

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



GAME DAY

Brought to you by
Genacross
Lutheran Services
**Friday, February
7th at 11:15am**

Join us for a
Soup & Chili
Cook Off,
Games, Fun,
Sponsored Meal &
BINGO.
Wear your favorite
team colors!



Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

FEBRUARY 2025

Dear Seniors,

Hope everyone is staying warm and safe this winter.

Penni Bostelman our Executive Director has resigned from her position at the senior center. We will miss Penni and wish her well in her future endeavors.

In February we will be holding three Community Meetings. This is your opportunity to voice opinions on the programming and services we provide at the senior center. We are focused on improving and expanding services to better serve the needs of our community. We would appreciate your input! Please plan to attend one or all the following meetings: Feb 10 at 11:00am, Feb 19 at 11:00am, & Feb. 25 at 11:30am.

We would like to remind everyone about our weather policy and why it is so important that we have your correct contact information in our data base, and why we stress you sign in and out each time you come to the center. If we feel the weather is too bad to open the senior center, we will put announcements on WNDH 103.1 FM radio. We will also send out one of our calls from the center. Client sheets need to be updated every few years; please fill out a new one so we can confirm we have your updated information. 2025 forms are available at the front desk. Hope to see you all at the Henry County Senior Center!

Sandy Schlosser
Nutrition Manager

Ann Like
Program Director

Angie Thomas
Receptionist

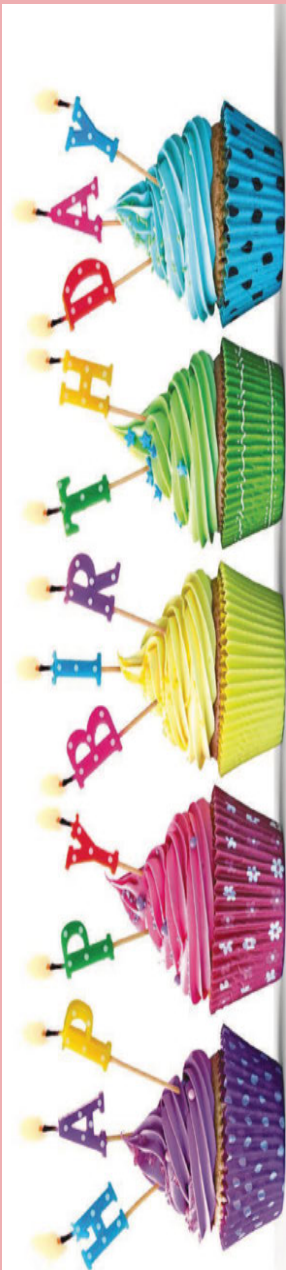


SOUP & CHILI COOK OFF

Friday, February 7, 2025

Calling out to all our amazing cooks, we need your help! Enter our SOUP & CHILI COOK OFF. Winner will receive a prize and bragging rights for "best soup chef" of the year! You will need to sign up at

the front desk by 2-3-25 to be entered into the competition. Soups will need to be in crock pots and be at the senior center by 11:00am on the day of judging. Even if not entering, come that day for our fun Super Bowl Party & BINGO.



