

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



SENIOR HEALTH AWARENESS COMMITTEE SPRING HEALTH FAIR

Blood Pressure Checks,
Senior Information,
Vendors, Guest Speakers,
Door Prizes, Delicious
Free Lunch with Dessert
& Much More!

**Wed. May 1, 2024
8:30AM to 1:30PM**

Complimentary Tickets
are available at The Henry
County Senior Center.

Must be present from
9:00am to 1:00pm to be
included in the door
prize drawings.

The Senior Center building will
be closed on the day of the health
fair unless you have a ticket for
the event.

Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

MAY 2024

Dear Seniors,

Spring....we are ready for you!! Hopefully you have registered and picked up your tickets for the Wednesday May 1st Health Fair event. The building will be closed this day unless you are here for this jam-packed day of speakers, vendors, door prizes, and lunch!

Next, we will be celebrating the 150th running of the Kentucky Derby! Join us the day before the actual Derby on May 3rd where we will play some Horse racing games and maybe wear some special hats!

We are looking to get our Garden Club back up and running and maybe fill a few more of our Raised Garden Beds. How rewarding it is to be a part of something that helps beautify the grounds of the Senior Center. If you are interested in helping, even a little, please come to our meeting on May 23rd at 10:00am where we will be discussing what plants and vegetables we want to grow this year.

We are preparing for our June Rummage Sale and can never have too many volunteers, there will be a volunteer meeting for anyone who might be interested on Wednesday, May 8th at 12:30pm. We really have a fun time and it's a great way to meet new people. Please come check out the meeting to see the different ways you can help.

Have you ever considered a part time job? We are always looking for good subs to help with our Meals on Wheels deliveries, to help out in our kitchen, and to drive our 14 passenger bus to different outings. If any of these sound like something you might be interested in, pick up an application and come talk to us about the possibilities. Hope to see you all at the Senior Center!!

Penni Bostelman
Executive Director



Rummage Sale & Bake Sale

Thursday, June 6th 3-7PM,
Friday, June 7th 8AM-6PM,
& Saturday, June 8th 8AM to NOON.

Drop Off Dates: May 30th 3PM-7PM, May 31st 8AM-6PM, & June 1st 8AM-12 NOON.

A Volunteer Organizational Meeting will be held May 8th at 12:30pm—all are welcome!

Check the front desk to sign up to work a shift or two. Many hands are needed
....and it's FUN!

Baked Good donations will also be needed during the dates of the rummage sale.





