

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



SENIOR HEALTH AWARENESS COMMITTEE SPRING HEALTH FAIR

Blood Pressure Checks,
Senior Information,
Vendors, Guest Speakers,
Door Prizes, Delicious
Free Lunch with Dessert
& Much More!

**Wed. May 7, 2025
8:30AM to 1:30PM**

Complimentary Tickets
are available at The Henry
County Senior Center.

Must be present from
9:00am to 1:00pm to be
included in the door
prize drawings.

The Senior Center building will
be closed on the day of the health
fair unless you have a ticket for
the event.

Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

APRIL 2025

Dear Seniors,

April is here and that means the end of March Madness. Join us on Friday April 4th to celebrate Final Four weekend. Fun games, sponsored lunch, and Bingo.

Don't forget to check out our silent auction starting on April 4th and running through April 16th. We will also be holding our Easter Bake Sale on the 16th.

On Wednesday May 7st, we will be hosting our Annual Health Fair. This will be a pre-registered event, meaning that you must get a ticket beforehand and present it that day to be admitted. Tickets will be limited and registration for tickets started March 17th. The day will be jam packed with speakers, vendors, give-aways, lunch, door prizes, and lots of fun. The building will be *closed* this day unless you have a ticket for the event. Doors for the event will open at 8:30am.

It's never too early to think about our Spring Rummage Sale! An organizational meeting for anyone interested in helping or just learning more will be Wednesday, April 30th at 12:30pm in our conference room!

Hope to see you all at the Senior Center!!

Sandy Schlosser
Nutrition Manager

Ann Like
Program Director

Angie Thomas
Receptionist



Easter Bake Sale Wednesday, April 16th

On the day of the Easter Bake Sale we will have
MUSIC BINGO at 1:00 Sponsored by Devoted Health.

If you would like to donate baked goods for this fundraiser,
please bring your items to the Senior Center on Tuesday
(4/15/25) or Wednesday (4/16/25) in the morning. Thank You!

The Spring Silent Auction will begin April 4th and run through
April 16th at noon. Come out to the Senior Center and place
some bids. We have lots of nice items available including Thirty-One
bags, household items, sporting event tickets and much more!





- 1 Cartledge, Catherine
- 1 Newell, Philip
- 1 Rettig, Roland
- 1 Bonner, Suzanne
- 1 Grime, John
- 1 Speiser, Tim
- 1 Paxton, Donna
- 1 Piasecki, Mark
- 1 Sarmiento, Yolanda
- 2 Metzger, John
- 2 Nguyen, Holly
- 2 Brink, Cecelia
- 2 Lee, Raymond
- 2 Morrow, Pamela
- 2 Wolfe, Robert
- 2 Armstrong, Hazel
- 4 Schwaiger, Jo
- 4 Jensen, Rosemary
- 4 Fulmer, Linda
- 4 Sonnenberg, Lana
- 4 Beavers, Randall
- 4 Fruth, Kirk
- 4 Sigg, Karole
- 5 Stange, Lois
- 5 Ordway, Nita (Jo)
- 5 Sell, Roger
- 5 Wilhelm, Lorraine
- 5 Zeiter, Connie
- 5 Moser, Kay
- 5 Bias, Cathy
- 6 Eiden, Elizabeth
- 6 Nicely, Rosella
- 6 Hoffman, Sharon
- 6 Beckwith, Sandra
- 7 Barlow, Shirley
- 7 Beck, David
- 7 Weaver, Sharon
- 7 Michaelis, Sharon
- 7 Carico, Ronald
- 7 Westrick, Sharon
- 7 Murray, Brenda
- 8 Miller, Bryce
- 8 Thourot, Monte
- 8 Hefflinger, Jean
- 8 Davis II, Glenn
- 8 Hatcher, Sam
- 9 Garbers, Kathy
- 9 Godwin, Shirley
- 9 Reimond, Darlene
- 9 DeCant, Bonnie
- 9 Hutchinson, Rose

