

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



EVENING MEAL

Thursday, June 6, 2024

Come and rummage through our rummage sale and enjoy dinner out!

The "Loaded Lunch Box" will be serving their delicious food for our evening meal. The \$10.00 ticket will include a sandwich, side and drink from the truck along with a desert from the senior center. You must RSVP by 6/4/24 to be able to purchase this special ticket.

Dessert sponsored by Devoted Health Plans.

The food truck will be serving from 3PM to 7PM that evening.



Henry County Senior Center

"To empower and inspire older adults to thrive in all aspects of their lives"

JUNE 2024

Dear Seniors,

Can you believe that Summer is just a couple weeks away? We are busier than ever at the Senior Center with classes, events, support groups, trips, and socialization. We continue to strive to offer different programs and activities to engage all of our seniors. We have several groups who help us come up with activities and ideas. If you would like to join either our Program Committee, Advocate group, On the Road Again Travel committee, or Garden Club, please let us know.

I hope everyone is planning on checking out the Rummage Sale June 6th – 8th. A little different this year with opening on Thursday night, a little longer day on Friday and Saturday morning. You will be surprised at some of the bargains you can find! And we can never have too many volunteers, please let me know if you are interested in helping either before the sale at collection, organizing & pricing, or cashiering on sale days. We will also need Bakers and cashiers for the Bake Sale!

We ask that you please continue to check in each time you enter the senior center, we have done away with the check out, but by checking in, it allows us to see why people are coming in and lets us know who to call if a certain class is canceled or rescheduled etc. It is also very important to our record keeping showing the amount of building usage. We continue to look for part time employees to help with Meals on Wheels deliveries and to drive the bus on our trips. Pick up an application or just come talk to us about these possibilities.

Remember to wear your sunscreen and stay hydrated and let's have a great Summer!
Hope to see you all at the Senior Center!!

Penni Bostelman
Executive Director

Rummage Sale & Bake Sale

Thursday, June 6th 3PM-7PM,
Friday, June 7th 8AM-6PM,
& Saturday, June 8th 8AM to NOON.



Drop Off Dates: May 30th 8AM-7PM, May 31st 8AM-12 NOON, & June 1st 8AM-12 NOON.

Check the front desk to sign up to work a shift or two. Many hands are neededand it's FUN!

Baked Good donations will also be needed during the dates of the rummage sale starting Wednesday 6/5/24. Thank you in advance to all our amazing bakers!