- | | | | |
|----------------------|-----------------------|-----------------------|-----------------------|
| 1 Ronald Hesterman | 10 Ruth Gray | 17 Linda Turner | 25 Shelby Gibson |
| 1 George Boehm | 10 Lucinda Hite | 17 Julie Wilhelm | 25 Judy Long |
| 1 Sandra Bleschke | 10 Douglas Troyer | 17 Bernice Nash | 25 Constance Ohlinger |
| 2 Barbara Cochran | 10 Cynthia Cline | 17 Daniel Baer | 25 Kyra Snell |
| 2 Dale Stambaugh | 11 Barbara Steele | 18 Mary Ann DeWit | 26 Marian Moden |
| 2 Durwood Hibbard Jr | 11 Brian Bressler | 18 Henry Schweinhagen | 26 Judith Wiles |
| 2 Barb Tietje | 11 Bernice Germann | 18 Donald Wyatt | 26 Bonnie Hancock |
| 3 Tim McDonald | 11 Cheryl Boggs | 18 Bill Hupp | 27 Sue Harris |
| 3 Curtis Lithicum | 12 Viola Wenzinger | 18 Rolanda Retcher | 27 Betty Smallwood |
| 4 Milton Hahn | 12 Alicia Martinez | 19 Rita Schweinhagen | 27 Jane Crandall |
| 4 Janis Miller | 12 Shirley Bohner | 19 Carmen Hogrefe | 27 Randall Fisher |
| 4 Sandra Oquin | 12 Ross Moser | 19 Sue Dilger | 27 Mary Moden |
| 4 Elizabeth Hoops | 12 William Bechtol | 19 Susan Hopewell | 28 Rose Marie Cole |
| 4 Linda Oberhaus | 12 Leslie Steingass | 19 Michael Okuley | 28 Diane Washington |
| 4 Ken Box | 12 Kathy Smith | 19 Diane Norden | 28 Brenda Badenhop |
| 4 Paul Fruchey | 13 Eugene Schlotz | 20 Carol Leonard | 28 Carolyn Rhodes |
| 4 Jeff Haas | 13 Marilyn Kruse | 20 Thomas Chorba | 28 Sue Moser |
| 5 Anna Stockman | 13 Edna Mahlman | 20 Randolph Wensink | 28 Robert Nemoyer |
| 5 Calista Grogan | 13 Carol Ward | 20 Cheryl Doyle | 28 Becky Steingass |
| 5 Colleen Jaski | 13 Arlene Weirauch | 20 Rebecca Goure | 28 Mary Westhoven |
| 5 Lynette Nicholson | 13 Barbara Panches | 20 Jackie Allen | 28 Lindy Fisher |
| 6 Cheryl Ritchey | 13 Linda Schroeder | 20 Deborah Desgrange | 29 Don Matson |
| 6 Bonnie Gillingham | 14 Aurand Palmer | 20 Lucinda Ruby | 30 Elaine Hesterman |
| 6 Dennis Franz | 14 Rose Archambault | 21 Sheila Beals | 30 Karen Weick |
| 6 Mary Clapp | 14 Patricia Birtcher | 21 Diana Kruse | 30 Emelia Ramos |
| 6 Betsy Kuser | 14 William Mack | 21 Barbara ReBeau | 30 Sharon Dishong |
| 7 Barbara Long | 14 Lynn Buchele | 21 Patricia Miller | 30 Joan Collier |
| 7 Karen Reiser | 14 Warren Dickey | 21 William Wagner | 30 Paul Landwehr |
| 7 Harold Oram | 15 Verl Homier | 21 Patricia Vires | 31 Judy Groves |
| 7 Harlan Taylor | 15 Linda Bernicke | 22 Juanita Clausen | |
| 7 Ruth Hall | 15 Mary Lou Streicher | 22 Rebecca Sickmiller | |
| 7 Wesley Smith | 15 Dawn Zachrich | 22 James Sattler | |
| 7 Bessie Cass | 16 Mary Ann Bunke | 22 Lisa Flowers | |
| 7 Theodore Harmon | 16 Norman Demmel | 23 Jerry Like | |
| 8 Geraldine Hartman | 16 Betsy Betts | 23 Raymond Robbins | |
| 8 George Emery | 16 Mark Fruchey | 24 Loren Volkman | |
| 8 Mary Toepfer | 16 Mike Hardy | 24 Mary Zamarripa | |
| 8 Richard Rader | 16 Julie Bowers | 24 Willitte Cullen | |
| 8 Kristine Bidwell | 16 Terry Lynott | 24 David Valentine | |
| 8 Vickie Golden | 17 Lorraine Howe | 25 Frank Smith | |
| 9 Truus Leader | 17 Donna Burdue | 25 Marjorie Andrews | |
| 9 Louis Mahlman | 17 Ken Brubaker | 25 Connie Bostelman | |
| 9 Stanley Criswell | 17 Margaret Shaffer | | |
| 9 Irma Ramirez | 17 Thomas Wright | | |



Mark your calendar!
 "The Loaded
 LUNCHBOX" food
 truck will be here for
 the Rummage Sale
 on the evening of
 June 6th.

DONATION WISH LIST

Postage Stamps,
 Chocolates,
 Candy,
 Decaf Coffee,
 Tea Bags,
 Antibacterial
 Wipes,
 Safety Pins,
 Masking Tape,
 Large Zip Lock
 Bags



Tech Help with Joe

Joe Burgei from NOCAC will be here **Thur. May 23rd** to help you with any technical issues you are having with your cell phone, tablets, laptops etc. Schedule your appointment with Joe at the front desk. Joe will typically be here on the 4th Thursday of each month.

