Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



HOURS

MON	**8AM-7PM**
TUES	**8AM-4PM**
WED	**8AM-7PM**
THURS	**8AM-4PM**
FRI	**8AM-4PM**

Drive Thru Chicken BBQ Fundraiser!

Wednesday, November 18th
11:30 AM - 1:00 PM

Meal Includes: ¼ BBQ Chicken, Scalloped Potatoes, Green Beans, Dinner Roll, Cookie

Suggested Donation: $15 per meal

Meal Reservations: Stop at the Front Desk by Friday, November 13th to reserve your meal!

Pick Up: Through drive-thru lane at Henry County Senior Center

Henry County Senior Center

"To empower and inspire older adults to thrive in all aspects of their lives"

NOVEMBER 2026

Dear friends,

November brings a special blend of gratitude, reflection, and togetherness as we step closer to the holiday season. This month invites us to slow down a bit, savor the simple moments, and appreciate the people who make our days brighter. At the Center, that means celebrating you—our wonderful community of friends who fill this place with kindness, laughter, and shared stories.

As the days grow cooler, we have plenty of activities, programs, and seasonal events to keep spirits high and hearts warm. We hope you'll join us often, whether for a meal, a program, or just a friendly visit.

During this season of gratitude, I want to thank you for being such an important part of the Henry County Senior Center. Your presence enriches our community in ways that truly matter. May this November bring you comfort, connection, and many reasons to feel grateful.

Wishing you a wonderful month ahead!

Angela

All Veterans are welcome to attend our

VETERANS DAY LUNCH

Thursday, November 12th at 11:15 AM

The program begins with a brief welcome, followed by a musical performance from the Napoleon Junior High School Choir. All Veterans in attendance will have an opportunity to introduce themselves. Lunch will be served at 12:00 PM, followed by BINGO at 12:30 PM, both sponsored by Northcrest Rehab & Nursing.

Kindly RSVP by Monday, November 9th.