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|-----------------------|------------------------|-----------------------|---------------------------|
| 1 Galvin, Kaye | 9 Cramer, Peg | 17 Naas, Thomas | 24 Kiser, Brenda |
| 1 Stoll, Oscar | 9 Blair, Billie | 17 Billian, Anita | 25 Hammersmith, Constance |
| 1 Sigg, Mark | 9 Gray, Judy | 17 Skiver, Larry | 25 Wiseman, Patti |
| 2 Bischoff, Lois | 9 Starkey, Candace | 17 Honemann, Barbara | 25 Cramer, Mel |
| 2 Dielman, Florence | 9 Dewey, Dan | 17 Schiffer, David | 26 Gruenhagen, Arlene |
| 2 Clapp, Dennis | 9 Maxcy, James | 17 Austermler, Jane | 26 Hagen, Charles |
| 3 Smith, Dorothy | 9 Smith, William | 17 Williams, Cindy | 26 Cunningham, Brenda |
| 3 Rich, June | 10 Siclair, Judith | 18 Kuczowski, Neverta | 26 Clark, Jackie |
| 3 Warren, Linda | 10 Robison, Warren | 19 Thieroff, Margaret | 26 Oxender, Cheri |
| 3 Keesbery, David | 10 Oehrtman, Paul | 19 Hinton, Dorothy | 27 Emahiser, Charles |
| 3 Glanz, Cynthia | 10 Heckler, Karen | 19 Driskel, Andrew | 27 Rice, Virginia |
| 3 Wolf, Jackie | 10 Austermler, Michael | 19 Howe, Diane | 27 Whitehead, Darrel |
| 3 Croninger, Bonnie | 10 Bostelman, Cheryl | 19 Meade, Patricia | 27 Gerschutz, Marvin |
| 4 Haase, George | 10 Hancock, Michael | 20 Baker, Robert | 27 Hamm, Stanley |
| 4 Sonnenberg, Carlan | 11 Schriener, Joan | 20 Kuhlman, Richard | 27 Koch, Kevin |
| 4 Strayer, Loretta | 11 Huber, Eleanor | 20 Elling, Debra | 28 Deitrich, Diana |
| 4 Barkley, Barb | 11 Strobel, Geraldine | 21 Mueller, Margaret | 28 Bertz, Cathy |
| 4 Leatherman, Janice | 11 Helberg, Twila | 21 Kline, John | 28 Keene, Donald |
| 4 Bennett, Audrey | 11 Hoeffel, Norrine | 21 Wiles, Orlo | 29 King, Shirley |
| 4 Meehleder, Linda | 11 Vaughn, Herta | 21 Ehlers, Fredrick | 29 Knapp, Samuel |
| 5 Manisfield, Shirley | 11 Delventhal, Dianna | 21 Perreau, Carolyn | 29 Iloff, Rita |
| 5 Marksch, Henry | 11 Bevins, James | 21 Schmidt, Janet | 29 Smith, Elaine |
| 6 Gooding, Harold | 11 Boyd, Fred | 21 Cross, Paula | 29 Tobias, Lila |
| 6 Johnson, Sue | 11 Nafzinger, Lonnie | 22 Emery, Nancy | 29 March, Carol |
| 6 Rausch, Carl | 11 Mansfield, Robert | 22 Rains, Virginia | 29 Bishop, Karen |
| 6 Cramer, Marv | 11 Martinez, Sandra | 22 Westrick, Vera Mae | 29 Bischoff, Michael |
| 6 Witte, Helen | 12 Jacobs, Kathryn | 22 Clausing, Michael | 30 Fuller, Robert |
| 6 Rosengarten, Janet | 12 Sankiewicz, Thomas | 22 Engel, Dianne | 30 McColley, Suzanne |
| 6 Gilbert, Barbara | 13 Hutson, Antoinette | 22 Cessna, Allan | 30 Oberhaus, David |
| 6 Borck, Robert | 13 Schnitz, Terry | 22 Foreman, Sandy | 30 Aycock, Darla |
| 7 Smith, Calvin | 13 Garza, Dianna | 22 Brenneman, Robert | 30 Cordes, Ruthann |
| 7 Spicer, Beverly | 14 Gillingham, Margie | 22 Hoover, Michael | 30 Limbird, Robert |
| 7 Collins, Steven | 14 Keedy, Mary | 22 Clapp, David | 30 Miller, Carolyn |
| 7 Reynolds, Diane | 15 Phillips, Robert | 22 Rosebrock, LouAnn | |
| 8 Raker, Ernest | 15 Spiess, Earl | 23 Fruth, Herbert | |
| 8 Colon, Donald | 15 MacGregor, Linda | 23 Storch, Richard | |
| 8 Bischoff, Lois | 15 Boulton, Gloria | 23 Nartker, Joan | |
| 8 St. Clair, Leon | 15 Weaver, Renee | 23 Flory, Mary | |
| 8 Leach, Mabel | 15 Coressel, Marcy | 23 Edwards, Greg | |
| 8 Okuley, Dorothy | 16 Stouffer, Marilyn | 23 Liddle, Chris | |
| 8 Rose, Keith | 16 Kinner, Linda | 24 Smith, Doris | |
| 8 Huston, James | 16 Berman, Kathy | 24 Krohn, Linda | |
| 8 Cramer, Cheri | 17 Kryling, Mary Ann | 24 Yantz, Russell | |
| 9 Benien, Ruth | | | |



DONATION WISH LIST

Postage Stamps,
Chocolates,
Candy,
Coffee,
Tea Bags,
Antibacterial
Wipes,
Safety Pins,
Masking Tape,
Zip Lock Bags



Tech Help with Joe

Joe Burgei from NOCAC will be here **Thur. June 27th** to help you with any technical issues you are having with your cell phone, tablets, laptops etc. Schedule your appointment with Joe at the front desk. Joe will typically be here on the 4th Thursday of each month.



