Golden Age News

203 Rohrs Street Napoleon, OH 43545 419-599-5515

www.henrycountyseniorcenter.com





SENIOR HEALTH AWARNESS COMMITTEE SPRING HEALTH FAIR

Blood Pressure Checks, Senior Information, Vendors, Guest Speakers, Door Prizes, Delicious Free Lunch with Dessert & Much More!

Wed. May 7, 2025 8:30AM to 1:30PM

Complimentary Tickets are available at The Henry County Senior Center.

Must be present from 9:00am to 1:00pm to be included in the door prize drawings.

The Senior Center building will be closed on the day of the health fair for regular scheduled activities.

Henry County Senior Center

"To empower and inspire older adults to thrive in all aspects of their lives"

MAY 2025

Dear Seniors,

It's time for our annual Senior Health Fair. Hopefully you have picked up your tickets for the Wednesday May 7th event. The day will be jam-packed with guest speakers, vendors, door prizes, and lunch! Come join us.

We are preparing for our June Rummage Sale and can never have too many volunteers, there will be a volunteer meeting for anyone who might be interested on Monday, May 12th at 11:00am. We really have a fun time and it's a great way to meet new friends. Please come check out the meeting to see the different ways you can help.

Make sure you check out our trip page. Our planning committee has been busy planning some fun trips for this spring and summer!

Hope to see you all at the Senior Center!!

Sandy Schlosser Ann Like Angie Thomas Nutrition Manager Program Director Receptionist



Rummage Sale & Bake Sale

Thursday, June 5th 3PM-7PM, Friday, June 6th 8AM-5PM, & Saturday, June 7th 8AM to NOON.

Drop Off Dates: May 29th 8AM-6PM, May 30th 8AM-NOON, & May 31st 8AM-12 NOON.

We do not accept toys, TV's, entertainment stands, or encyclopedias.

A Volunteer Organizational Meeting will be held May 12th at 11:00am. All are welcome! Check the front desk to sign up to work a shift or two during drop off and sale dates.

Many hands are needed....and it's FUN!

Baked Good donations will also be needed during the dates of the rummage sale. Thank you in advance to all our wonderful bakers!



DONATION **WISH LIST**

Postage Stamps,

Coffee, Chocolate, Candy, ´ Powdered Coffee Creamer, Antibacterial Wipes, Tissues, Paper Towels, New Puzzles

1 Hesterman, Ronald 1 Freytag, Marilyn 1 McCready, James 1 Boehm, George 1 Bleschke, Sandra 2 Cochran, Barbara 2 Stambaugh, Dale 2 Berlin, Sandra 2 Tietje, Barb 2 Nally, Kenneth 3 Klingshirn, Rita 3 Lynthacam, Curtis 4 Hahn, Milton 4 Koenig, Beverly 4 Miller, Janis 4 Oquin, Sandra 4 Oberhaus, Linda 4 Haas, Jeff 5 Stockman, Anna 5 Hershberger, Marilyn 5 Friess, Joan 5 Jaski, Colleen 5 Nicholson, Lynette 6 Ritchey, Cheryl 6 Gillingham, Bonnie 6 Franz, Dennis 6 Clapp, Mary 6 Kuser, Betsy 7 Reiser, Karen 7 Taylor, Harlan 7 Hall, Ruth 7 Smith, Wesley 7 Stevens, Teresa 7 Harmon, Theodore 7 Wilson, Mary 8 Hartman, Geraldine 8 Fruth, Gregory 8 Rader, Richard 8 Golden, Vickie

10 Troyer, Douglas 20 Danser, Gianna 10 Barnes, Randall 10 Cline, Cynthia 11 Boggs, Cheryl 11 Pelphrey, Gordon 12 Wenzinger, Viola 12 Luderman, Ellamae 12 Martinez, Alicia 12 Bechtol, William 12 Steingass, Leslie 12 Smith, Kathy 13 Mahlman, Edna 13 Ward, Carol 13 Weirauch, Arlene 13 Landversicht, Susan 14 Archambault, Rose 14 Birtcher, Patricia 14 Mack, William 14 Sorrell, Dorothy 14 Dickey, Warren 15 Homier, Verl 15 Bernicke, Linda 15 Streicher, Mary Lou 16 Bunke, Mary Ann 16 Hardy, Mike 16 Bowers, Julie 17 Burdue, Donna 17 Swihart, Mary 17 Turner, Linda 17 Baer, Daniel 17 Norden, Mark 18 DeWit, Mary Ann 18 Hupp, William 18 Miller, Pamela 18 Retcher, Rolanda 19 Dilger, Sue 19 Okuley, Michael 20 Leonard, Carol 20 Chorba, Thomas