1 - Judy Funchion
1 - Bonnie Hastedt
1 - Shirley Knapp
1 - Barb Nye
1 - Judith Roehrig
1 - Kay Roth
1 - Sheila Vincent
2 - John Coyle
2 - Mary Dietrich
2 - Karen Mansfield
2 - Lynette Smith
3 - Rox Adams
3 - Billy Fortney
3 - Roy Glass
3 - Rita Kryder
3 - Gayla Rohrs
3 - Patsy Wachtman
4 - Gerald Adams
4 - Fern Cordes
4 - Nancy Glaser
4 - William Parker
4 - Ken Rastocan
4 - Antoinette Rodriguez
4 - Phill Wade
5 - Penni Bostelman
5 - Pamela Bricker
5 - Grace Castillo
5 - David Fronce
5 - Judy Grime
5 - Paul Heddaeus
5 - John Leatherman
5 - Pat Ruch
5 - Helen Wilson
5 - Kathy Wolf
5 - Junior Zimmerman
6 - Donna Bankey
6 - Jo Jennings
6 - Patricia McMahon
6 - Betty Mowery
6 - Jim Murray
6 - RuthAnn VonDeylen
6 - Michael Whitman
6 - Eldon Zumfelde
7 - Karen Tyson
8 - Marian Beck
8 - Shirley Bostelman
8 - Rayma Dayberry
8 - Leslie Nagel
8 - Ernestina Ruiz
9 - Mary Alvarez
9 - Judy Korak
9 - Penny Miller
9 - Karen Moneer
9 - Nina Muncy
9 - Patricia Paul
9 - Shirley Reece
9 - Alice Schwiebert
9 - Sandra Shaffer
9 - Rita Small
9 - Sharon VonDeylen
10 - Gwen Erman
10 - James George
10 - Laura Gramling
10 - Debra Jones
10 - Patricia Mahnke
10 - Elaine Martinez
10 - Gregory Pinson
10 - Daisy Zabik
11 - Betty Bernicke
11 - Ronnie DeLong
11 - John McClory
11 - Janet Reynolds
11 - Clarence Schwab
11 - Kathleen Swingle
12 - Gary Bostelman
12 - Linda Elling
12 - Kathryn Mack
12 - Sallie Marciniak
12 - Helen Nofziger
12 - Cynthia Rosebrook
12 - Joan VonDeylen
12 - Brian Walker
13 - Dick McCurdy
13 - Kathy Smith
13 - Rick Worchuck
14 - Sandra Ball
14 - Steve Dopp
14 - Virginia Honaker
14 - Ann Lamb
14 - Linda Sines
14 - Neal Slee
14 - Margery Wallace
15 - Michael Betts
15 - Lynn Brown
15 - Jim Burkey
15 - Eula Carpenter
15 - Mary Gahagan
15 - Geraldine Hudson
15 - William Palmer
15 - Clyde Russ
15 - John Toral
16 - Robert Casper
16 - Steve Clapp
16 - Betty Hill
16 - Randy Prater
17 - Robert Eberle
17 - Doug Hall
17 - Lois Layman
17 - Lisa Miller
17 - Sharon Rice
17 - Eugene Schnipke
18 - Audrey Harmon
18 - Gene Liddle
18 - Gilbert Sonnenberg
19 - Bonnie Babcock
19 - Ann Marie Bernath
19 - Janice Cramer
19 - Virginia Fetter
19 - Carl Hall
19 - Cheryl Hicksted
19 - William Hudson
19 - Evelyn Long
19 - Johnene Martens
19 - Kathey Westrick
19 - Cheryl Yaw
20 - Frank Boyd
20 - Ada Chorba
20 - Debra Cole
20 - Sharon Drewes
20 - Myra LaGorin
20 - Carol Lazenby
20 - Janice Neiling
20 - Sandy Ruch
20 - Jackie Schnitkey
20 - Michael Schriner
21 - Ruth Bahler
21 - Marsha Bischoff
21 - Rita Cordes
21 - Cheryl Dietrich
21 - Lori Hall
21 - Diana Lacy
21 - Christine Perry
21 - Kathleen Rausch
21 - Christopher Stereff
22 - Betty Hinesley
22 - Marlene Jones
22 - Steve Knipe
22 - Kimberlee Kohlhorst
22 - Martha Mendoza
22 - Janet Meyer
22 - David Powell
22 - Clarence Tullock
23 - Jennifer Clapp
23 - Elizabeth Decker
23 - Sue Keller
24 - Ramiro Alvarez Sr.
24 - Steve Bell
24 - Peggy Engler
24 - Colleen Metzger
24 - Tim Rife
24 - Lois Rosebrock
25 - Terri Bennett
25 - Fred Bockelman
25 - Cheri Goertz
25 - Kevin Harper
25 - Pamela Hibbard
25 - David Moore
25 - Jane Schnipke
25 - Thomas Schroeder
26 - Andrew Castaneda Jr.
26 - Tena Duval
26 - Marilyn Morningstar
26 - Rosanne Rettig
27 - Linda Barlow
27 - Kevin Buchhop
27 - Maria Donnelly
27 - Bonnie Edgar
27 - Beverly Schwab
27 - Peggy Snyder
27 - Joseph Westhoven
27 - Timothy Wilson
28 - Linda Benien
28 - Deborah Burkhardt
28 - Marian Dickmann
28 - Victor Dumbra
28 - Pamela Ferguson
28 - Kathleen Frelin
28 - Susan Garmyn
28 - Debra VonDeylen
28 - Timothy Wagner
29 - William Cordes
29 - Louise Dean
29 - Michael Meyer
29 - Cynthia Myers
30 - Dana Aeschliman
30 - Roger Benien
30 - Mary Bernicke
30 - Guadalupe Campos
30 - Ida Dahlberg
30 - Stephanie Damman
30 - Shirley Higbea
30 - Cynthia Sherman
30 - Catherine Slight
30 - Jeff Weber

DONATION WISH LIST

Postage stamps, coffee, chocolate, candy, powdered coffee creamer, antibacterial wipes, tissues, paper towels, flushable wipes, Ziploc bags

Holiday Evening Meal + Quilt Show

Wednesday, November 18th at 5:00 PM

Come enjoy a delicious meal, view the beautiful quilts on display, and enjoy some musical entertainment!