- | | | | |
|-----------------------|-------------------------|-------------------------|------------------------|
| 1 Desgrange, Rolland | 8 Baker, Deb | 15 Glick, Vicki | 23 Caris, Don |
| 1 Moulton, Mary | 8 Bard, Charles | 15 Robison, Susan | 23 Hefflinger, Rodger |
| 1 Bowers, Terry | 9 Lanzer, Vivian | 15 Hammon, Rita | 23 Graham, Thelma |
| 1 Wilhelm, Timothy | 9 Norden, Angela | 15 Franti, Lou | 23 Bordner, EllaJean |
| 1 Scott, Doris | 9 St. Clair, Rose | 16 McMurtrie, Evelyn | 23 Griggs, Jeff |
| 1 Volkman, Dan | 9 Denny, Marilyn | 16 Smith, Kenneth | 23 Nicholson, Diane |
| 2 Ross, Maxine | 9 Abell, Margery | 16 Zickefoose, Robert | 24 Weddelman, Bette |
| 2 Grooms, Barbara | 9 Nelson, Nancy | 16 Jones, Cathy | 24 Oberhaus, Darlene |
| 2 Williams, Delores | 9 Akeman, Mildred | 16 Bradford, Judy | 24 Yarnell, Sylvia |
| 2 Hoff, Junior | 9 Hards, Sharon | 16 Matson, Charlene | 24 Miller, Philip |
| 2 Harman, Judy | 9 Jeffers, Thomas | 16 Ooms, Gregory | 24 Osborn, Mary |
| 2 Sonnenberg, Leonard | 9 Imbrock, Nancy | 16 Bisher, Patricia | 24 Siefer, Sr., Donald |
| 2 Zickefoose, Edward | 9 Corona, George | 17 Fankhauser, Richard | 24 Rhoads, Ward |
| 2 Rohrbaugh, Darlene | 9 McMillen, Douglas | 17 Weis, Norma | 24 VonDeylen, John |
| 2 Marihugh, Betty | 9 Lindsay, Kimberly | 17 Kruse, Pam | 24 Hofacker, Ricky |
| 2 Schmidt, Tamara | 9 Snyder, Dennis | 17 Golden, Jim | 25 Steinke, Patricia |
| 3 Cillitto, Maresta | 10 Eis, Sally | 18 Reese, Marlus | 25 Wiemken, Rose |
| 3 Dennie, Karen | 10 Ingram, Elaine | 18 Dickes, Carolyn | 25 Hoeffel, John |
| 3 Kedocia, Geraldine | 10 Hammon, Fred | 18 Ruffier, Marilyn | 25 Brison, Dorothy |
| 3 Steele, Debra | 10 Gonzalez, Carmen | 18 Bechtol, Nannette | 26 Houck, Marilyn |
| 4 Brown, Carole | 10 Tovar, Susan | 18 Damman, Sandy | 26 Houck, Helen |
| 4 Busch, Marie | 11 Scholl, Wanda | 18 Ernske, Connie | 26 Hoff, Minnie |
| 4 Hale, Sandy | 11 Ruby, Rex | 18 Inselmann, Robin | 26 Weber, Milo |
| 4 Perry, Barbara | 12 McBride, Luetta | 19 Hoy, Betty | 26 Atkinson, Lowynn |
| 4 Sweinhagen, Karen | 12 Joseph, James | 19 Franz, Gary | 26 Miller, Barbara |
| 4 Waisner, Deborah | 12 Meyer, Jerry | 19 Geahlen, Frances | 27 Showman, Marlene |
| 4 Collins, Peggy | 12 Bowers, Mary | 19 Austermiller, John | 27 Borstelman, Russell |
| 5 Bernicke, James | 12 Wenner, Phyllis | 19 Hardy, Raymond | 27 Lather, Diana |
| 5 Hoffman, Judith | 12 Davis, Michael | 19 Butler, Debra | 27 Szozda, Joseph |
| 5 Blosser, Dianne | 13 Prather, Donald | 20 VonDeylen, Janet | 27 Fraker, Jayne |
| 5 Behrman, Robert | 13 Hayes, Sonia | 20 Tate, Ralph | 27 Sotnyk, Ted |
| 6 Gerken, Lois | 13 Coressel, Carol | 20 Basinger, Roger | 27 Bortz, Tim |
| 6 Detmer, Karen | 13 Engel, Rick | 20 Ohlrich, James | 28 Swearingen, Ruth |
| 6 Hornish, Thom | 13 Pfahlert, Rick | 20 MacDonald, Paul | 29 Bost, Marlene |
| 7 Cotter, Judith | 13 Brandt, Pam | 20 Burkhart, James | 29 Gerken, Susan |
| 7 Snyder, Patricia | 14 Schwiebert, Margaret | 20 Shaffer, Consolation | |
| 7 Wisniewski, Becky | 14 Hinton, Will | 21 Volkman, Janet | |
| 7 Fritz, Cindy | 14 Alafa, Alicia | 21 Holmes, Sue | |
| 7 Hammad, Linda | 14 Hoffman, Susan | 21 Rose, Mark | |
| 8 Fick, Josephine | 14 Goldsmith, Lynnette | 22 Bell, Albert | |
| 8 Meyer, Marilyn | 15 Sugg, Janet | 22 Allen, Jean | |
| 8 Smith, William | 15 Knepley, Janice | 22 Haas, Raymond | |
| 8 Arps, Edward | 15 Fisher, David | 23 Gerken, Julian | |
| 8 Raker, Victoria | 15 Tejkl, Joan | 23 Hogrefe, Franklin | |

DONATION WISH LIST

- Postage Stamps,
- Chocolate,
- Candy,
- Powdered Coffee Creamer,
- Antibacterial Wipes,
- Air Freshener Spray,
- Tissues,
- Paper Towels,
- New Puzzles
- Unopened



Tech Help with Joe

Joe Burgei from NOCAC will be here **Tuesday, February 11th & Thursday, Feb. 27th** to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe will typically be here on the 2nd Tues. & 4th Thurs. of each month.