ADVANCED PICKLEBALL

Mon, Wed & Fri
8:00-9:45

PICKLEBALL

Mon, Tues,
Wed & Fri
2:00-4:00

OUTDOOR PICKLEBALL COURTS ARE OPEN!

Thank You for your Support!!

Thank You

Henry County Health Department
 HCSC Advocate Group
 Jane Crandall
 Immanuel Lutheran Church, Deshler
 St. Peter Lutheran Church, Holgate
 Bridge Home Health/Hospice-Bingo Sponsor
 Vancrest Health Care Center-Bingo Sponsor
 Genacross Lutheran Services-Meal & Bingo Sponsor
 Northcrest Nursing & Rehab-Meal & Bingo Sponsor
 Civista Bank-Bday Bash Meal Sponsor
 Food Boxes-Paul Heddaeus & Judy Morua
 Deb Hoops-Mother's Day Raffle Basket Donation
 Becky Mansfield & Sheila Vajen-Bingo Callers
 NW Ohio Senior Services-Paul Heddaeus
 Carol Castello

Donations

John & Mary Jane Kline, Bette Lighthill, Joan Hardesty, Cheryl Hicksted, Tom & Jerri Holder, Dennis DeBolt, Brenda Carpenter, Rita Small, Judy Morua, Truus Leaders, Betty Marihugh, Sheryl Behrman, Barb Dancer, Sheila Vajen, Phyllis Crawford, Bonnie Martin, Maria Donelly, Ruth Middleton

Newsletter Mailing Volunteers

Diana Rhodes, Becky Mansfield, Marg Abel, Marybeth McClure, Joannie Hardesty, Deb Baker, Janet Foxe, Beth Cook, Jean Knipp, Jan Westhoven, Mary Dewitt, Janet Meyer, Lois Casper

Health Fair

Thank you to all who help run and organize our Senior Health Fair; Speakers, Vendors, Volunteers, Business Donors & Committee Members. We could not put on such a wonderful event without your help and support!

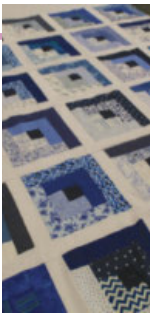
Thank you to the Exercise Ladies for helping the Nutrition Department with clerical projects!

SUMMER QUILT RAFFLE

1 FOR \$1 3 FOR \$2 8 FOR \$5

This beautiful quilt was made in our craft room by our quilting group. Proceeds benefit the HCSC. Drawing will be held in August on Senior Day at the fair.

Size 62" X 74"

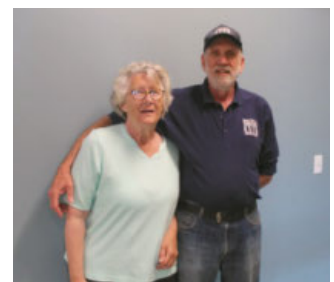
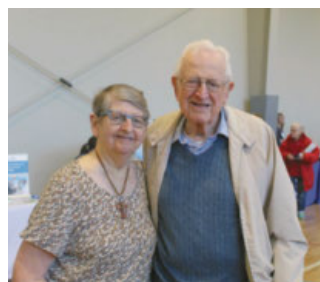


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**CONGRATULATIONS TO
 HENRY COUNTY
 2024 SENIORS
 OF THE YEAR**

**RITA SCHWEINHAGEN &
 PAUL HEDDAEUS**



Rita pictured with her husband Rupert Schweinhagen.
 Paul pictured with his wife Jan Heddaeus.

2024 CLIENT REGISTRATION FORMS

Check to see when you last filled out a registration form. We need an updated form every few years in order for you to continue to receive our newsletter by mail and for your name to appear on the birthday list. Registration forms are available at the front desk. **THANK YOU!**

LET YOUR CREATIVITY FLOW

CROCHET & KNITTING CLASS

Come learn to crochet a towel topper. Bring your own towel, skein of yarn, and matching button and we will show you how to do the rest. We do have a few crochet hooks here if you do not have one. Tuesday, June 4th at 11:00am. Registration is appreciated.