NEW CLASS

Chair Assisted Yoga

Master Trained Instructor
 Heather Miller-Klingler



This summer we will be offering an instructor lead Yoga Class on **Tuesday mornings at 9:30am**. Come learn the yoga basics with Heather! Our instructor has over 2,000 hours of teaching experience and is eager to show you that Yoga is beneficial to all age and mobility levels. **First class will be June 4th.**

Thank you FOR YOUR SUPPORT

Thank You

Henry County Health Department
 HCSC Advocate Group
 Jane Crandall
 Immanuel Lutheran Church, Deshler
 St. Peter Lutheran Church, Holgate
 Campbell's Retiree Group
 Bridge Home Health/Hospice-Bingo Sponsor
 Vancrest Health Care Center-Bingo Sponsor
 Genacross Lutheran Services-Meal & Bingo Sponsor
 Northcrest Nursing & Rehab-Meal & Bingo Sponsor
 Henry County Hospital-Bday Bash Meal Sponsor
 Becky Mansfield-Bingo Caller
 F & M Bank

Donations

Ann Kuckowski, Helen Witte, Lois Casper, Jayne Hernandez, Dee Williams, Vivian Theisen, Betty Marihugh, Judy Pierce, Janet Foxe, Cindy Gerken, Mary Dewitt, Bette Lighthill, Rita Small, Cheryl Behrman, Joan Hardesty, Herb Riggs, Cindy Gerken

Memorials

Carolyn Robison by Cinda Bretz, Tim & Kim Schumm, Shirley & Roger Bostelman

Donna Clausing by Michael Clausing, Tom & Fleety Phillips, David & Stephany Hall

Newsletter Mailing Volunteers

Diana Rhodes, Beth Cook, Janet Foxe, Jan Franz, Becky Mansfield, Linda Dickey, Marg Abel, Marybeth McClure, Joannie Hardesty, Deb Hoops, Sherri Mansfield, Deb Baker, Linda Nelson, Karen Germann

SUMMER QUILT RAFFLE

1 FOR \$1 3 FOR \$2 8 FOR \$5

This beautiful quilt was made in our craft room by our quilting group. Proceeds benefit the HCSC. Drawing will be held in August on Senior Day at the fair.

Size 62" X 74"



NAME _____ PHONE _____	NAME _____ PHONE _____	NAME _____ PHONE _____	NAME _____ PHONE _____
NAME _____ PHONE _____	NAME _____ PHONE _____	NAME _____ PHONE _____	NAME _____ PHONE _____

May is Stroke Awareness Month

Erica Reid, Development Liaison—from Rehabilitation Hospital of Northwest Ohio, will be here on **Monday, May 20th at 12:10** to do a presentation on Stroke Education & Prevention. Don't miss this informative topic.



A huge "Thank You" to our dedicated tax volunteers! They completed over 600 tax fillings for the residence of Henry County. Their efforts in helping our community are appreciated enormously!
 Carol Castanien, Robert Hasch, Donna McGhee, Paul Heddaeus, & Linda Ricker



You all have servant hearts!

LET YOUR CREATIVITY FLOW



CROCHET & KNITTING CLASS

Offered on the 1st & 3rd Tuesday of the month in the Art Room at 11:00am. Come learn to make prayer shawls, baby blankets and more. All experience levels are welcome. Registration is appreciated.



WATERCOLORS WITH SHIRLEY

In May class will be offered on the 8th & 22nd at 10:00. Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated. Watercolors will be on hiatus for the month of June.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Card making offered on the 2nd Thursday of the month at 10:30. Class Fee \$8.00. Registration is required.