Thank You for your Support!!

Thank You

Henry County Health Department
HCSC Advocate Group
Jane Crandall
Immanuel Lutheran Church, Deshler
St. Peter Lutheran Church, Holgate
Beltone Hearing Center
Bridge Home Health/Hospice-Bingo Sponsor
Vancrest Health Care Center-Bingo Sponsor
Genacross Lutheran Services-Meal & Bingo Sponsor
Northcrest Nursing & Rehab-Bazaar Meal & Bingo Sponsor
Henry County Hospital-Bday Bash Meal Sponsor
Food Boxes-Paul Heddaeus, Judy Morua & Jeff Mires
Becky Mansfield & Sheila Vajan -Bingo Callers

Donations

Helen Witte, Ann Kuczowski, Agnes Skiver, Dave Helberg, Julian & Carol Gerken, Martin & Kyra Verni, Barb Dancer, Herb Riggs, Sandy Schlosser, Joanie Hardesty, Donna McGhee, Dawn Leitner, Vivian Theisen, Rita Small, Barb Nye, Phyllis Crawford, Roger Sell, Lynn Knipe, Frances Aderman, Janet Foxe, Barb Dancer, Betty Marihugh, Vivian Lanzer, Donna Bankey

Newsletter Mailing Volunteers

Diana Rhodes, Janet Foxe, Beth Cook, Jean Knipp, Kathy Norden, Deb Baker, Betty Marihugh, Linda Dickey, Diana Kruse, Deb Baker, Jan Westhoven, Marybeth McClure, Fran Buckley, Joanie Hardesty, Marg Abel

HEAP is a federally funded program managed by the Ohio Department of Development. It is designed to help income eligible consumers with heating costs. Benefit amounts vary and are determined by the following criteria: household income, number of people in the home, type of heating source, disabled resident, 60 years of age or older, federal funding levels & geographic regions.

For more information & to see if you qualify contact: Ohio Department of Development, Energy Assistance Program online at www.energyhelp.ohio.gov Northwest Ohio Community Action Commission (NOCAC) 419-219-4641 is also available with help in the application process.



In February we will be holding three Community Meetings. This is your opportunity to voice opinions on the programming and services we provide at the senior center. We are focused on improving and expanding our services to better serve the needs of our community. We would appreciate your input! Please plan to attend one or all of the following meetings:

Mon. February 10th at 11:00am

Wed. February 19th at 11:00am

Tues. February 25th at 11:30am



NW Ohio Senior Services will once again be providing tax assistance at The Henry County Senior Center, to Henry County residents who are over the age of 60 and are low to moderate income below \$67,000.00.

We do not charge, but **donations** will be accepted. Appointments will be scheduled on Mondays and Tuesdays only. Starting in February. Call 419-599-5515 to schedule your appointment.

Please bring the following to your appointment:

- *Driver's License
- *Social Security Card
- *2023 Tax Returns
- *2024 Tax Documents
- *Bank Account & Routing Numbers

Thursday, February 13th help us celebrate Galentine's Day by learning how to make coffee filter flowers. The event is free. Crafting in the art room begins at 10:30am. Please sign up at the front desk.

After the craft class stay and enjoy a sponsored lunch & BINGO by Northcrest Rehab and Nursing Center.



LET YOUR CREATIVITY FLOW



The Soaring Arts Studio will be here on **Thursday, February 27th** at 10:30AM. They will have several projects lined up including: Reverse Coloring, Black-Out Poetry, & Dot Mandalas. All projects will be guided and are designed to promote creativity in a no-pressure, relaxing environment. Sign up at the front desk.