20 Wensink, Randolph

20 Desgrange, Deborah

20 Goure, Rebecca

20 Ruby, Lucinda

21 Beals, Sheila 21 Miller, Patricia 21 Coulon, Lawrence 21 Wagner, William 21 Oleski, Jeffrey 21 Howe-Gebers, Gwen 22 Flowers, Lisa 23 Like, Jerry 23 Robbins, Raymond 24 Dimascio, Brigid 24 Valentine, David 25 Hougland, Walter 25 Chambers, Dan 25 Andrews, Marjorie 25 Gibson, Shelby 25 Long, Judy 25 Ohlinger, Constance 25 Fisher, Janice 26 Moden, Marian 26 Hancock, Bonnie 27 Henricks, Roger 27 Smallwood, Betty 27 Hastedt, Bob 27 Middleton, Thomas 27 Crandall, Jane 27 Fisher, Randall 28 Cole, Rose Marie 28 Rhodes, Carolyn 28 Nemoyer, Robert 28 Steingass, Becky 28 Westhoven, Mary 29 Matson, Don 30 Biler, Erma 30 Ramos, Emelia 30 Dishong, Sharon 30 Collier, Joan 30 Hagen, Fay 31 Groves, Judy 31 Mohring, Marlene 31 Marty, Gloria

Military Care **Packages** for Deployed **Soldiers**

If you are interested in donating non-perishable items to be shipped to deployed soldiers from the Walbridge Armory, contact Donna Plummer at 419-277-7366. Donna can give you a list of items they are collecting. Thank You!



2025 CLIENT REGISTRATION **FORMS**

Check to see when you filled out a registration form. We need an updated form every few years in order for you to continue to receive our newsletter by mail and for your name to appear on the birthday list. Registration forms are available at the front desk. Thank You!

Tech Help with Joe

9 Matias, Sally

9 Leader, Truus

9 Ramirez, Irma

10 Hite, Lucinda

Joe Burgei from NOCAC will be here Tuesday, May 13th to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe is typically be here on the 2nd Tues. & 4th Thurs. of each month.

Thank you for your Support!

Thank You

HCSC Advocate Group

Genacross Lutheran Services-Meal & Bingo Sponsor
Northcrest Nursing & Rehab-Bazaar Meal & Bingo Sponsor
Bridge Home Health/Hospice-Bingo Sponsor
Vancrest Health Care Center-Bingo Sponsor
Holgate & Napoleon Lions Club-Bday Bash Meal Sponsor
Food Boxes-Paul Heddaeus, Judy Morua & Jeff Mires
Becky Mansfield & Sheila Vajan -Bingo Callers
Immanuel Church, Deshler & St. Peter Church, Holgate
Jane Crandall, Shawn Waidelich from AOOA,
Henry County Health Department, Care 360 Hospice,
Soaring Arts Studio, Officer Rogelio Rubio of Napoleon PD



Donations

Donna McGhee, Laura, Kovar, Judy Pierce, Kline Family, Consuela Medina, Donna Bankey, Janet Foxe, Jeri Holder, Lori Drewes

Newsletter Mailing Volunteers

Diana Rhodes, Janet Foxe, Beth Cook, Marg Abel, Betty Marihugh, Diana Kruse, Karen Germann, Sandy Foreman, Viv Dominique, Linda Nelson, Donna Bankey, Becky Mansfield, Linda Dickey, Deb Franz, Bette Lighthill, Joan Hardesty, Kathy Storch, Karen Cain

Memorial for Ann Kuczkowski Joan Hardesty

<u>Thank you to those who donated items to our Silent Auction</u>
Culligan Water of Northwest Ohio, Deb Hoops, Rita Small, David
Beck, Joe Distel, Art Germann, & HCSC Woodshop



The Soaring Arts Studio is coming to the Senior Center for Pottery Class!