Meal: ¼ BBQ Chicken, Scalloped Potatoes, Green Beans, Dinner Roll, Dessert

Suggested Donation: $15 per meal



Please RSVP and Pay by Friday, November 13th.

Thank you for your support!

HCSC Advocate Group - BINGO Sponsor
Genacross Lutheran Services - Meal & BINGO Sponsor
Northcrest Nursing & Rehab - Meal & BINGO Sponsor
Bridge Home Health/Hospice - BINGO Sponsor & Ask a Nurse
Vancrest Health Care Center - BINGO Sponsor
Henry County Hospital (Nov) - BDay Bash Meal Sponsor
Napoleon/Holgate Lions Club (Dec) - BDay Bash Meal Sponsor
Immanuel Church, Deshler & St. Peter Church, Holgate
Henry County Health Department
Lutheran Church Charities, Soaring Arts Studio

Newsletter Mailing Volunteers:

Marge Abell, Karen Cain, Nancy Conrad, Beth Cook, Sandy Foreman, Janet Foxe, Deb Franz, Karen Germann, Judy Groves, Joanie Hardesty, Bette Lighthill, Betty Marihugh, Bonnie Martin, Bethany Mathers, Marybeth McClure, Linda Nelson, Kathy Norden, Diana Rhodes, Cindy Weasel

Memorials & Donations:

Campbell's Soup Retirees
Estate of Bernard "Bernie" Dietrich
Meyer Sweet Corn & Pumpkins

Peg Adams
Nancy Conrad
Robin Desgranges
Linda Dickey
Janet Foxe
Mike Geno
Charlie Hillis
Jim Joseph
John & Mary Jane Kline
Tina Leach
Dawn Leitner
Bonnie Martin
Connie Sell
Donna VanHoy
Helen Witte
Maggie Yates

Thanksgiving Service Project

If you would like to contribute food or funds for our Thanksgiving Service Project, please see the Front Desk for more information.



SOARING ARTS Studio ……Inspiring Creative Expression

POTTERY CLASS



November 2nd and 23rd at 11:00 AM

Fee: $15

Sign up and pay at the Front Desk!

WEEKLY BLOOD PRESSURE CHECKS!

Every week in November, a registered nurse will be on site for blood pressure checks. See the list below to find out when!

Wednesday, November 4th from 10:30-11:30 AM: Laura from Northcrest Rehab & Nursing

Monday, November 9th from 10:30-11:30 AM: Laura from Northcrest Rehab & Nursing (glucose screenings also available)

Wednesday, November 18th from 10:30-11:30 AM: Laura from Northcrest Rehab & Nursing (glucose screenings also available)

Wednesday, November 25th from 10:30-11:30 AM: Pam from Henry County Health Department

2027 MEDICARE OPEN ENROLLMENT OCTOBER 15 - DECEMBER 7

Meet with trained representatives here at the Henry County Senior Center who can help you navigate through the Medicare process.

Call the Henry County Senior Center at 419-599-5515 to schedule an appointment.

Medicare USA

2nd Annual Quilt Show at HCSC

Wednesday, November 18th
8:00 AM - 7:00 PM

Do you have a cherished quilt you or a loved one made? Consider entering it in our Quilt Show so that all can enjoy it.

All are welcome to enter! To save a spot for your quilt, please call the HCSC at 419-599-5515. Please RSVP your quilt by Tuesday, November 10th.

Quilts will need to be dropped off at the HCSC on or before Monday, November 16th. Kindly have your name, quilt name, "made by" name, and a story of the quilt available for the display.



LET YOUR CREATIVITY FLOW

CRAFT CLASS WITH ANN

Tuesday, November 10 at 10:00 AM
Project: Wood Block Turkey &
Autum Leaf Luminary




Sign up and pay $5.00 at the Front Desk!

WATERCOLORS WITH SHIRLEY



Registration is required for this class. This class will be offered on November 4th at 10:00 AM. Please register and pay $2.00 per class at the Front Desk.

QUILTING WITH BETH



Come quilt with us! **Every Tuesday** from 1:00 PM to 3:00 PM in the Art Room!

CARD STAMPING WITH DEB

Thursday, November 12th at 10:30 AM



Make some greeting cards with Deb in our Art Room! Please register and pay at the Front Desk.