WATERCOLORS WITH SHIRLEY

Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated. Class is typically offered on the 1st & 3rd Wednesday of the month at 10:00am.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Make some greeting cards with Deb. This class will be held on the 3rd Thursday of the month at 10:30am in the Art Room. Registration is required. Cost \$7.00

EXERCISE CLASSES



CARDIO DRUMMING

Tuesdays at 10:30
Thursdays at 8:30
Fridays at 10:00

EXERCISE WITH CAROL

Mondays at 10:00
Wednesdays at 10:00

YOGA VIDEO

Wednesdays at 12:45

TAI CHI VIDEO

Fridays at 12:45



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"

CHAIR ASSISTED YOGA WITH HEATHER

Thursdays at 3:20

BALANCE & STRETCH WITH ANN

Tuesdays at 1:00



LINE DANCING WITH LINDA

Thursdays at 9:30


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 FEBRUARY	4	5	6	7 SPONSORED MEAL Super Bowl Party Soup Cook Off 
8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 12:30 Advocate Mtg. 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 HCHD BP Checks 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre 3:20 Chair Yoga/Heather	8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball 
10	11 Nat. Visit a Shut-In Day	12	13 SPONSORED MEAL	14 Valentines Day 
8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Community Mtg. 2:00 Pickleball	8:00-9:00 Walking/Gym 9:00 Tech Help with Joe Appt. Required 10:00 Caregiver Group 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 1:00 Quilt Class 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Coffee Filter Flowers 12:00 Northcrest Meal/ BINGO Sponsor 1:10 Euchre 3:20 Chair Yoga/Heather 	8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
17 CENTER CLOSED	18	19	20 Nat. Comfy Day	21 Nat. Caregiver Day
	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 12:30 BINGO/Vancrest 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 Community Mtg. 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Card Making \$7 12:30 Euchre 3:20 Chair Yoga/Heather	8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:30 Cornhole 2:00 Pickleball 
24	25	26 SPONSORED MEAL	27	28
8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:30 Community Mtg. 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash- Henry Co. Hospital 12:30 BINGO/Bridge Home Health-Hospice 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe Appt. Required 9:30 Line Dance/Linda 10:30 Soaring Arts Studio-Relaxation Art  12:30 Euchre 3:20 Chair Yoga/Heather	8:00-9:45 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

FEBRUARY 2025 Lunch Menu

Drive Through
Congregate & MOW
Suggested Donation
\$3.00 (60 & over)

Dine-In for guests etc.
(under 60)
\$ 6.00

- Menu meal served daily 12:00 - 12:30 p.m. - **RSVP by 2:00pm the day before - 419-599-0033.** We cannot guarantee meals for those who do not RSVP.
- **MOW - PLEASE CALL 419-599-0033 BY 7:00 A.M. TO CANCEL OR CHANGE A MEAL.**
- To inquire about ingredient content, please call the Senior Nutrition program.
- 2% Milk is served daily.
- Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed.
- No eligible person 60 or over shall be denied a nutrition service because of failure to contribute all or part of the suggested donation for that service. All donations are kept confidential.
- Turkey & Cheese Sandwich is available to replace main entrée of a meal, if ordered 24 hours in advance.
- Chef Salad is available to replace a hot meal, if ordered 24 hours in advance.
- **Menus may change due to availability of certain foods.**
- Drive through meals are available from 11:00 - 11:30 a.m. at the East side of the Senior Center Building KITCHEN DOORS on Monday, Tuesday, Thursday and Friday. Wednesday meal may be picked up on Tuesday.
- **Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment will be performed prior to receiving meals.**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 SPONSORED MEAL
Grilled Chicken Fettuccine Alfredo w/ Vegetables Peas & Carrots Mandarin oranges	Beef Burrito Stewed Tomatoes Fiesta Corn Fruited Peach Jello	Bratwurst & Sauerkraut Scalloped Potatoes Cheese Cubes Celery Sticks w/ Peanut Butter Peach Crisp	Lasagna California Blend Vegetables Garlic Bread Grape Salad	Turkey & Noodles Mashed Potatoes Italian Green Beans Apple Waldorf Salad
10	11	12	13 SPONSORED MEAL	14
Pork Chop w/ Mushroom Gravy Brussel Sprouts Cheesy Potatoes Applesauce	Creamed Chicken with Buttermilk Biscuit Peas & Carrots String Cheese Cherry Crisp	Cheeseburger Cook's Choice of Potatoes Three Bean Salad Mixed Fruit	Breakfast Bake w/ Gravy Sausage Patty Warm Apples Fruit Juice	Sloppy Joe Sandwich Green Beans Tatar Tots Cherry Jello Salad Valentine Cookie
17 CENTER CLOSED	18	19	20	21
	Salisbury Steak Stewed Tomatoes Baby Baker Potatoes Applesauce	Pulled Pork Sandwich Scalloped Potatoes Peas & Carrots Mandarin Orange Salad	Meatloaf Mashed Potatoes w/ Gravy Buttered Corn Peaches	Stuffed Chicken Breast Broccoli, Rice & Cheese Casserole Red Skin Potatoes Ambrosia Salad
24	25	26 SPONSORED MEAL	27	28
Cabbage Roll Green Beans Mashed Potatoes Sour Cream & Chive Mixed Fruit	Chicken Salad on Wheat Bread Pea Salad Potato Salad String Cheese Pears	Spaghetti California Blend Vegetables Cole Slaw Grapes Cong: Birthday Cake	Chipped Beef Gravy over Bread Glazed Carrots Cottage Cheese Pineapple MOWS: Birthday Cake	Dinner Ham Sweet Potatoes Green Beans Orange Dreamsicle Dessert