WATERCOLORS WITH SHIRLEY

In June Watercolors class will be on break. Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated. This class is typically offered on the 1st & 3rd Wednesday of the month at 10:00am.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.

EXERCISE CLASSES



EXERCISE WITH CAROL
Mon. at 10:00
Wed. at 10:00

CARDIO DRUMMING
Tuesdays at 10:30
with Emily
Thursdays at 8:30
with Video
Fridays at 10:00
with Video



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"

NEW CLASS
Chair Assisted Yoga



This summer we will be offering an instructor lead Yoga Class on **Tuesday mornings at 9:30am.** Come learn the yoga basics with Heather Miller Klingler! Our instructor is master trained & has over 2,000 hours of teaching experience and is eager to show you that Yoga is beneficial to all age and mobility levels. **First class will be June 4th.**

BALANCE EXERCISE WITH ANN

Tuesdays at 1:00

YOGA VIDEO

Wednesdays at 12:45

TAI CHI VIDEO

Fridays at 12:45



LINE DANCING WITH LINDA
Thursdays
at 9:30


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Nat. Old Maids Day 	5	6 Nat. Yo Yo Day 	7 SPONSORED MEAL Nat. Doughnut Day 
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 Chair Yoga w/ Heather 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 11:30 Old Maid-Cards 12:45 Advocate Mtg. 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 11:30 Yo-Yo Fun 12:45 Euchre EVENING MEAL (5PM) You must preregister by 6/4/24 for the special deal. Thursday RUMMAGE SALE (3-7)	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball Friday RUMMAGE SALE (8-6) Saturday RUMMAGE SALE (8-12)
10	11	12	13 SPONSORED MEAL Nat. Weed your Garden Day	14 Flag Day 
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 Chair Yoga w/ Heather 10:00 Caregiver Group 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 1:00 Quilt Class 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Cancer Support 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:00 Northcrest Meal/BINGO Sponsor 1:15 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
17 Nat. Eat Your Vegetables Day	18 Nat. Go Fishing Day 	19 CENTER CLOSED	20	21 First Day of Summer
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 BINGO/Vancrest 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 Chair Yoga w/ Heather 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 1:00 Balance Exercises 2:00 Pickleball		8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Movie/Popcorn 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:45 Tai Chi Video 2:00 Pickleball
24	25	26 SPONSORED MEAL	27 Nat. Sun Glass Day 	28
8:00-9:45 Adv Pickleball 9:00 Manicures/Pedicures 10:00 Exercise/Carol 11:00 Book Club 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 Chair Yoga w/ Heather 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash-Civista Bank 12:30 BINGO/Bridge Home Health-Hospice 12:30 Cornhole  12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe Appt. Required 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

JUNE 2024 Lunch Menu

Drive Through
Congregate & MOW
Suggested Donation
\$3.00 (60 & over)