EXERCISE CLASSES

held in the gymnasium

EXERCISE WITH CAROL

Mondays at 10:00 AM
Wednesdays at 10:00 AM



BALANCE WITH ANN

Tuesdays at 1:00 PM
Fridays at 11:00 AM



EXERCISE WITH CHAR

STRENGTH & STRETCH

Mondays 11:00-11:45 AM
Wednesdays 11:00-11:25 AM



YOGA FLOW

Wednesdays 11:25-11:45 AM

CARDIO DRUMMING

Fridays at 10:00 AM



ZUMBA! WITH EMILY

Mondays at 3:45 PM



LINE DANCING WITH LINDA

Thursdays at 9:30 AM



EXERCISE VIDEOS

CHAIR YOGA

Reflection Room
Wednesdays
at 11:00 AM

CARDIO DRUMMING

Gym
Tuesdays at 10:00 AM
Thursdays at 8:15 AM

TAI CHI

Reflection Room
Fridays
at 12:45 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:00 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Soaring Arts 11:00 Strength/Char 1:00 Pickleball 3:45 ZUMBA/Emily 4:00 Euchre 4:30 Pickleball	3 8:00 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study 1:00 Balance/Ann 1:00 Quilting 2:00 Pickleball	4 8:00 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolors /Shirley 10:30 BP Checks 10:45 Damascus-Comfort Dog Visit 11:00 Chair Yoga Video 11:00 Alzheimer's Group 1:00 Cards 1:00 Pickleball	5 8:15 Cardio Drumming Video 9:30 Line Dancing/Linda 12:30 Euchre 1:00 Pickleball	6 **SPONSORED MEAL** 8:00 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming/Char 11:00 Grief Group 11:00 Balance/Ann **12:00 Meal & BINGO - Genacross** 12:45 Tai Chi Video 1:30 Pickleball
9 8:00 Adv Pickleball 10:00 Exercise/Carol 10:30 BP Checks 11:00 Mahjong 11:00 Strength/Char 1:00 Pickleball 3:45 ZUMBA/Emily 4:00 Euchre 4:30 Pickleball	10 8:00 Pickleball 9:15 Strength/Char 10:00 Cardio Drumming Video 10:00 Caregiver Meeting 10:00 Craft Class/Ann 10:30 Bible Study 1:00 Balance/Ann 1:00 Quilting 2:00 Pickleball	11 **CENTER CLOSED** 	12 **SPONSORED MEAL** 8:15 Cardio Drumming Video 9:30 Line Dance/Linda 10:30 Cards/Deb **11:15 VETERANS PROGRAM** **12:00 Meal & BINGO - Northcrest Rehab & Nursing** 1:15 Euchre 1:30 Pickleball	13 8:00 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming/Char 11:00 Balance/Ann 12:45 Tai Chi Video 1:00 Pickleball
16 8:00 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Strength/Char **12:30 BINGO - Vancrest** 1:30 Pickleball 3:45 ZUMBA/Emily 4:00 Euchre 4:30 Pickleball	17 8:00 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study 1:00Balance/Ann 1:00 Quilting 2:00 Pickleball	18 **8AM-7PM - QUILT SHOW** 8:00 Adv Pickleball 10:00 Exercise/Carol 10:30 BP Checks 11:00 Strength & Yoga/Char **11:00 HCHD Responding to Addiction-Narcan Training** **11:30-1:00 Drive Thru Chicken BBQ Fundraiser** 1:00 Pickleball 5:00 EVENING MEAL	19 8:15 Cardio Drumming Video 9:30 Line Dancing/Linda 12:30 Euchre 1:00 Pickleball	20 8:00 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming/Char 11:00 Balance/Ann 11:00 Grief Group 12:45 Tai Chi Video 1:00 Pickleball
23 8:00 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Soaring Arts 11:00 Strength/Char 12:30 Veterans Mtg 3:45 ZUMBA/Emily 4:00 Euchre 4:30 Pickleball	24 8:00 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study 1:00 Balance Class/Ann 1:00 Quilting 2:00 Pickleball	25 8:00 Adv Pickleball 10:00 Exercise/Carol 10:15 Ask A Nurse 10:30 BP Checks 11:00 Strength & Yoga/Char 11:00 Chair Yoga Video **11:45 BDay Bash Meal - HCH** **12:30 BINGO - Bridge Home Health Hospice** 1:30 Cards 1:30 Pickleball	26 	27
30 8:00 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Strength/Char 11:00 Book Club 1:00 Pickleball 3:45 ZUMBA/Emily 4:00 Euchre 4:30 Pickleball	1 December 8:00 Pickleball 10:00 Cardio Drumming Video 10:30 Bible Study **12:45 HCSC Advocates Meeting** 1:00 Balance Class/Ann 1:00 Quilting 2:00 Pickleball	2 8:00 Adv Pickleball 9:15 Yoga/Char 10:00 Exercise/Carol 11:00 Strength & Yoga/Char 11:00 Chair Yoga Video 1:00 Cards 1:00 Pickleball	3 8:15 Cardio Drumming Video 9:30 Line Dancing/Linda 12:30 Euchre 1:00 Pickleball	4 **SPONSORED MEAL** 8:00 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming/Char 11:00 Balance/Ann 11:00 Grief Group **12:00 Meal & BINGO - Genacross** 12:45 Tai Chi Video 1:30 Pickleball