May 5th & 27th at 11:00am

Please sign up by 5/2/25. Fee \$8.00 (which is for both sessions)

When signing up please pick your project you would like to make.
Wall Pocket or Cutting Board

Thank you to Soaring Arts Studio for coming and sharing your talents with us!



Dance Party Thursday, May 15th

10:30 am to 12:00 noon Let's have some fun and dance to your favorite tunes!

Everyone is invited!

On the evening of our rummage sale,

Thursday, June 5th 4PM to 6PM, we will have live entertainment by Wes Hill and food available for purchase. Come enjoy the evening with us!







QUILT RAFFLE

1 FOR \$1 3 FOR \$2 8 FOR \$5



We are raffling off this beautiful quilt. The winner will be drawn on Senior Day at the Henry County Fair. Proceeds benefit the HCSC. Size: 90" x 98"

NAME	NAME
PHONE	PHONE
NAME	NAME
PHONE	PHONE
NAME	NAME
PHONE	PHONE
NAME	NAME
PHONE	PHONE

LET YOUR CREATIVITY FLOW

CRAFT CLASSES

Thursday, May 22nd 10:30am Sign up and pay \$5.00 by 5/16/25



Glass Sun
Catcher
&
Glass Yard
Stake





WATERCOLORS WITH SHIRLEY

Learn to paint with brushes, sponges and some not so traditional items.

Registration for this class is appreciated.

Class is typically offered on the 1st & 3rd Wednesday of the month at 10:00am.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Make some greeting cards with Deb. May 8th at 10:30am in the Art Room. Please Registration & Pay for the class by 5/5/25.

EXERCISE CLASSES





CARDIO DRUMMING

Tuesdays at 10:30 Thursdays at 8:30 Fridays at 10:00



Mondays at 10:00 Wednesdays at 10:00

YOGA VIDEO Wednesdays at 12:45 TAI CHI VIDEO Fridays at 12:45





Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"

CHAIR YOGA WITH HEATHER

will be back in June Tuesdays at 9:30am

BALANCE & STRETCH WITH ANN

Tuesdays at 1:00





LINE
DANCING
WITH
LINDA
Thursdays
at 9:30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 MAY	2 SPONSORED MEAL
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
5 Cinco De Mayo	6	7 SENIOR HEALTH FAIR	8 SPONSORED MEAL	9
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Soaring Arts Pottery Class 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 12:45 Advocate Mtg. Center closed at 1:00 for Health Fair Set up	PRING ™ HEALTH	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Card with Deb 12:00 Northcrest Meal/ BINGO Sponsor 1:10 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
12	13	14 Nat Dance Like a Chicken Day	15	16 Nat. Do Something Good for your Neighbor
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Rummage Sale Meeting 11:00 Mahjong 2:00 Pickleball		8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Dance Party 12:30 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 11:00 Scam Presentation by Napoleon PD 12:30 Cornhole 2:00 Pickleball
19	20	21	22 Nat Solitaire Day	23
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 12:30 BINGO/Vancrest 12:30 Veteran's Group 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Craft Class \$5 12:30 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Dementia Friends Presentation by AOoA 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
26 Center Closed	27	28 SPONSORED MEAL Nat Senior Health & Fitness Day	29	30 Nat Water a Flower Day
MEMORIAL DAY	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Soaring Arts Pottery Class 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 9:30 CarFit w/HCHD 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash- Henry Co Hospital 12:30 BINGO/Bridge Home Health-Hospice 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre Rummage Sale Drop Off 8AM-6PM	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball Rummage Sale Drop Off Fri 8AM-Noon Sat 8AM-Noon

MAY 2025 Lunch Menu

MOW & Congregate Suggested Donation \$3.00 (60 & over) Dine-In Guests (under 60) \$ 6.00

MOWs are delivered on Mondays, Tuesdays, Thursdays & Fridays. Wednesday's meal is delivered with Tuesdays meal. Meals are delivered between 10:30am and 1:30pm based on your location in the route you are assigned.