Dine-In for guests etc.
(under 60)
\$ 6.00

- Menu meal served daily 12:00 - 12:30 p.m. - **RSVP by 2:00pm the day before - 419-599-0033.** We cannot guarantee meals for those who do not RSVP.
- **MOW - PLEASE CALL 419-599-0033 BY 7:00 A.M. TO CANCEL OR CHANGE A MEAL.**
- To inquire about ingredient content, please call the Senior Nutrition program.
- 2% Milk is served daily.
- Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed.
- No eligible person 60 or over shall be denied a nutrition service because of failure to contribute all or part of the suggested donation for that service. All donations are kept confidential.
- Turkey & Cheese Sandwich is available to replace main entrée of a meal.
- Chef Salad is available to replace a hot meal.
- **Menus may change due to availability of certain foods.**
- Drive through meals are available from 11:00 - 11:30 a.m. at the East side of the Senior Center Building KITCHEN DOORS on Monday, Tuesday, Thursday and Friday. Wednesday meal may be picked up on Tuesday.
- **Call the HCSC at 419-599-5515 to sign up for Meals on Wheels.**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 Sponsored Meal
Beef Manhattan w/ Mashed Potatoes Baby Carrots Oranges & Pineapple	Chicken & Noodles California Blend Veggies Buttermilk Biscuit Cherry Crisp	Sloppy Joe Sandwich Tator Tots 3 Bean Salad Mixed Fruit	Mexican Nacho Meal Taco Meat & Beans Spanish Rice Nacho Chips Lettuce Salad Fruited Jello EVENING MEAL	Dinner Ham Mashed Potatoes & Gravy Green Bean Casserole Ambrosia Salad
10	11	12	13	14
Pancakes Sausage Patty Hashbrown Casserole Blue Berry Topping Fruit Punch	Baked Steak Stewed Tomatoes Scalloped Potatoes Fruited Jello Salad	Hot Chicken Sandwich Peas & Carrots Potato Salad Peaches	Meatloaf Mashed Potatoes Corn Mandarin Dreamsicle Salad	Baked Spaghetti California Blend Veggies Grape Salad Garlic Bread Cookie
17	18	19 CENTER CLOSED	20 Sponsored Meal	21
Cod Fish Sandwich Tartar Sauce Mac & Cheese Peas Applesauce	Cabbage Roll Mashed Potatoes & Gravy Spring Blend Veggies Blush Pears		Cheeseburger Baked Beans Cole Slaw Orange Mandarin Salad	Pork Chop w/ Gravy Red Skin Potatoes Lima Beans Fruit Cocktail
24	25	26 Sponsored Meal	27	28
Sausage Gravy over Mashed Potatoes Mixed Vegetables Apple Crisp	Chicken Alfredo Fettuccine Glazed Carrots Broccoli Melon	Hot Beef Sandwich Baked Beans Corn Peaches Cong: Birthday Cake	Ham Salad Sandwich Summer Pasta Salad String Cheese Potato Chips Tropical Fruit MOWS: Birthday Cake	Goulash Green Beans Summer Salad Sunshine Salad

The Henry County Senior Center serves on average over 310 meals to home bound residents daily.

Qualifications to be on the Henry County Meals-On-Wheels Program:

- * Henry County resident age 60 & over.
- * Agree to yearly assessments.
- * Primarily homebound/Does not work outside of the home.
- * Agree to be home when the meals are delivered.
- * Unable or difficult to prepare your own meals.
- * Demonstrates limitations due to physical difficulties.
- * Shows medical necessity.

An initial assessments will be performed by HCSC staff prior to being enrolled in the Meals-On-Wheels program to verify qualifications. After the initial assessment, evaluations will be performed yearly.



For more information on the Meals-On-Wheel program call the Henry County Senior Center at 419-599-5515.

WOODSHOP

Come check out our woodshop! Talk to Art & Joe about projects they can help you make. Interested in helping out in the shop? Let us know, we love the help!!



HCSC Garden Club

Do you have a green thumb or want to learn about plants and gardening. Come join our group. Volunteers are needed

to help with our raised beds and landscaping. If you would like to be apart of this group, please call the Henry County Senior Center at 419-599-5515.



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, June 24th at 11:00am in the Conference Room.



MANICURES & PEDICURES

Sheila Salinas, a licensed cosmetologist will be here on Monday, June 24th. Please schedule your appointment at the front desk, where you can also view a price list.



MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval **you** will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at; 1805 Oakwood Avenue Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, June 26, 2024.**

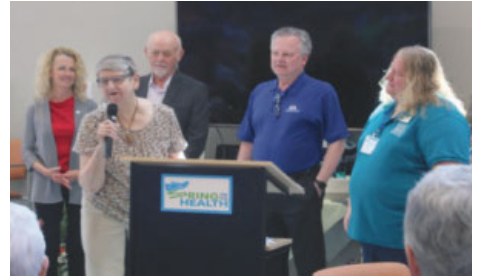
TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.



SENIOR HEALTH FAIR 2024



GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The June meetings will be held on Friday the 7th & 21st at 11:00am.