- 9 Russell, Judy
- 10 McGhee, Donna
- 10 Ashbaugh, Betty
- 10 Dobbelaere, James
- 11 Garcia, Leonarda
- 11 Schwiebert, Marilyn
- 11 Cordy, James
- 11 Haas, Patricia
- 11 Gobbell, James
- 12 Knipp, Carmen
- 12 Michaelis, Judy
- 12 Haase, Lois
- 12 Barton, Bill
- 12 McColley, David
- 12 Gaynor, Curtis
- 12 Swoboda, Carol
- 12 May, James
- 13 Dehnbostel, Carol
- 13 Russell, Charles
- 13 Dupureur, Alan
- 13 Stewart, Judith
- 13 Box, April
- 13 Franz, Bonnie
- 13 Holifield, Charles
- 13 Donnelly, Mary
- 14 Junge, Beverly
- 14 Garcia, Dawn
- 15 Spangler, Mary
- 15 Waisner, Jerry
- 15 Ernsberger, Vicki
- 15 Force, Darrel
- 15 Flory, Brenda
- 16 Bortz, Theresa
- 16 Stevens, Paul
- 16 Neuenschwander, Virginia
- 16 Riggs, Herbert
- 16 Graham, Alan
- 16 Goertz, Juergen
- 16 Barnes, Scott
- 17 Weirauch, Lyle
- 17 Burgel, Sandra
- 17 Miller, Ken
- 17 Rader, Hwa
- 17 Bordner, David
- 17 Patricia, Nicol
- 17 Brubaker, Gary
- 18 Panning, Edwin
- 18 Travis, Nancy
- 18 Power, Phillip
- 18 Bostleman, Shirley

- 18 Lammon, Joy
- 19 Emahiser, Josephine
- 19 Johnson, George
- 19 Sonnenberg, Carolyn
- 19 Anderson, Michael
- 19 Brown, Nancy
- 19 Mansfield, Robin
- 19 Ritz, Peggy
- 19 Wilt, Sherri
- 20 Gruenhagen, Steve
- 20 Young, Pamela
- 21 Baumgartner, Coral
- 21 Schwab, Steven
- 21 Hanson, G.
- 21 Kraft, Leigh Anne
- 22 Sonnenberg, Judy
- 22 Sickmiller, Eldon
- 22 Westrick, Carl
- 23 Keller, Wilma
- 23 Retcher, Lula
- 23 Grime, Ann
- 23 Wilson, Sue
- 24 Sonnenberg, Keith
- 24 Wink, Patricia
- 24 Mussel, Mara Jean
- 24 Spradlin, Stacey
- 26 Sonnenberg, Shirley
- 27 Meyers, Ron
- 27 McGee, Joseph
- 27 Martin, Tamara
- 27 Wallen, Clarence
- 28 Lange, Kenneth
- 28 Brickner, Patricia
- 28 Murry, Rodger
- 28 Beck, Richard
- 28 Vocke, Sandy
- 28 Booth, Ralph
- 28 Rohrs, Roger
- 28 Adams, Darlene
- 28 Tonjes, Dennis
- 29 Hogrefe, MarylAnn
- 29 Cobb, Constance
- 29 Libey, Henrietta
- 29 Howell, Douglas
- 29 Romes, Jean
- 29 Wiemken, Henry
- 29 Rausch, Janice
- 30 Zachrich, Margaret
- 30 Hefflinger, Ron
- 30 Meyer, Phyllis
- 30 Miller, Charlean

- 30 Carico, Karla
- 30 Lautar, Brian
- 30 Locher-Hockman, Diane
- 30 Rochester, Sherri

“Love Packages”

is a ministry that collects nicely used religious items (Bibles, Sunday School Supplies) & sends them overseas. If you would like to hear more about this program or have items to donate, please call The Senior Center. We will put you in contact with Donna Plummer who is organizing this ministry.



2025 CLIENT REGISTRATION FORMS

Check to see when you filled out a registration form. We need an updated form every few years in order for you to continue to receive our newsletter by mail and for your name to appear on the birthday list. Registration forms are available at the front desk.



Tech Help with Joe

Joe Burgei from NOCAC will be here **Tuesday, April 8th & Thursday, April 24th** to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe will typically be here on the 2nd Tues. & 4th Thurs. of each month.

DONATION WISH LIST

- Postage Stamps,
- Coffee,
- Chocolate,
- Candy,
- Powdered Coffee Creamer,
- Antibacterial Wipes,
- Tissues,
- Paper Towels,
- New Puzzles

Thank You for your Support!!