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, February 24th at 11:00am in the Conference Room.



3.14 PIE BAKING COMPETITION

Friday, March 14th

We are having our third annual pie baking competition. Bring in a pie or 2 and enter our contest. The winner will receive bragging rights and a prize! Please sign up at the front desk by 3/7/24. Your pie needs to be at the HCSC by 10:00am on the day of judging to be in the contest. Slices of pie will be available for purchase that day.

Hearing Aid Cleanings & Checks

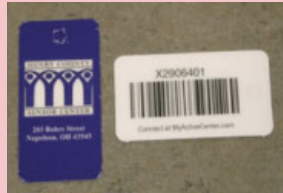


Beltone Hearing Center of Defiance comes monthly to our senior center and is available for hearing aid cleanings & checks. They offer a walk in clinic one day a month. There is no date scheduled for February. This service will resume in March.

ADVANCED PICKLEBALL—Mon, Wed & Fri 8:00-9:45

PICKLEBALL— Mon, Tues, Wed & Fri 2:00-4:00

Interested in a pickleball lesson? Contact the front desk and we will set one up for you!



Please remember to sign in daily on our computer and check all the activities you are participating in. This greatly helps us accurately account for the use of our facility. It also helps us notify you if a particular class or group is cancelled for the day.

If you need assistance with the computer, or need a log in card; please see the front desk. Thank you!

MONTHLY FOOD BOX of Northwest Ohio

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, February 26, 2025**. Please call SeaGate at 419-244-6996 for information on the enrollment process.



WOODSHOP

Come check out our woodshop! Interested in helping out in the shop? We are in need of some woodshop mentors. Contact us for more information.

TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.





NOON YEARS EVE!

AT THE HENRY COUNTY SENIOR CENTER



GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The February meetings will be held on Friday the 7th & 21st at 11:00am.

ALZHEIMER'S ASSOCIATION

The Alzheimer's Association can provide support, guidance, coaching and education for individuals and families impacted by Alzheimers and Dementia. The associations 24/7 help line is 800-272-3900. If interested in a care consultation please call Dakota Stone at 567-302-3608.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, February 11th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

Hollywood Casino Days-Wednesdays April 2nd, May 14th, June 18th / 9:00am to 3:30pm. Cost \$15 includes transportation. Lunch at the casino is at your own expense. **Registration is on going.**

Valentine's Day Movie, Defiance-Fri, Feb. 14th / 12:30 to 6:00pm. Cost \$15 includes ticket & transportation. We will have dinner after the movie at Dark Horse Social Club, your meal will be at your own expense. **Registration began in December.**

Darci Lynne, Ventriloquist from Americas Got Talent, Maumee Theater-Friday, March 7th/ 3:00pm to 11:00pm. Cost \$42 includes ticket & transportation. Dinner will be at your own expense at Dale's Bar & Grill. **Registration begins February 3rd.**

Car Caravan to Amish Country, Dutch Host Inn, Sugarcreek-March 12th-13th. Cost \$100pp in a 4-passenger car. Driver is free. You and your roommate will share one night at Dutch Host Inn. Dinner at Hans' Place & Mrs. Yoder's Kitchen plus much more. You will receive a coupon book for lots of goodies at several different businesses, stop by the Senior Center for the complete list. **Registration began in December.**

"Menopause II" The Musical, Niswonger in VanWert-Wed, March 26th / 4:00pm to 11:00pm. Cost \$80. Dinner will be at your own expense at Dick's Steak House in Kalida. **Registration began in December.**

