
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Dish Room: Bill Hatcher, Don Hill
Volunteer Kitchen Assistants: Judy Hoffman, Jeanette Okuley
Meals on Wheels Drivers: Rick Arps, Kenny Buchenberg, Jordan Kline, Carla Lambert, Jayne Myers, Gayla Rohrs, Martin Verni, Mike Whitman



The Henry County Senior Center is funded by: Henry County Senior Levy, Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.