NOVEMBER 2026 LUNCH MENU

MOW & Congregate Suggested Donation $3.00 (60 & over)

Dine-In Guests (under 60) $6.00

MOWs are delivered on Mondays, Tuesdays, Thursdays, & Fridays. Wednesday's meal is delivered with Tuesday's meal. Meals are delivered between 10:30 AM and 1:30 PM based on your location in the route you are assigned.

The suggested donation is $3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send you donation back with your driver, mail it in, or pay online.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace hot meals. Turkey & cheese sandwiches are available to replace the main entree of a meal. All substitutions need to be made by 7:00 AM. 2% milk is served daily.

MOW - Please call 419-599-0033 by 7:00 AM to cancel or change a meal.

To inquire about ingredient content, please call the Senior Nutrition Manager. The following major food allergens are used as ingredients: Milk, Egg, Fish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame.

Frozen meals will be delivered to MOW clients (at an earlier date) for the holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the East kitchen door. Meals must be ordered by 7:00 AM. No meal pick up on Wednesdays.

Menus may change due to availability of certain foods. "Sponsored Meal" days are only applicable to congregate attendees.

Call the HCSC at 419-599-5515 if interested in Meals on Wheels. An assessment must be completed to determine eligibility prior to receiving meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pork Chop w/ Gravy Peas Stewed Tomatoes Cottage Cheese Pineapple	3 Chicken Cordon Bleu Scalloped Potatoes Scandinavian Vegetables Apricots	4 Ham Salad Sandwich Three Bean Salad Potato Salad String Cheese Mixed Fruit	5 Meatloaf Mashed Potatoes & Gravy Corn Apple Waldorf Salad	6 **SPONSORED MEAL** Hot Chicken Sandwich Corn Casserole Broccoli Fruited Jello Salad Rice Krispy Square
9 Chicken Parmesan w/ Marinara Sauce Mixed Vegetables Red Skin Potatoes Mandarin Orange Salad	10 Maple Pancakes Sausage Patty Hashbrown Potatoes Apple Cobbler Fruit Punch	11 **CENTER CLOSED** **MOW ONLY** Pulled Pork Sandwich Mac & Cheese Peas & Carrots Peaches VETERANS DAY	12 **SPONSORED MEAL** Beef Manhattan Mashed Potatoes Green Beans Cole Slaw Applesauce	13 Spaghetti California Blend Vegetables Broccoli Slaw Ambrosia Salad Garlic Bread Cookie
16 Salisbury Steak w/ Mushrooms Stewed Tomatoes Peas Dreamsicle Orange Salad	17 Pork Roast w/ Cranberry Glaze Baby Carrots Red Skin Potatoes Grape Salad	18 Hot Chicken Sandwich Scalloped Potatoes Green Beans Applesauce	19 Cheeseburger Tator Tots Winter Blend Vegetables Cherry Crisp	20 Brat w/ Sauerkraut German Potato Salad Ranch Green Beans Fruit Jello Salad
23 Pork Chop w/ Gravy Spanish Rice Glazed Carrots Broccoli Salad Apple Slices w/ Peanut Butter Cup	24 Turkey & Gravy Mashed Potatoes Green Bean Casserole Cranberry Apple Salad **MOW:** Birthday Cake	25 **SPONSORED MEAL** Sloppy Joe Sandwich Cheese Cubes Baked Beans Mandarin Orange Jello Potato Chips **Cong:** Birthday Cake	26 **CENTER CLOSED** 	27 **CENTER CLOSED** 
30 Chili Soup w/ Saltine Crackers Broccoli & Cheese Corn Peach Cup	1 December Cabbage Roll Corn Mashed Potatoes w/ Gravy Cottage Cheese Pineapple	2 Chicken Salad on Wheat Bread Potato Salad Pea Salad Mandarin Orange Jello Cup	3 Lasagna California Blend Vegetables Cole Slaw Watergate Salad Garlic Bread	4 **SPONSORED MEAL** Dinner Ham w/ Pineapple Tidbits Sweet Potatoes Green Beans Applesauce Cookie