Millbury Classic Car & Truck Museum-Thursday, April 10th / 9:00am to 3:00pm. Cost \$20 includes ticket & transportation. Dinner will be at your own expense, at the Speedtrap Diner. **Registration begins Feb. 20th.**

Louisville Kentucky- April 22nd-25th / Cost \$796.00 pp based on double occupancy. Package includes 3 night hotel accommodations, 3 breakfasts, 3 dinners, Belle of Louisville Dinner Cruise, Derby Down Dinner Theater, Tour of Churchill Downs Racetrack, Old Kentucky Home State Park, Mark Distilleries, Mega Tram Cavern Tour, Spirit of Bourbon Trolley Tour, Louisville Slugger Museum, Frazier Historical Museum, Glassworks Museum, & MORE. Registration begins January 8th with a down payment of \$400. Final payment of \$396 will be due by March 10th. Travel insurance is highly recommended, for information go to www.seniorexcursionsinc.com or call 1-800-243-3174 for insurance pricing. **Registration began in January.**

"Come From Away", Findlay-Thursday, May 1st / 4:00pm to 11:00pm. Cost \$90. Dinner will be at your own expense, location to be determined. **Registration began in January.**



Michael Cavanaugh Christmas Show & Nite Lites at Michigan Speedway



If a trip is full, always put your name on the wait list in case we have a cancelation or expand the trip.

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging. Please refer to the trip book for a description of the levels and each trip flyer for the level that particular outing is rated.

Effective September 1, 2024 all credit card transactions will be subject to a transaction fee.
\$0-\$50=\$2.00 Fee, \$51-\$100=\$4.00 Fee, Over \$100=4% Fee



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Diane Harmon
Realtor®



219 W. Clinton St.
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Office: 419-592-3741
Cell: 419-966-1864
Email: buzzdkh@gmail.com



PRIMARY CARE FOR THE WHOLE FAMILY

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419-592-1071 | HenryCountyHospital.org



**Henry County
Transportation
Network**
419-592-8726



Ohio Relay Number:
1-800-750-0750

1805 Oakwood Avenue—Napoleon, OH 43545

PUBLIC TRANSPORTATION

Operating 7 days a week with limited weekend and evening transportation availability.

See our Rider Guide and website for more details.
www.henrycountyohio.gov



VANCREST
Holgate

*Care Is Our
Mission Statement*

600 Joe E Brown Ave, Holgate OH

www.vancrest.com

(419) 264-0700 Ask for Lea



NORTHCREST
REHAB & NURSING CENTER

240 Northcrest Dr.
Napoleon, OH 43545
419-599-4070



Local, Nonprofit, Available 24/7

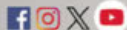
Archbold Defiance
419-445-5128 419-782-5411
www.ComHealthPro.org



**HENRY COUNTY
HEALTH
DEPARTMENT**

Henry County Health Department
Inspiring Better Choices for Health

1843 Oakwood Ave.
Napoleon, OH 43545
419-599-5545
www.henrycohd.org



- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data
- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations
- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- Water Testing

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Assistant Receptionist, Sally Bissell
Custodians: Peg Adams, Donna Bankey
Exercise Instructors: Carol Gerken Lones, Emily Beck, Heather Miller Klingler
Volunteer Dance Instructor: Linda Warren
Volunteer Art/Craft Instructors: Beth Cook, Shirley Starr
Volunteers/Assistants:
Dick Beck, Beth Cook, Art Germann, Karen Germann, Jan Heddaeus, Paul Heddaeus,
Dawn Leitner, Betty Marihugh, Donna McGhee, Linda Rettig, Rita Small, Deb Wensink
Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee



SENIOR NUTRITION PROGRAM 419-599-0033

Senior Nutrition Manager, Sandy Schlosser
Senior Nutrition Head Cook, Vicky Badenhop
Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman
Dish Room: Bill Hatcher, Don Hill
Volunteer Kitchen Assistants: Jeanette Okuley, Pam Schwiebert
Meals on Wheels Drivers: Rick Arps, Jordan Kline, Carla Lambert,
Madison Moore, Gayla Rohrs, Kris Seeman, Martin Verni, Mike Whitman



The Henry County Senior Center is funded by: Henry County Senior Levy, Donations,
The Area Office on Aging of Northwest Ohio, & HCSC Advocates.