The suggested donation is \$3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send your donation back with your driver, mail it in, or pay online on our website.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace Hot Meals, Turkey & Cheese Sandwiches are available to replace the main Entrée of a Meal. All substitutions need to be made by 7:00AM. 2% Milk is served daily.

MOW - PLEASE CALL 419-599-0033 BY 7:00AM. TO CANCEL OR CHANGE A MEAL.

To inquire about ingredient content, please call the Senior Nutrition Manager.

Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the east kitchen door. Meals must be ordered by 7:00 AM. No meal PU on Wednesdays.

Menus may change due to availability of certain foods.

Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment must be completed to determine eligibility prior to receiving meals.

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2 Sponsored Meal
Pork Chop w/Gravy Vegetable Fried Rice Peas Watergate Salad	Hamburger Gravy over Mashed Potatoes Green Beans Cherry Crisp Apple Juice	Chicken Breast Sandwich Tater Tots Cole Slaw Mandarin Orange Jello Cup	Lasagna California Blend Vegetables Spring Salad Grapes Garlic Bread	Dinner Ham Sweet Potatoes Corn Cranberry Jello Salad Cookie
5	6	7 Health Fair	8 Sponsored Meal	9
Egg Entre Cook's Choice Sausage Patty Hashbrown Potatoes Applesauce Fruit Punch	Chicken, Broccoli & Rice Baby Carrots & Cabbage Tossed Salad w/ Dressing Peaches	MOW ONLY: Cheeseburger, Baked Beans, Peas & Carrots Mixed Fruit	Baked Spaghetti California Blend Vegetables Garlic Bread Cole Slaw Apple Crisp	Salmon Patty Sandwich Tartar Sauce Italian Green Beans Tomato & Cucumber Pasta Salad Ambrosia Salad
12	13	14	15	16
Beef Manhattan over Mashed Potatoes Harvard Beets Apple Slices	Seasoned Chicken Breast Mac & Cheese Glazed Carrots Fruited Jello Salad	Pulled Pork Sandwich Cheesy Hashbrowns Corn Mixed Fruit	Chicken & Noodle Soup Saltine Crackers Normandy Vegetable Blend String Cheese Grape Salad	Brat Sauer Kraut Mashed Potatoes & Gravy Green Beans Apple Cobbler
19	20	21	22	23
Salisbury Steak Stewed Tomatoes Normandy Blend Vegs Mandarin Oranges & Pineapple	Cranberry Glazed Pork Red Skin Potatoes Three Bean Salad Apricots	Hot Chicken Sandwich Baked Beans Peas & Carrots Fruit Cocktail	Meatloaf Mashed Potatoes & Gravy Corn Fruited Jello Salad	Goulash Roasted Broccoli String Cheese Cinnamon Apples
26 Center Closed	27	28 Sponsored Meal	29	30
CLOSED FOR MEMORIAL DAY	Cabbage Roll Scalloped Potatoes California Blend Vegs Grapes	Sloppy Joe Sandwich Green Beans Potato Salad Strawberry Fruit Jello Cong: Birthday Cake	Pork Chop w/Gravy Baby Carrots Corn Casserole Applesauce Mows: Birthday Cake	Turkey Noodle Casserole Mashed Potatoes & Gravy Peas Salad Ambrosia Salad

ALZHEIMER'S SUPPORT GROUP

Has your life been touched by Alzheimer's? We are in the process of starting an Alzheimer's Support Group that would meet monthly at our senior center. If you would like to be apart of this group please reach out to Ann Like at the HCSC.



The Alzheimer's Association has a 24/7 help line which is always available to help. Please call 800-272-3900.

Dakota Stone from the Alzheimer's Association 567-302-3608.



Protect yourself from scams & fraud. Officer Rogelio Rubio Jr. from

the Napoleon Police Department will

be at the senior center with a power point presentation to help you gain knowledge on scams & fraud prevention. Friday, May 16th at 11:00am. After the presentation Officer Rubio will be available for one on one consults.



The Henry County Health Dept. will be here May 28th to review how well you and your vehicle

work together. Schedule your one on one appointment for the day, at our senior health fair.



A huge "Thank You" to our dedicated tax volunteers! They completed over 600 tax fillings for the residence of Henry County. Their efforts in helping our community are appreciated enormously!