Thank You

HCSC Advocate Group
Genacross Lutheran Services-Meal & Bingo Sponsor
Northcrest Nursing & Rehab-Bazaar Meal & Bingo Sponsor
Bridge Home Health/Hospice-Bingo Sponsor
Vancrest Health Care Center-Bingo Sponsor
Holgate & Napoleon Lions Club-Bday Bash Meal Sponsor
Food Boxes-Paul Heddaeus, Judy Morua & Jeff Mires
Becky Mansfield & Sheila Vajan -Bingo Callers
Jane Crandall
Immanuel Church, Deshler & St. Peter Church, Holgate
Henry County Health Department, Care 360 Hospice,
Soaring Arts Studio, Heritage Health Care, Devoted Health,
Rehabilitation Hospital of NW Ohio, American Red Cross,
Area Office on Aging

Donations

Barb Dancer, Bette Lighthill, Lois Hanna, Donald Barkley, Donna Bankey, Bonnie Martin, Greg Ooms, Janet Foxe, Betty Ward, Doris Wiemken, Maggie Yates, John & Mary Jane Kline

Newsletter Mailing Volunteers

Diana Rhodes, Janet Foxe, Beth Cook, Kathy Norden, Marg Abel, Betty Marihugh, Diana Kruse, Marybeth McClure, Karen Germann, Sandy Foreman, Viv Dominique, Deb Baker, Linda Dickey, Linda Nelson, Lois Casper, Bonnie Martin

MOW Mailer Volunteers

Barb Dancer, Dee Williams, Diana Rhodes, Jane Wilhelm

Memorial for Ann Kuczowski Brenda Carpenter

Memorial for Kathryn Vorwerk Bette Lighthill



American Red Cross

"HANDS ON CPR"

Thursday, April 10th at 11:00AM

Be Prepared! Come learn how to perform Hands Only CPR—so that you can deliver life-saving care until professional responders arrive.



The Soaring Arts Studio is coming to the Senior Center for Pottery Class!

Join us for a Pottery Class
@ the Senior Center
April 7th and April 28th
@ 11:00AM

Choose to make
1.) A cutting board or
2.) A wall pocket

April 7th & 28th at 11:00am
Please sign up by 4/4/25.
Fee \$8.00 (which is for both sessions)

HENRY COUNTY SENIOR CENTER PRESENTS
SPRING HEALTH FAIR
PLEASE JOIN US!
FREE MEAL WITH DESSERT, DOOR PRIZES, GIVEAWAYS, VENDOR BOOTHS, SPEAKERS AND MUCH MORE!

Wednesday, May 7, 2025

8:30 AM - 1:30 PM

Henry County Senior Center

203 Rohrs St., Napoleon, OH



TICKETS ARE LIMITED!
SENIORS 60 AND OVER WELCOME
TICKETS AVAILABLE AT THE SENIOR CENTER



Relaxation Art with Soaring Arts Studio.



Thank you to Soaring Arts Studio for coming and sharing your talents with us!



Dates for our next

Rummage Sale:

June 5th, 6th, & 7th

Organizational Meeting

April 30th at 12:30 All are welcome!

Please come—WE NEED YOU!!

LET YOUR CREATIVITY FLOW

CRAFT CLASSES

Bunny Plaque

Tues. April 8th at 10:30

Please Pay \$3 and sign up by 4/4/25.



Paper Easter Bunny

Thursday, April 4th at 10:30

Please sign up by 4/2/25 Class is free.



WATERCOLORS WITH SHIRLEY

Learn to paint with brushes, sponges and some not so traditional items.

Registration for this class is appreciated. Class is typically offered on the 1st & 3rd Wednesday of the month at 10:00am.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Make some greeting cards with Deb. April 17th at 10:30am in the Art Room. Please Registration & Pay for the class by 4/14/25.

EXERCISE CLASSES



CARDIO DRUMMING

Tuesdays at 10:30

Thursdays at 8:30

Fridays at 10:00

EXERCISE WITH CAROL

Mondays at 10:00
Wednesdays at 10:00

YOGA VIDEO
Wednesdays at 12:45

TAI CHI VIDEO
Fridays at 12:45



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"