EXERCISE CLASSES



EXERCISE WITH CAROL
Mon. at 10:00
Wed. at 10:00

CARDIO DRUMMING

Tuesdays at 10:30 with Emily
Thursdays at 8:30 with Video
Fridays at 10:00 with Video



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"



LINE DANCING WITH LINDA
Thursdays at 9:30

BALANCE EXERCISE WITH ANN

Tuesdays at 1:00

CHAIR YOGA VIDEO

Wednesdays at 12:45

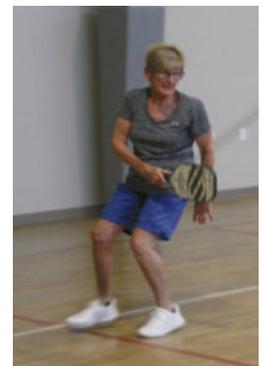
TAI CHI VIDEO

Fridays at 12:45



ADVANCED PICKLEBALL
Mon, Wed & Fri
8:00-9:45

PICKLEBALL
Mon, Tues,
Wed & Fri
2:00-4:00



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Senior Health Fair 8:30 to 1:30 	2 8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	3 SPONSORED MEAL 8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 11:30 Kentucky Derby Games 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole  12:45 Tai Chi Video 2:00 Pickleball
6 Nat. Nurses Day 	7	8 Nat. Have A Coke Day 8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/ Shirley 12:30 Rummage Sale Meeting 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	9 SPONSORED MEAL 8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Card Making \$8 12:00 Northcrest Meal/ BINGO Sponsor 1:15 Euchre	10
13	14	15	16	17 Nat. Pizza Party Day Nat. NASCAR Day 
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 12:30 Advocate Mtg. 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Craft Class \$5 11:00 Cancer Support 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 2:00 Pickleball PH Pen Pal Visit Day 
20	21	22 SPONSORED MEAL	23 Nat. Lucky Penny Day 	24 Nat. Scavenger Hunt Day 
8:00-9:45 Adv Pickleball 9:00 Manicures/ Pedicures 10:00 Exercise/Carol 11:00 Mahjong 12:10 Stroke Education & Prevention Presentation-Erica Reid 12:30 BINGO/Vancrest 11:00 Book Club 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/ Shirley 11:00 HCHD BP Checks 11:45 BDay Bash-Henry County Hospital 12:30 BINGO/Bridge Home Health-Hospice 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe Appt. Required 9:30 Line Dance/Linda 10:00 Garden Club Meeting-All welcome! 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
27 Center Closed 	28	29 Nat. Flip Flop Day 	30	31 Nat. Smile Day 
	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

MAY 2024 Lunch Menu

Drive Through
Congregate & MOW
Suggested Donation
\$3.00 (60 & over)

Dine-In for guests etc.
(under 60)
\$ 6.00

- Menu meal served daily 12:00 - 12:30 p.m. - **RSVP by 2:00pm the day before - 419-599-0033.** We cannot guarantee meals for those who do not RSVP.
- **MOW - PLEASE CALL 419-599-0033 BY 7:00 A.M. TO CANCEL OR CHANGE A MEAL.**
- To inquire about ingredient content, please call the Senior Nutrition program.
- 2% Milk is served daily.
- Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed.
- No eligible person 60 or over shall be denied a nutrition service because of failure to contribute all or part of the suggested donation for that service. All donations are kept confidential.
- Turkey & Cheese Sandwich is available to replace main entrée of a meal.
- Chef Salad is available to replace a hot meal.
- **Menus may change due to availability of certain foods.**
- Drive through meals are available from 11:00 - 11:30 a.m. at the East side of the Senior Center Building KITCHEN DOORS on Monday, Tuesday, Thursday and Friday. Wednesday meal may be picked up on Tuesday.
- **Call the HCSC at 419-599-5515 to sign up for Meals on Wheels.**