Carol Castello, Robert Hasch, Donna McGhee, Paul Heddaeus, & Linda Ricker

You all have servant hearts!





MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is Wednesday, May 28, **2025.** Please call SeaGate at 419-244-6996 for information on the enrollment process.



Friday, May 23rd at 11:00am

Shawn Waidelich, LSW will present a program on Dementia

Dementia Friends is a global movement that is changing the way people think, act, and talk about dementia. By helping everyone in a community understand what dementia is and how it affects families, each of us can make a difference for people touched by dementia. In this one hour session you will learn what dementia is, what it may be like to live with the disease, and tips for communicating with people living with dementia.

ADVANCED PICKLEBALL—Mon, Wed & Fri 8:00-9:50

PICKLEBALL— Mon, Tues, Wed & Fri 2:00-4:00

Interested in a pickleball lesson? Contact the front desk and we will set one up for you with Betty Naas!





BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, May 19th at 11:00am in the Conference Room.

TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.



HCSC Easter Bake Sale & Silent Auction













Thank you to all who donated items for our Silent Auction & Thank you to all who made baked good and worked our sale! You all are amazing!





Coffee & Conversation with Henry County Sheriff Marc Ruskey





Craft Class with the Red Hat Ladies

March Evening Meal

with Entertainment by Wes Hill







GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The May meeting will be held on Friday the 2nd & 16th at 11:00am.

INFORMAL VETERAN GROUP

Monday, May 19th at 12:30 Held on the 4th Monday of the month. Lead by Kelly Mobley Volunteer Coordinator for Care 360. Kelly retired from the Air Force in 2005 after 23 years of service. She served as a Law Enforcement Specialist, Military Training Instructor, Drug & Alcohol Counselor and Training Education Manager. She has vast knowledge of services available to veterans. The group will share experiences to offer comfort and camaraderie for those who have served. All veterans are welcome!



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, May 13th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.





On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

<u>Hollywood Casino Days</u>- Wednesdays - May 14th, June 18th, July 16th, Aug 20th, Sept 17th, Oct 15th / 9:00am to 3:30pm. Cost \$15 includes transportation. Lunch at the casino is at your expense. Registration is ongoing.

"Come From Away", Findlay-Thursday, May 1st / 4:00pm to 11:00pm. Cost \$90. Dinner will be at your expense, location to be determined. Registration began in January.

<u>Warblers at Magee Marsh-Mon.</u> May 5th / 8:00am to 3:30pm. Cost \$15. Bird enthusiast, Tammy Martin will be our guide. Bring your binoculars, if you have some and wear appropriate attire for the day. Lunch will be at your expense to the Oregon Inn. Registration began March 13th.

"My Mother and the Michigan/Ohio War" Purple Rose Theatre— Thursday, May 8th / 11:300am to 6:30pm. Registration is closed.

Mystery Trip-Tuesday, May 20th / 8:00am to 5:00pm. Trip Full.

<u>Mud Hens Day Game</u>-Wed. May 28th / 9:30am to 4:30pm. Cost \$30 includes ticket, hotdog lunch and transportation. Registration began March 27th.

<u>Cincinnati Day Trip</u>-Wednesday, June 11th / 8am to 7pm. Cost \$40. Stops planned; Pyramid Hill, Corner Cupboard Thrift Shop & Jungle Jim's. Lunch will be on your own at Hydes Park Restaurant.

Registration begins May 1st.

<u>Canopy Treehouse Tour at Oak Openings</u>-Tuesday, June 17th / 11:30am to 4:30pm. Cost \$9 includes transportation. Lunch spot is to be determined and will be at your own expense. Registration begins April 3rd.

<u>Mud Hens Day Game</u>-Wed. June 25th / 10:30am to 4:30pm. Cost \$30 includes ticket, hotdog lunch and transportation. Registration begins April 17th.

<u>Butterfly House</u>-Thursday, July 10th / 10:30am to 3:30pm. Cost \$18 includes ticket. Lunch will be at Whitehouse Inn, at your own expense. <u>Registration begins June 4th</u>.

<u>Jefferson Point "Christmas in July" Shopping Trip</u>-Thu, July 17th / 8:30am to 4:30pm. Cost \$18. Lunch will be at your expense. Registration begins June 11th.