BALANCE & STRETCH WITH ANN

Tuesdays at 1:00



LINE DANCING WITH LINDA
Thursdays at 9:30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 APRIL April Fools'Day	2 National Walking Day	3	4 SPONSORED MEAL Final 4 Party 
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 2:00 Pickleball 	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 HCHD BP Checks 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Craft Class 12:30 Euchre 3:00 Chair Yoga Video	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball Silent Auction Starts
7	8	9 Wear Blue Day Child Abuse Prevention Day	10 SPONSORED MEAL	11 National Pet Day
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Pottery Class w/ Soaring Arts 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 9:00 Tech Help with Joe 10:00 Caregiver Group 10:30 Cardio Drumming 10:30 Bible Study 10:30 Craft Class \$3 12:45 Advocate Mtg. 1:00 Balance Exercises 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Area Office on Aging Presentation 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 11:00 American Red Cross "Hands on CPR" 12:00 Northcrest Meal/ BINGO Sponsor 1:10 Euchre 3:00 Chair Yoga Video	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
14 Nat. Gardening Day	15 Nat. Purple Day	16 Easter Bake Sale 8-4	17	18 CENTER CLOSED
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 12:30 BINGO/Vancrest 2:00 Pickleball 	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 12:45 Chair Yoga Video 1:00 MUSIC BINGO Devoted Health 2:00 Pickleball Silent Auction Ends At 12:30	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Card Making \$7 12:30 Euchre 3:00 Chair Yoga Video	
21	22 Nat. Earth Day	23 SPONSORED MEAL	24	25
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball 	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash- Holgat & Napoleon Lions Club 12:30 BINGO/Bridge Home Health-Hospice 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe Appt. Required 9:30 Line Dance/Linda 12:30 Euchre 3:00 Chair Yoga Video	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
28	29	30	1	2 SPONSORED MEAL
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Pottery Class w/ Soaring Arts 11:00 Book Club 12:30 Veterans Group 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 12:30 Advocate Mtg. 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 12:30 Cornhole 12:30 Rummage Sale Meeting 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

April 2025 Lunch Menu

**MOW & Congregate
Suggested Donation
\$3.00 (60 & over)**

**Dine-In Guests
(under 60)
\$ 6.00**

MOWs are delivered on Mondays, Tuesdays, Thursdays & Fridays. Wednesday's meal is delivered with Tuesday's meal. Meals are delivered between 10:30am and 1:30pm based on your location in the route you are assigned.

The suggested donation is \$3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send your donation back with your driver, mail it in, or pay online on our website.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace Hot Meals, Turkey & Cheese Sandwiches are available to replace the main Entrée of a Meal. All substitutions need to be made by 7:00AM. 2% Milk is served daily.

MOW - PLEASE CALL 419-599-0033 BY 7:00AM. TO CANCEL OR CHANGE A MEAL.

To inquire about ingredient content, please call the Senior Nutrition Manager.

Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the east kitchen door. Meals must be ordered by 7:00AM. No meal PU on Wednesdays.

Menus may change due to availability of certain foods.

Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment must be completed to determine eligibility prior to receiving meals.

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4 SPONSORED MEAL
Brat Sauerkraut Corn Casserole Baby Baker Potatoes Mandarin Orange Salad	Baked Chicken Breast Harvard Beets Scalloped Potatoes Pears	Cheeseburger Baked Beans Peas & Carrots Apple Crisp	Meatloaf Mashed Potatoes w/ Gravy Buttered Corn Cubed Cheese Grapes	Dinner Ham Sweet Potatoes Green Bean Casserole Strawberry Cheesecake Dessert Apple Juice
7	8	9	10 SPONSORED MEAL	11
Chicken & Noodles Glazed Carrots Three Bean Salad Fruited Jello Salad	Beef Manhattan over Mashed Potatoes Brussel Sprouts Apple Slices	BBQ Pork Sandwich Au Gratin Potatoes Mixed Vegetables Pineapple Cup	Baked Spaghetti California Blend Veggies Coleslaw Cherry Crisp Garlic Bread	Chicken Salad Sandwich Pea Salad String Cheese Bag of Potato Chips Peaches
14	15	16 Easter Bake Sale	17	18 Center Closed
Pork Roast Red Skin Potatoes Normandy Blend Vegetables Pineapple Tidbits & Mandarin Oranges	Salisbury Steak w/ Gravy Stewed Tomatoes Seasoned Cabbage Blushed Pears Fruit Punch	Hot Beef Sandwich Baked Beans Corn String Cheese Mixed Fruit Cup	Turkey & Noodles Mashed Potatoes Green Bean Casserole Orange Creamsicle Salad Blueberry Muffin Easter Cookie	
21	22	23 SPONSORED MEAL	24	25
Chicken Alfredo Fettuccine Broccoli Baby Carrots Grape Salad	Beef Burrito Spanish Rice Fiesta Corn Cubed Cheese Applesauce	Sloppy Joe Sandwich Cheesy Potato Casserole Peas Pear Cup Cong: Birthday Cake	Baked Potato Broccoli w/ Cheese Tossed Salad Sunshine Salad MOW: Birthday Cake	Hot Chicken Sandwich Corn Casserole Baked Beans Cole Slaw Ambrosia Salad
28	29	30	1	2 SPONSORED MEAL
Pork Chop w/Gravy Vegetable Fried Rice Peas Watergate Salad	Hamburger Gravy over Mashed Potatoes Green Beans Peach Crisp Apple Juice	Chicken Breast Sandwich Tator Tots Pea Salad Mandarin Orange Jello Cup	Lasagna California Blend Vegetables Spring Salad Grapes Garlic Bread	Dinner Ham Sweet Potatoes Corn Cranberry Jello Salad Cookie

