

## Golden Age News

203 Rohrs Street  
Napoleon, OH 43545  
419-599-5515

[www.henrycountyseniorcenter.com](http://www.henrycountyseniorcenter.com)



### JANUARY HOURS

Monday 8AM—7:00PM  
Tues.-Fri. 8AM—4PM



NW Ohio Senior Services will once again be providing tax assistance at The Henry County Senior Center, to Henry County residents who are over the age of 60 and are low to moderate income below \$67,000.00. We do not charge, but **donations** are welcome.

Appointments will be scheduled on Mondays and Tuesdays only. To schedule your appointment call 419-599-5515.

### Please bring the following to your appointment:

- \*Driver's License
- \*Social Security Card
- \*2024 Tax Returns
- \*2025 Tax Documents
- \*Bank Account & Routing Numbers

# Henry County Senior Center

*"To empower and inspire older adults to thrive in all aspects of their lives"*

## FEBRUARY 2026

Dear Friends,

As we welcome the month of February, we are reminded that even in the heart of winter, there is so much warmth to be found in kindness, friendship, and community. With Valentine's Day just around the corner, this month gives us a special opportunity to celebrate caring connections, gratitude, and the joy of spending time with one another. At the Henry County Senior Center, those connections are what make our center such a meaningful and welcoming place.

During the winter months, taking care of our health and well-being is especially important. We encourage everyone to stay active, stay warm, and take advantage of the programs and activities designed to support winter wellness—both physically and socially. Whether you're joining an exercise class, participating in a group activity, or simply stopping by for conversation and laughter, every visit helps strengthen our sense of community.

Thank you for being such a valued part of the Henry County Senior Center family. Your presence, participation, and support make a difference every day. We look forward to sharing a February filled with friendship, wellness, and plenty of heartfelt moments together.

Warm wishes,

Angela



### GAME DAY PARTY

**Friday, February 6th at 11:30 AM**

Join us for Games, Food, Fun & BINGO.

Sponsored Meal & BINGO-Brought to you by  
Genacross Lutheran Services



Wear your favorite team colors!



## **DONATION WISH LIST**

Postage Stamps,  
Decaf. Coffee,  
Chocolate,  
Candy,  
Powdered Coffee  
Creamer,  
Antibacterial  
Wipes,  
Tissues,  
Paper Towels,  
New Puzzles

1 Volkman, Dan	9 Walker, Donald	17 Fankhauser, Richard	25 Hoeffel, John
1 Cole, David	9 Nelson, Nancy	17 Weis, Norma	25 Whitford, Selena
1 Rowell, Laura	9 Akeman, Mildred	17 Kruse, Pam	26 Houck, Marilyn
2 Ross, Maxine	9 Hards, Sharon	17 Golden, Jim	26 Fritz, Sharelle
2 Grooms, Barbara	9 Jeffers, Thomas	18 Reese, Marlus	26 Weber, Milo
2 Williams, Delores	9 Parker, Debera	18 Dickes, Carolyn	26 Atkinson, Lowynn
2 Hoff, Junior	9 Corona, George	18 Cahill, Jacqueline	26 Miller, Barbara
2 Harman, Judy	9 McMillen, Douglas	18 Bechtol, Nannette	26 Adams, Peggy
2 Briones Jr., Benigno	9 Snyder, Dennis	18 Short, Denise	27 Showman, Marlene
2 Sonnenberg, Leonard	10 Ingram, Elaine	18 Ernske, Connie	27 Borstelman, Russell
2 Zickefoose, Edward	10 Ducat, Patsy	18 Inselmann, Robin	27 Fraker, Jayne
2 Rohrbaugh, Darlene	10 Hammon, Fred	19 Hoy, Betty	27 Sotnyk, Ted
2 Marihugh, Betty	10 Schink, Susan	19 Franz, Gary	27 Bortz, Tim
2 Schmidt, Tamara	10 Gonzalez, Carmen	19 Geahlen, Frances	27 Robinett, Sally
3 Cillitto, Maresta	10 Orr, Danny	19 Hinojosa, Eudolio	28 Swearingen, Ruth
3 Dennie, Karen	10 Tovar, Susan	19 Butler, Debra	28 Mueller, Charles
3 Steele, Debra	11 Scholl, Wanda	19 Conklin, Tami	29 Bost, Marlene
4 Busch, Marie	11 Wilhelm, David	20 VonDeylen, Janet	29 Cameron, Karen
4 Hale, Sandy	11 Ruby, Rex	20 Basinger, Roger	29 Walker, Julie
4 Perry, Barbara	12 McBride, Luetta	20 Ohlrich, James	29 Gerken, Susan
4 Sweinhagen, Karen	12 Joseph, James	20 Weaver, Jean	29 Guinn, James
4 Waisner, Deborah	12 Meyer, Jerry	20 MacDonald, Paul	
4 Collins, Peggy	12 Wenner, Phyllis	20 Burkhart, James	
4 Brown, Pamela	13 Hayes, Sonia	20 Shaffer, Consolation	
5 Bernicke, James	13 Engel, Rick	21 Volkman, Janet	
5 Hoffman, Judith	13 Pfahlert, Rick	21 Hoffman, M Sylvia	
5 Blosser, Dianne	13 Brandt, Pam	21 Rose, Mark	
5 Behrman, Robert	14 Alafa, Alicia	22 Bell, Albert	
6 Detmer, Karen	14 Hoffman, Susan	22 Allen, Jean	
7 Cotter, Judith	14 Goldsmith, Lynnette	22 Haas, Raymond	
7 Knick, Lynesa	14 Barringer, Terry	23 Gerken, Julian	
7 Wisniewski, Becky	15 Sugg, Janet	23 Hogrefe, Franklin	
7 Kiessling, David	15 Mohring, Wayne	23 Caris, Don	
7 Fritz, Cindy	15 Fisher, David	23 Hefflinger, Rodger	
7 Hammad, Linda	15 Tejkl, Joan	23 Graham, Thelma	
8 Arps, Edward	15 Prigge, Rory	23 Bordner, EllaJean	
8 Raker, Victoria	15 Hammon, Rita	23 Griggs, Jeff	
8 Miesner, Frederick	15 Franti, Lou	24 Eitzman, Sonya	
8 Baker, Deb	16 McMurtrie, Evelyn	24 Osborn, Mary	
8 Bard, Charles	16 Smith, Kenneth	24 Rhoads, Ward	
8 Thaxton, Cynthia	16 Zickefoose, Robert	24 VonDeylen, John	
9 Norden, Angela	16 Jones, Cathy	24 Hofacker, Ricky	
9 Denny, Marilyn	16 Mohring, Kathy	25 Steinke, Patricia	
9 Abell, Margery	16 Ooms, Gregory	25 Wiemken, Rose	