RESPONDING TO ADDICTION & NARCAN TRAINING

Join Tante Lovins from the Henry County Health Department on **Wednesday, November 18th at 11:00 AM** in the Conference Room to learn how to administer Narcan if you witness an overdose. Keep in mind, an overdose can occur for a number of reasons including medication mix-ups, adverse reactions to prescriptions, and addiction.

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval, you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30 AM to 11:30 AM on the fourth Wednesday of each month. Go to the back of the building by the loading docks.

The next date for pick up is Wednesday, Nov. 25, 2026. Please call SeaGate at 419-244-6996 for information on the enrollment process.

SeaGate Food Bank

Holiday Bazaar & Bake Sale

Wednesday, December 9th

Join Henry County Senior Center at our annual Holiday Bazaar & Bake Sale!

CALLING ALL BAKERS & CRAFTERS!!!!
We need your help! Please consider making Christmas crafts or baked goods to donate toward the Bazaar. Donations will be sold as a fundraiser for the Senior Center. Please drop off all Christmas craft items at your convenience. Baked goods can be dropped off on December 8th. Thank you in advance for your continued generosity!

Craft & Bake Sale
Dog Tag Sale - Henry Co. Dog Warden
Blood Pressure Checks
Music by Henry County Chorale
Lunch Sponsored by Northcrest
BINGO Sponsored by Northcrest

Kindly RSVP for lunch by December 7th.

NAME: _____ PHONE: _____	NAME: _____ PHONE: _____	NAME: _____ PHONE: _____	NAME: _____ PHONE: _____
NAME: _____ PHONE: _____	NAME: _____ PHONE: _____	NAME: _____ PHONE: _____	NAME: _____ PHONE: _____

Holiday Quilt Raffle

Tickets:
1 for $1 3 for $2 8 for $5

Drawing: Wednesday, December 9th at the Senior Center Holiday Bazaar

Quilt Details:
Size: 61" x 73" Material: Flannel













Oktoberfest









GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The next meetings will be held on **Friday the 6th and 20th at 11:00 AM.**

INFORMAL VETERAN GROUP

Monday, November 23rd at 12:30 PM. Held on the 4th Monday of the month. Come spend time with fellow veterans - have coffee, share stories, and build friendships. All veterans are welcome!





CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Reflection Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on **Tuesday, November 10th at 10:00 AM.**

BIBLE STUDY

Join our Bible Study Group meetings, held **every Tuesday** at 10:30 AM in the Conference Room. This group explores the Bible in a way to know God better. Through his words we come to know now only the nature and attributes of God, but we also come to understand His plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY AT THE HENRY COUNTY SENIOR CENTER. Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the HCSC lobby.

Copper Moon Art Studio - Thur. Nov 5th / 10:45am to 3:30pm. Cost $10. Art projects will be at your own expense (price range $22 to $35) Lunch at Loma Linda's (11:30am) will be at your own expense. Level 1 of 4. Registration began Sept 9th.