ALZHEIMER'S SUPPORT GROUP



Has your life been touched by Alzheimer's? We are in the process of starting an Alzheimer's Support Group that would meet monthly at our senior center. If you would like to be apart of this group please reach out to Ann Like at the HCSC.

The Alzheimer's Association has a 24/7 help line which is always available to help. Please call 800-272-3900.

Want more Information & Understanding of Alzheimer's & Dementia join Dakota Stone from the Alzheimer's Association at the Napoleon Public Library. **Monday, April 7th** at 4PM Kindly RSVP for the event 567-302-3608.

BOOK CLUB

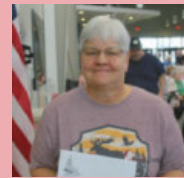
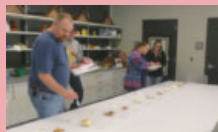


If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, April 28th at 11:00am in the Conference Room.

Thank you to Heritage Health Care for sponsoring a breakfast for our book club in February.



THIRD ANNUAL PIE CONTEST



Congratulations to our winners:

Janet VonDeylen 1st & Bonnie Franz 2nd



Area Office on Aging Overview

Presentor:
Ms. Shawn Waidelich, LSW

Wednesday, April 9th at 11:00am

Learn about the Area Office on Aging in this informative meeting. See what programs and services they provide to seniors in our community.

FINAL FOUR PARTY

Our Final Four Party is scheduled for Friday, April 4th. Lots of FUN, Snacks, & New Basketball Themed Games, that all can play.

Event starts at 11:15am. Followed by a Sponsored Meal & BINGO by Genacross Lutheran Services.

Wear your favorite college team gear!



ADVANCED PICKLEBALL—Mon, Wed & Fri 8:00-9:50

PICKLEBALL— Mon, Tues, Wed & Fri 2:00-4:00

Interested in a pickleball lesson? Contact the front desk and we will set one up for you with Betty Naas!



WOODSHOP

Come check out our woodshop! Interested in helping out in the shop? We are in need of some woodshop mentors. Contact us for more information.



TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.



MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, April 23, 2025**. Please call SeaGate at 419-244-6996 for information on the enrollment process.



ADVOCATE GROUP

The HCSC would like to thank our Advocate Group for items recently purchased which help us provide and support programming.

- *Suggestion Box
- *Pickleball Rebounder
- *Supplies to start our Pottery Classes
- *BINGO Board
- *BINGO Prizes
- *Craft Room Supplies
- *Exercise Instructor Fees
- *Evening Meal Entertainment
- *Cost of Special Events and so much more.

Our Advocate Group typically meets on the 1st Tuesday of the month at 12:45. Check the monthly calendar for dates. All seniors interested in helping support programming at the center are encouraged to attend the meeting. **April Meeting - April 8th at 12:45.**

College Intern Elizabeth Gribler



My name is Elizabeth Gribler. I have lived in Napoleon my entire life minus the 4 plus years I've been in college. Before going off to college at Ohio Northern University, I attended and graduated from Napoleon Schools. During my time at Ohio Northern I have worked on obtaining my Bachelors of Science in Biology which I will have in May. The way that I needed to complete my Biology degree was through a capstone project. This project required an internship of 400 hours anywhere of my choosing. This is the reason for my time here at the Henry County Senior Center; which I have thoroughly enjoyed. Thank you to the Henry County Senior Center for allowing me to complete my capstone project here, and thank you to everyone for being so kind and welcoming. - Elizabeth

Thank you Elizabeth! We appreciate all your hard work and commitment to our seniors. Your patients, kindness and helpfulness puts a smile on all who walk through our doors. You are a joy to have here. We wish you well in your future endeavors! - HCSC Staff



GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The April meeting will be held on Friday the 4th at 11:00am.