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1 HEALTH FAIR	2	3 Sponsored Meal
Baked Fish Broccoli Pasta Salad Fruited Jello	Chicken Pot Pie over Biscuit Baby Baker Potatoes Mixed Vegetables Grapes	 MOW only: Cheeseburger, Calico Beans, Carrots, Peaches	Beef Manhattan Mashed Potatoes Roasted Beans, Carrots & Squash Cherry Crisp	Dinner Ham Sweet Potatoes Buttered Corn Mandarin Orange Salad Graham Cracker Snack
6	7	8	9 Sponsored Meal	10
Swiss Steak Rice Pilaf Mixed Vegetables Fruited Jello Salad	Pork Roast Boiled Red Skin Potatoes Coleslaw Watergate Salad	Chicken Nuggets Mac & Cheese Green Beans, Pineapple Apple Juice Cong. only: Liver Onions may be substituted for the main entrée.	Baked Spaghetti California Blend Vegetables Spring Salad w/ Dressing Garlic Bread Peaches	Chicken Salad Sandwich Tomato & Cucumber Salad Potato Chips Tropical Fruit Rice Krispy Square
13	14	15	16	17
Baked Ranch Seasoned Chicken Breast Harvard Beets Scalloped Potatoes Cinnamon Apple Sauce	Johnny Marzetti (Goulash) Boiled Cabbage & Carrots Pineapple & Mandarin Oranges	Pulled Pork Sandwich Tater Tots Lima Beans Peaches	Meatloaf Mashed Potatoes & Gravy Buttered Corn Fruited Lime Jello	Baked Potato Broccoli & Cheese Sauce Celery & Carrot Strips Grapes Cookie
20	21	22 Sponsored Meal	23	24
Creamed Chicken over Buttermilk Biscuit Stewed Tomatoes Peas Fruited Jello Salad	Egg, Bacon & Cheese Bake Sausage Patty Hashbrown Potatoes Apple Crisp	Hot Beef Sandwich Sweet Corn Casserole Baked Beans Mixed Fruit Cong: Birthday Cake	Tuna & Noodle Casserole California Blend Vegetables Strawberry & Banana Cup MOWS: Birthday Cake	Brat Sauer Kraut Baby Baker Potatoes Pea Salad Pears
27 Center Closed	28	29	30	31 National Smile Day
	Pork Chop w/ Gravy Sweet Potatoes Italian Green Beans Coleslaw Applesauce	Cheeseburger Scalloped Potatoes Peas & Carrots Pears	Lasagna Winter Blend Vegetables Tossed Salad w/ Dressing Grape Salad Garlic Bread	Sloppy Joe Sandwich Smiley Face Potatoes Baked Beans Orange Creamsicle Dessert

NCAA FINAL 4 PARTY



Thank You
to Gladys
& Fran for
the fun
BINGO!!

Thank you to all who purchased a chance on our NCAA Brackets!

Women's Bracket Winners: Donna McGhee, Judy Dennis, Betty Copeland, Donna McGhee

Men's Bracket Winners: Brenda Carpenter, Angie Thomas, Shannon Jones, Ryan Shaffer



Come join the fun and play some Horse Racing Games in preparation for The Kentucky Derby.

Games start at 11:30am Friday, May 3rd

Sponsored Meal and BINGO by Genacross



HCSC Garden Club

Do you have a green thumb or want to learn about plants and gardening. Come join our group. Volunteers are needed to help

with our raised beds and landscaping. If you would like to be apart of this group, please come to our organizational meeting on May 23rd at 10:00am.



WOODSHOP

Come check out our woodshop! Talk to Art & Joe about projects they can help you make.



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, May 20th at 11:00am in the Conference Room.

CRAFT CLASS

Burlap Flower Wreath

Wednesday, May 15th at 10:00am

Registration is required by 5-6-24. Class Fee \$5.00



MANICURES & PEDICURES

Sheila Salinas, a licensed cosmetologist will be here on Monday, May 20th & June 24th. Please schedule your appointment at the front desk, where you can also view a price list.



MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval **you** will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at; 1805 Oakwood Avenue Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, May 22, 2024.**

TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule



HCSC Easter Bake Sale & Silent Auction



Thank you to everyone who donated items for our Silent Auction: Jim George, Meyer Badenhop Insurance, Culligan Water, Deb Hoops, Lee Jackson, Hamler Summer Fest, Hamler Country Fest, Details Etc., Napoleon Elks-Rally In The Alley, Henry County Fair Board, Advocate Group, HCSC Wood Shop Volunteers & Several Anonymous Doners.

Thank you to all our amazing bakers who donated baked goods and worked the sale! You all rock!



GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The May meetings will be held on Friday the 3rd & 17th at 11:00am.