Glenbrook Mall & Darlington Store - Tues Nov 10th / 9:00am to 4:30pm. Cost $17. Lunch will be at your own expense in the mall. Level 2 of 4. Registration began Sept. 16th.

Fort Wayne Botanical Garden & Art Museum - Tues. Nov 17th / 8:30am to 5:00pm. Cost $33 includes garden and museum entrance. Lunch (11:45) at Old Gas House Restaurant. Level 2 of 4. Registration began Oct 8th.

La Comedia Dinner Theatre "Santa Claus: The Musical" & "The Gift of Christmas"-Thur, Nov. 19th / 8:00am to 6pm. Cost $90 includes lunch, show & transportation. Level 1 of 4. Reg. began on Oct. 13th.

"**STOMP"** - Sat. Nov 21st / 3:30pm to 10:30pm. Cost $67 includes your show ticket and transportation. Dinner will be at Cheddar's in Findlay (4:30) at your own expense. TRIP FULL

Christmas Tree Festival and Lunch at Log Cabin Traditions - Wed Dec 2nd / 9:30am to 3:30pm. Cost $46 which includes your lunch. Explore the Allen County Museums Christmas Tree Festival then have a private home cooked 5 course meal at Log Cabin Traditions. Level 2 of 4. Registration began October 15th.

"Four Old Broads Christmas Extravaganza" Arena Dinner Theatre- Sun. Dec 6th / 11:30am to 6:00pm. Cost $70 includes lunch, show & transportation. Level 1 of 4. Registration begins Nov 4th.

West Unity Christmas Shops & Lights - Wed Dec. 9th / 3:00pm to 11:00pm. Cost $20. West Unity Shops, Hicksville & Defiance Light Displays. Dinner at Four Seasons (6:00) in Bryan at your own expense. Registration began October 22nd.

****You must be a Henry County resident to sign up for a trip on the first day of registration. Non-Henry County residents are welcome to sign up on the second day the trip sign-up is open. Thank you for understanding!****

*****All trip sales are final. Tickets are transferable to another senior, but not refundable! Thank you!*****

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging and involving several steps. Please refer to the trip book for a description of each level.

Credit card transactions will be subject to a transaction fee. $0-50 = $2.00 fee $51-100 = $4.00 fee Over $100 = 4% fee



Henry County Health Department

Inspiring Better Choices for Health

1843 Oakwood Ave. Napoleon, OH 43545 | 419-599-5545

www.henrycohd.org

- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data
- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations
- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- Water Testing

National Church Residences

RIVERVIEW TERRACE

An Enriched, Independent Lifestyle

120 East Maumee Avenue, Napoleon, OH 43545

Over 62 and need a place to thrive? Picture the possibilities of your new, worry-free lifestyle at Riverview Terrace.

*Affordable *Peaceful *Independent

senior living option puts your dreams within your reach.

Let us take care of many of the hassles of life that may have become overwhelming, allowing you to be free to thrive.

Phone: 419-592-4343

CHP HOME CARE & HOSPICE

Local, Nonprofit, Available 24/7

Archbold 419-445-5128

Defiance 419-782-5411

www.ComHealthPro.org

Henry County Transportation Network

419-592-8726

Ohio Relay Number: 1-800-750-0750

Find us on Facebook

1805 Oakwood Avenue - Napoleon, OH 43545

PUBLIC TRANSPORTATION

Operating 7 days a week with a limited weekend and evening transportation availability.

See our Rider Guide and website for more details.

www.henrycountyohio.gov

PRIMARY CARE FOR THE WHOLE FAMILY

Expert care for all ages, close to home!

NOW ACCEPTING NEW PATIENTS.



419-592-1071 | HenryCountyHospital.org

HENRY COUNTY HOSPITAL PRIMARYCARE

VANCREST Holgate

Care Is Our Mission Statement

600 Joe E Brown Ave, Holgate OH

www.vancrest.com

(419) 264-0700 Ask for Lea

No act of kindness is ever wasted

Advertise in Our Newsletter!

Contact Jayne Pandy

jpandy@lpicommunities.com

(800) 950-9952 x6401

Does your organization need a newsletter?

We'll cover the printing costs!