INFORMAL VETERAN GROUP

Monday, April 28th at 12:30 Held on the 4th Monday of the month. Lead by Kelly Mobley Volunteer Coordinator for Care 360. Kelly retired from the Air Force in 2005 after 23 years of service. She served as a Law Enforcement Specialist, Military Training Instructor, Drug & Alcohol Counselor and Training Education Manager. She has vast knowledge of services available to veterans. The group will share experiences to offer comfort and camaraderie for those who have served. All veterans are welcome!



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, April 8th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

Hollywood Casino Days- Wednesdays - April 2nd, May 14th, June 18th / 9:00am to 3:30pm. Cost \$15 includes transportation. Lunch at the casino is at your expense. **Registration is ongoing.**

Millbury Classic Car & Truck Museum-Thursday, April 10th / 9:00am to 3:00pm. Cost \$20 includes ticket & transportation. Dinner will be at your expense, at Speedtrap Diner. **Registration began in February.**

Louisville Kentucky- April 22nd-25th Registration has ended.

"Come From Away", Findlay-Thursday, May 1st / 4:00pm to 11:00pm. Cost \$90. Dinner will be at your expense, location to be determined. **Registration began in January.**

Warblers at Magee Marsh-Mon. May 5th / 8:00am to 3:30pm. Cost \$15. Bird enthusiast, Tammy Martin will be our guide. Bring your binoculars, if you have some and wear appropriate attire for the day. Lunch will be at your expense to the Oregon Inn. **Registration began March 13th.**

"My Mother and the Michigan/Ohio War" Purple Rose Theatre- Thursday, May 8th / 11:30am to 6:30pm. Cost \$60. The play is about the Toledo War, a conflict between Michigan and Ohio over the Toledo Strip in 1835. Both states wanted to develop Toledo into a commercial port. The play is a historical comedy about family, football and the fight for Toledo. Dinner will be at your expense at Culver's. **Registration began March 20th.**

Mystery Trip-Tuesday, May 20th / 8:00am to 5:00pm. Cost \$42 includes transportation and entrance fees. Lunch will be at your expense. **Registration began March 27th.**

Mud Hens Day Game-Wed. May 28th / 9:30am to 4:30pm. Cost \$30 includes ticket, hotdog lunch and transportation. **Registration began March 27th.**

Canopy Treehouse Tour at Oak Openings-Tuesday, June 17th / 11:30am to 4:30pm. Cost \$9 includes transportation. Lunch spot is to be determined and will be at your own expense. **Registration begins April 3rd.**

Mud Hens Day Game-Wed. June 25th / 10:30am to 4:30pm. Cost \$30 includes ticket, hotdog lunch and transportation. **Registration begins April 17th.**

Butterfly House-Thursday, July 10th / 10:30am to 3:30pm. Cost \$18 includes ticket. Lunch will be at Whitehouse Inn, at your own expense. **Registration begins June 4th.**

Mud Hens Evening Game-Friday, August 15th / 5:30pm to 10:30pm. Cost \$35 includes ticket, hotdog lunch and transportation. **Registration begins June 26th.**

Michigan Exploration - September 23rd—27th / Cost \$1,035.00 Per Person based on double occupancy (\$1,340.00 for a single). Trip includes 3 night accommodations, 4 Breakfasts, 2 Lunches, & 3 Dinners, over 13 Stops in the Petoskey/Charlevoix Area. See trip flyer for more information. **Sign up begins 4/2/25** with a down payment of \$600.00 per person. Remaining balance of \$435.00 will be due on 8/1/25.

If a trip is full, always put your name on the wait list in case we have a cancelation or expand the trip.

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging. Please refer to the trip book for a description of the levels and each trip flyer for the level that particular outing is rated.

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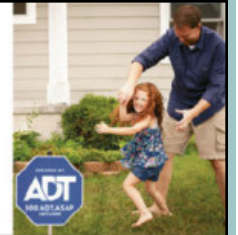
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