CANCER SUPPORT GROUP

Cancer is becoming a disease that seems to touch everyone in one way or another. If you or a loved one is currently battling cancer or the aftereffects of cancer treatment, this group is for you! The next meeting will be Wednesday, May 15th at 11:00am. The sessions are lead by Tiffany Day from The Henry County Health Department.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, May 14th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby. Scholarship money available for some trips, please contact Executive Director

Hollywood Casino Days-Wednesdays, May 15th, June 5th, July 17th / 9:00am to 3:30pm. Cost \$15 per person which covers your cost of transportation. Lunch at the casino is at your own expense. **Registration is ongoing.**

Mudsock Glass, Edon OH-Friday, May 3rd / 3:30pm to 9:00pm. Cost \$50 includes transportation and the cost to create a "Succulent" stain glass piece of art. Participants will be taught to cut wrap and solder glass. No experience or artistic ability is needed! An early dinner (at your own expense) will be at Four Seasons Restaurant in Bryan. **Registration began in April.**

Warblers at Magee Marsh-Mon. May 6th / 8:00am to 3:00pm. Pack your own lunch, beverages & binoculars. Wear appropriate attire and foot wear. **TRIP FULL.**

"Chicago" The Musical, Marathon Center-Sun. May 19th / 3:30pm to 11:00pm. Dinner will be your own expense at Fern Café. **TRIP FULL.**

Football Hall of Fame/Classic Car Museum, Canton OH-Wed. May 22nd / 7:30am to 6:00pm. Cost \$89 includes your entrance into the two museums. Lunch will be at your own expense. **Registration began in April.**

Mud Hens VS Rail Riders-Wed. May 29th / 9:15am to 5:00pm. Includes ticket, hotdog lunch. **TRIP FULL.**

Bay City & Saginaw, Michigan -Thurs. June 13th at 8:30am to Fri. June 14th at 5:30pm. **TRIP FULL.**

Firekeepers Casino, Battle Creek MI-Tuesday, June 18th / 8:15am to 6:00pm. Cost \$30 which covers the cost of your transportation. **Registration began in April.**

Sipping into Summer-Thursday, June 20th / 11:30am to 5:15pm. Cost \$92. Stops include Lumberyard Winery for a wine slushy, Debrand Chocolates Tour in Fort Wayne, Wine Sampling at Country Heritage Winery & Byler Lane Winery. Check out the flyer for more information on this trip. Please eat lunch prior to boarding the bus. **Registration began in April.**

First Ladies National Historic Site & McKinley Presidential Library, Canton OH- Friday, June 21st / 7:30am to 6:00pm. Cost \$77 includes admittance into the museums, lunch will be at your own expense. Visit The National First Ladies Library & Museum, McKinley Presidential Library, burial site and Ohio home. **Registration begins May 8th.**

Mud Hens VS Louisville Bats-Wed. June 26th / 10:00am to 5:00pm. Cost \$25 includes ticket, hotdog lunch and transportation. **Registration began in April.**

Crosby Festival of the Arts, Toledo Botanical Garden-Fri. June 28th / 9:00am to 4:00pm. Cost \$27, lunch is on your own. Spend the day at the Toledo Botanical Garden exploring over 150 art exhibitors. **Registration begins May 13th.**

Unholy Toledo Driving Tour, Anelo's Northwood Villa-Mon. July 8th / 9:00am to 3:00pm. Cost \$27 with lunch on your own at Angelo's Northwood Villa. Come explore the 1930's days of speakeasies, gangsters and the mob. **Registration begins May 23rd.**

Ann Arbor Art Fair-Thursday, July 18th / 8:00am to 6:00pm. Cost \$35, lunch is on your own. Come stroll the streets of Ann Arbor transformed into the midwests largest arts festival, over 1,000 artists. **Registration begins May 30th.**

Niagra Falls Excursion—October 7th through 10th. Cost \$777 per person for double occupancy. Three Nights Lodging, Three Full Course Dinners, Maid of the Mist Boat Ride, Tour of Niagra & Niagra-on-the-Lake, Tour of Toronto, Casa Loma Castle, Welland Canal, Local Wineries and MORE! Deposit of \$400 is due at registration and is nonrefundable, final payment is due 9/2/24. **Registration began in April.**