Learn more at lpicommunities.com

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



ADT Authorized Provider | SafeStreets

833-287-3502

We love people who care for people!

Join our Elara family as a Caregiver.
Apply today at Elara.com/jobs.

Text ECJOBS to 25000
Scan to Apply

Elara Caring

WAGNER BUILDERS
specialize in keeping you independent in your home!
Wheel Chair Ramps
Safety Shower and Tub Systems
Baths, kitchens, anything you need to stay in your home safely
419-409-3009
Fully Licensed, Bonded and Insured
BBB ACCREDITED BUSINESS

Health Insurance Questions?
Call Mike Straub
1-419-473-7205
MEDICAL MUTUAL

Support Our Advertisers!

Reach a hyperlocal audience.

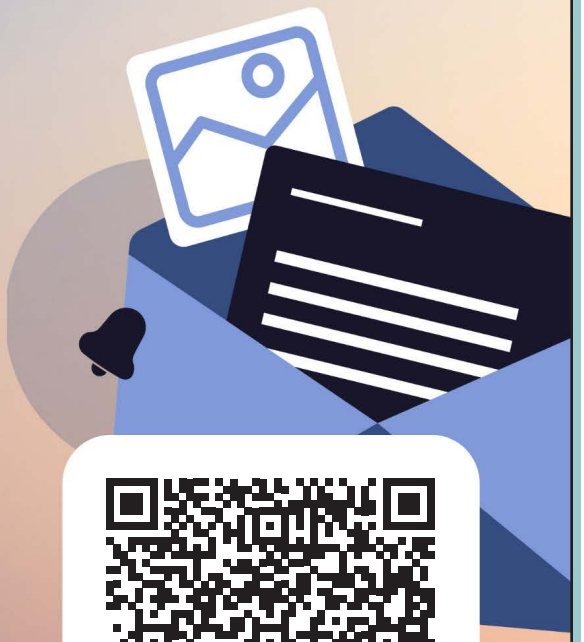
An advertisement in this newsletter is a highly effective way to promote your business to our community.



LPi Call 800.950.9952

Never miss our publication!

Get each new issue delivered straight to your inbox.



Scan to subscribe on MyCommunityOnline.com

Henry County Senior Center
203 Rohrs Street
Napoleon, OH 43545

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 15
NAPOLEON, OH 43545

TIME DATED MATERIAL ENCLOSED

HENRY COUNTY SENIOR CENTER 419-599-5515

Executive Director: Angela Sosebee
Program Director: Ann Like
Receptionist: Elizabeth Gribler
Administrative Assistant: Adrienne Waisner
Custodian: Peg Adams
Exercise Instructors: Carol Gerken-Lones, Emily Beck, Melissa Tisi-Spiller, Emily Faerber
Volunteer Instructors: Linda Warren, Char Weber
Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr, Soaring Arts Studio
Volunteers/Assistants/Group Leaders: Rick Arps, Dick Beck, Marsha Bischoff, Robert Borck, Beth Cook, Jane Crandall, Linda Dickey, Joe Distel, Janet Foxe, Jan Franz, Karen Germann, Vicki Giesige, Kelly Haseman, Jan Heddaeus, Paul Heddaeus, Beth Jenny, Dawn Leitner, Bette Lighthill, Becky Mansfield, Sheri Mansfield, Betty Marihugh, Bonnie Martin, Donna McGhee, Judy Morua, Betty Naas, Jeanette Okuley, Karla Panning, Linda Rettig, Linda Ricker, Pastor Janine Shearer, Rita Small, Pam Schwiebert, Maryann Walden
Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee

SENIOR NUTRITION PROGRAM 419-599-0033

Senior Nutrition Manager: Sandy Schlosser
Senior Nutrition Head Cook: Vicky Badenhop
Senior Nutrition Assistant: Jordan Kline
Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman, Barb Westrick
Kitchen Assistants: Bill Hatcher, Jeff Gribler
Meals on Wheels Drivers: Jeff Gribler, Jordan Kline, Carla Lambert, Madison Moore, Gayla Rohrs, John Steele, Mike Whitman

The Henry County Senior Center is funded by: Henry County Senior Levy, Donations, The Area Office on Aging of Northwest Ohio, and HCSC Advocates