CANCER SUPPORT GROUP

Cancer is becoming a disease that seems to touch everyone in one way or another. If you or a loved one is currently battling cancer or the after effects of cancer treatment, this group is for you! The next meetings will be Wednesday, June 12th & July 10th at 11:00am. The sessions are lead by Tiffany Day from The Henry County Health Department.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, June 11th at 10:00am.



BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE. Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

Hollywood Casino Days-Wednesdays, June 5th, July 17th, Aug 21st, Sept 25th, Oct 30th / 9:00am to 4:00pm. Cost \$15 per person which covers your cost of transportation. Lunch at the casino is at your own expense. **Registration is ongoing.**

Bay City & Saginaw, Michigan -Thurs. June 13th at 8:30am to Fri. June 14th at 5:30pm. **TRIP FULL.**

Firekeepers Casino, Battle Creek MI-Tuesday, June 18th / 7:45am to 5:30pm. **TRIP FULL.**

Shipping into Summer-Thursday, June 20th / 11:30am to 5:15pm. Cost \$92. See flyer for details on this wine tour. **Reg began in May.**

First Ladies National Site & McKinley Library, Canton OH-Fri. June 21st / 7:30am to 6:00pm. Cost \$77. **Registration began in May.**

Mud Hens VS Louisville Bats-Wed. June 26th / 10:00am to 5:00pm. **TRIP FULL.**

Crosby Festival of the Arts, Toledo-Sat. June 29th / 9:00am to 4:00pm. Cost \$27, lunch is on your own. **Registration began in May.**

Unholy Toledo Driving Tour, Anelo's Northwood Villa-Mon. July 8th / 9:00am to 3:00pm. Cost \$27 with lunch on your own at Angelo's Northwood Villa. Come explore the 1930's days of speakeasies, gangsters and the mob. **Registration began in May.**

Cow Appreciation Day/ Sunnyville Farms (milking process)/ H.O.O.V.E.S for Veteran's (service to veterans)-Tue. July 9th / 9:00am to 4:30pm. Cost \$20. Lunch at Mail Pouch, Swanton & ending the day with Sweet Dreams Ice Cream. **Registration begins June 3rd.**

Ann Arbor Art Fair-Thursday, July 18th / 8:00am to 6:00pm. Cost \$35, lunch is on your own. **Registration began in May.**

Copper Moon Studio-Thur. July 25th / 9:30am to 2:00pm. Cost \$56 includes transportation and class to make a garden stake. Closed toe shoes are mandatory in the studio. Lunch on your own expense at Loma Linda's. **Registration begins June 4th.**

Liverpool Legend, Beatles Experience, Findlay-Friday, July 26th / 4:30pm to 10:00pm. Cost \$70 includes ticket and transportation. Dinner will be on your own expense at Baker's Café. **Registration begins June 5th.**

Kingwood Center Gardens, Mansfield-Tues. July 30th / 8:00am to 5:30pm. Cost \$50 includes tour of the mansion and beautiful gardens. Lunch will be on your own at Buehler's Café on the mansion grounds. **Registration begins June 11th.**

Tecumseh Paddling Company-Friday, August 2nd / 8:00am to 4:30pm. Cost \$47. We will spend 4-5 hours kayaking the River Raisin. You may get wet! Please bring an old pair of tennis shoes along with a dry set of cloths to put on for the ride home. In a small cooler (that will fit in your kayak) please bring a packed lunch and drinks. **Registration begins June 17th.**

Carlin Honey in Stryker, Stoney Ridge Winery in Bryan & Homestead Bulk Food in Archbold-Friday, August 16th / 10:30am to 3:00pm. Cost \$15. All purchases are at your own expense. **Registration begins June 18th.**

Detroit Princess River Boat Lunch Cruise-Thursday, August 22nd / 9:00am to 6:00pm. Cost \$86 includes your ticket, lunch and transportation. Spend 2 hours on the Detroit River, view the Canada and US sides along with 3 different lighthouses. **Reg begins June 20th.**