<u>The Suns Flower Lindsey, OH</u>-Tues. July 29th / 9:30 to 2:30pm. Cost \$29 includes sunflower field visit and mason jar sunflower pick. Lunch is on your own at Granny's Kitchen. Registration begins June 5th.

<u>Mud Hens Evening Game</u>-Friday, August 15th / 5:30pm to 10:30pm. Cost \$35 includes ticket, hotdog lunch and transportation. Registration begins June 26th.

<u>Ohio Caverns</u>-Tues. Aug. 19th / 8:00am to 5:00pm. Cost \$60, includes transportation admission to two one hr. tours. Wear a jacket and closed toe shoes. Lunch is on your own at Woody's. Registration begins July 2nd.

<u>Michigan Exploration</u> - September 23rd—27th / Cost \$1,035.00 Per Person based on double occupancy (\$1,340.00 for a single). Trip includes 4 night accommodations, 4 Breakfasts, 2 Lunches, & 3 Dinners, over 13 Stops in the Petoskey/Charlevoix Area. See trip flyer for more information. Sign up begins 4/2/25 with a down payment of \$600.00 per person. Remaining balance of \$435.00 will be due on 8/1/25.

If a trip is full, always put your name on the wait list in case we have a cancelation or expand the trip.

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging. Please refer to the trip book for a description of the levels and each trip flyer for the level that particular outing is rated.





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Henry County Transportation

Network 419-592-8726

> **Ohio Relay Number:** 1-800-750-0750

1805 Oakwood Avenue—Napoleon, OH 43545

PUBLIC TRANSPORTATION

Operating 7 days a week with limited weekend and evening transportation availability.

> See our Rider Guide and website for more details. www.henrycountyohio.gov



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www.vancrest.com

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Archbold Defiance 419-445-5128 419-782-5411

www.ComHealthPro.org



Henry County Health Department

Inspiring Better Choices for Health

1843 Oakwood Ave. Napoleon, OH 43545 419-599-5545 www.henrycohd.org

- Animal bite investigation Birth and death certificates
- **Breastfeeding support**
- **Campground inspections**
- Car seat checks and distribution Children with Medical Needs
- Communicable disease investigation •
- Community health data
- Cribs for Kids
- **Emergency preparedness**
- **Grief Recovery Method**
- Health education and promotion
- **Help Me Grow**
- **Henry County Cares**
- Health improvement coalitions
- **Immunizations**

- Mosquito control
- Naloxone education/distribution (Project DAWN)
- **Nuisance investigations**
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- **Water Testing**

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(419) 592-1688

Joanna Studer JStuder@Genacross.org

genacrosslutheranservices.org/ napoleon-campus/



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IPi

Henry County Senior Center 203 Rohrs Street Napoleon, OH 43545



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HENRY COUNTY SENIOR CENTER 419-599-5515

Program Director, Ann Like Receptionist, Angie Thomas Receptionist, Elizabeth Gribler Custodians: Peg Adams

Exercise Instructors: Carol Gerken Lones, Emily Beck, Heather Miller Klingler

Volunteer Dance Instructor: Linda Warren

Volunteer Art/Craft Instructors: Beth Cook, Shirley Starr

Volunteers/Assistants:

Dick Beck, Beth Cook, Art Germann, Karen Germann, Jan Heddaeus, Paul Heddaeus, Dawn Leitner, Betty Marihugh, Donna McGhee, Betty Naas, Linda Rettig, Rita Small, Mayann Walden, Deb Wensink

Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee

SENIOR NUTRITION PROGRAM 419-599-0033

Senior Nutrition Manager, Sandy Schlosser Senior Nutrition Head Cook, Vicky Badenhop Senior Nutrition Assistant, Jordan Kline

Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman

Dish Room: Bill Hatcher, Don Hill

Volunteer Kitchen Assistants: Jeanette Okuley, Pam Schwiebert Meals on Wheels Drivers: Rick Arps, Jordan Kline, Carla Lambert, Madison Moore, Gayla Rohrs, Kris Seeman, Martin Verni, Mike Whitman

The Henry County Senior Center is funded by Henry County Senior Lawy Denation

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