**THRIVE
LOCALLY**



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 senior living option puts your dreams within your reach.
Let us take care of many of the hassles of life that may have become overwhelming, allowing you to be free to thrive.
Phone: 419-592-4343



Diane Harmon
 Realtor®

REISER
 REALTY LLC



219 W. Clinton St.
 Napoleon, OH 43545
Office: 419-592-3741
Cell: 419-966-1864
 Email: buzzdkh@gmail.com

Henry County Hospital Family Medical Care
 is now **Primary Care**

Accepting new patients. | Call to schedule an appointment.



419-592-1071
 HenryCountyHospital.org




**Henry County
 Transportation
 Network**
419-592-8726
 Ohio Relay Number:
1-800-750-0750

Find us on Facebook!

1805 Oakwood Avenue - Napoleon, OH 43545

Office Hours

Monday - Friday
 8:00 a.m. - 4:00 p.m.

PUBLIC TRANSPORTATION

Operating 6 days a week with limited weekend and evening transportation availability

See our Rider Guide & Seasonal Shuttle Guide for more details!

<https://www.henrycountyohio.gov>



VANCREST
 Holgate

Care Is Our Mission Statement

600 Joe E Brown Ave, Holgate OH
www.vancrest.com
(419) 264-0700 Ask for Lea



NORTHCREST
 REHAB & NURSING CENTER

240 Northcrest Dr.
 Napoleon, OH 43545
419-599-4070



CHP HOME CARE & HOSPICE

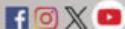
Local, Nonprofit, Available 24/7

Archbold Defiance
419-445-5128 419-782-5411
www.ComHealthPro.org



Henry County Health Department
Inspiring Better Choices for Health

1843 Oakwood Ave.
 Napoleon, OH 43545
 419-599-5545
www.henrycohd.org



- Animal bite investigation
 - Birth and death certificates
 - Breastfeeding support
 - Campground inspections
 - Car seat checks and distribution
 - Children with Medical Needs
 - Communicable disease investigation
 - Community health data
- Cribs for Kids
 - Emergency preparedness
 - Grief Recovery Method
 - Health education and promotion
 - Help Me Grow
 - Henry County Cares
 - Health improvement coalitions
 - Immunizations
- Mosquito control
 - Naloxone education/distribution (Project DAWN)
 - Nuisance investigations
 - Public pool and restaurant inspections
 - School nursing
 - Septic system inspection and permits
 - Traffic safety (Safe Communities)
 - Water Testing

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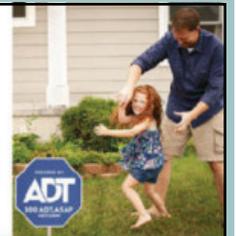
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Finance Director, Sarah Erb
Program Director, Ann Like
Receptionist, Angie Thomas
Custodian, Peg Adams
Exercise Instructors: Carol Gerken Lones, Emily Beck
Volunteer Dance Instructor: Linda Warren
Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr
Volunteers/Assistants: Dick Beck, Beth Cook, Jan, Franz, Art Germann, Karen Germann, Paul Heddaeus, Betty Marihugh, Donna McGhee, Linda Rettig, Rita Small, Deb Wensink
Bus Drivers: Randy Barnes, Suzanne Holman, Thom Hornish, Donna McGhee



SENIOR NUTRITION PROGRAM.....419-599-0033

Senior Nutrition Manager, Sandy Schlosser
Senior Nutrition Head Cook, Vicky Badenhop
Assistant Cooks: Gayla Rohrs, Maggie Thomas
Dish Room: Bill Hatcher, Don Hill
Volunteer Kitchen Assistants: Pat Birtcher, Cindy Cramer, Judy Hoffman, Jeanette Okuley
Meals on Wheels Drivers: Rick Arps, Kenny Buchenberg, Jordan Kline, Carla Lambert, Jayne Myers, Gayla Rohrs, Martin Verni, Mike Whitman



The Henry County Senior Center is funded by: Henry County Senior Levy, Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.