Johnston Farm & Indian Agency, Piqua/Temple of Tolerance, Wapakoneta-Thursday, August 29th / 9:00am to 5:30pm. Cost \$38. Explore an 1800's Farmhouse, Barn, Springhouse, Cider House, Canal Boat, Indian Mounds, Museum and more. Lunch is on your own expense at Cracker Barrel. **Registration begins June 28th.**

Toledo Zoo-Wed. Sept 11th / 9:00am to 4:00pm. Cost \$13 includes entrance and transportation, lunch is on your own at the zoo. **Registration begins July 1st.**

Mud Hens VS Columbus Clippers-Wed. Sept 18th / 10:00am to 5:00pm. Cost \$25 includes ticket, hotdog lunch and transportation. **Registration begins July 10th.**

The Texas Tenors, Niswonger-Sat. October 5th / 4:30pm to 11:00pm. Cost \$84 includes ticket and transportation. Dinner is at your own expense at Dick's Steakhouse in Kalida. **Registration begins June 25th.**

Niagara Falls Excursion—October 7th through 10th. Final payments due 9/2/24. **TRIP FULL.**

"Whose Live Anyway" Improve Comedy, Stranahan-Sat. October 19th / 4:00pm to 11:00pm. Cost \$90. Dinner at your own expense will be at Shawn's Tavern, Waterville. **Registration begins June 26th.**

"Always Olivia" Olivia Newton-John Tribute, Niswonger-Fri. November 8th / 4:30pm to 11:00pm. Cost \$60. Dinner at your own expense at Black Angus, Van Wert. **Registration begins July 10th.**

**THRIVE
LOCALLY**



National Church Residences
RIVERVIEW TERRACE
 An Enriched, Independent Lifestyle
120 East Maumee Avenue, Napoleon, OH 43545
Over 62 and need a place to thrive? Picture the possibilities of your new, worry-free lifestyle at Riverview Terrace.
***Affordable *Peaceful *Independent**
 senior living option puts your dreams within your reach.
Let us take care of many of the hassles of life that may have become overwhelming, allowing you to be free to thrive.
Phone: 419-592-4343



Diane Harmon
 Realtor®

REISER
 REALTY LLC



219 W. Clinton St.
 Napoleon, OH 43545
Office: 419-592-3741
Cell: 419-966-1864
 Email: buzzdkh@gmail.com

Henry County Hospital Family Medical Care
 is now **Primary Care**

Accepting new patients. | Call to schedule an appointment.



419-592-1071
 HenryCountyHospital.org

HENRY COUNTY HOSPITAL
PRIMARYCARE



**Henry County
 Transportation
 Network**
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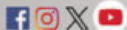
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- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data
- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations
- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
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Finance Director, Sarah Erb
Program Director, Ann Like
Receptionist, Angie Thomas
Custodian, Peg Adams
Exercise Instructors: Carol Gerken Lones, Emily Beck, Heather Miller Klingler
Volunteer Dance Instructor: Linda Warren
Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr
Volunteers/Assistants: Dick Beck, Beth Cook, Jan, Franz, Art Germann, Karen Germann, Paul Heddaeus, Betty Marihugh, Donna McGhee, Linda Rettig, Rita Small, Deb Wensink
Bus Drivers: Randy Barnes, Suzanne Holman, Thom Hornish, Donna McGhee



SENIOR NUTRITION PROGRAM.....419-599-0033

Senior Nutrition Manager, Sandy Schlosser
Senior Nutrition Head Cook, Vicky Badenhop
Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman
Dish Room: Bill Hatcher, Don Hill
Volunteer Kitchen Assistants: Pat Birtcher, Cindy Cramer, Jeanette Okuley, Pam Schwiebert
Meals on Wheels Drivers: Rick Arps, Kenny Buchenberg, Jordan Kline, Carla Lambert, Jayne Myers, Gayla Rohrs, Martin Verni, Mike Whitman, Mackenzie Moore



The Henry County Senior Center is funded by: Henry County Senior Levy, Donations,
The Area Office on Aging of Northwest Ohio, & HCSC Advocates.