We will be holding our annual pie baking competition on Friday, March 13th. Sign up today! Pies need to be at the center on 3/13/26 by 10:00am on the day of judging.

## **Tech Help with Joe**

Joe Burgei from NOCAC will be here **Thursday, February 26th** to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe is typically here on the 4th Thurs. of each month.



# Thank You for your Support!!

## Thank You

HCSC Advocate Group

Genacross Lutheran Services-Meal & Bingo Sponsor

Northcrest Nursing & Rehab- Meal & Bingo Sponsor

Bridge Home Health/Hospice-Bingo Sponsor & Ask Nurse

Vancrest Health Care Center-Bingo Sponsor

Henry County Hospital (Feb)-B Day Bash Meal Sponsor

Immanuel Church, Deshler & St. Peter Church, Holgate

Henry County Health Department, Care 360 Hospice,

Soaring Arts Studio, NOCAC, Maumee Valley Guidance,

Lutheran Church Charities, Napoleon City Schools, AOoA

## Newsletter Mailing Volunteers

Janet Foxe, Beth Cook, Linda Dickey, Diane Rhoades,

Marybeth McClure, Marge Abel, Kathy Norden, Betty

Marihugh, Teresa Kiessling, Sandy Foreman

## Donations

John & Mary Jane Kline, Betty Marihugh, Barb Dancer, Paula Moore, Bette Lighthill, Linda Maxey, Janet Foxe, Dave & Karen Saneholtz, Helen Witte, Dee Williams, Sharon Haas & several anonymous donors.

**Thank you to our Christmas Elves** for putting up and tearing down our Christmas Trees: Judy Korak, Phyllis Crawford & Karen Reiser

Struggling to pay for home repairs, rent, heating bills, etc.? Give the following organizations a call to see if they can help.

\* Northwest Ohio Community Action Commission 419-599-2481

\* Maumee Valley Planning Organization 419-784-3882



## 2026 CLIENT REGISTRATION FORMS ARE AVAILABLE

When did you last filled out a registration form? **We need an updated form every four years in order for you to continue to receive our newsletter by mail and for your name to appear on the birthday list.**

2026 Registration forms are available at the front desk.

## AREA OFFICE ON AGING

Dr. Tina Williams, Ed.D, MBA, BA Director of Community Engagement from the Area Office on Aging of Northwestern Ohio, Inc. will be visiting us on **Thursday, February 12th at 11:00am**.

Dr. Williams presentation will consist of an overview of the Area Office on Aging's programs, resources, and services available to older adults and caregivers.



## National Consumer Protection Week

March 1st-7th

**Join us Thursday, March 5th at 11:00am**

Amy Carles from the Office of the Ohio Consumers Council will be here to educate us on consumer rights and how to avoid frauds and scams.



## WOODSHOP NEWS

Come check out our woodshop! Interested in helping out in the shop or learning to make a wood crafted item? Contact us for more information.



## TRANSPORTATION SERVICES

Transportation services are available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments.

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Call 419-592-8726 to schedule your ride.



## LET YOUR CREATIVITY FLOW

### **FEBRUARY CRAFT CLASSES**

#### **Valentine Decoration**

February 10th @ 11:00AM



Please sign up and pay \$5.00 for this class at the front desk.



#### **WATERCOLORS WITH SHIRLEY**

Registration is required for this class. Class is offered on the 1st & 3rd Wednesday of the month at 10:00am. **Please register and pay \$2.00 per class at the front desk.**



#### **QUILTING WITH BETH**

Come quilt with us! **Every Tuesday** from 1:00pm to 3:00pm in the Art Room. All skill levels are welcome!



#### **CARD MAKING WITH DEB**

Make some greeting cards with Deb. This class is generally held monthly on a Thursday in our Art Room. Next class February 19th at 10:30. Please register and pay at the front desk.

## EXERCISE CLASSES

### **CARDIO DRUMMING**

Tuesdays at 10:00  
with Emily

Thursdays at 8:30

Fridays at 10:00



### **WARRIOR Rhythm ROOTS WITH MELISSA**

Come check out this low impact, yoga style class.

**TWO CLASSES A WEEK**



Monday at 11:00am & Fridays at 11:00am



### **BALANCE & STRETCH WITH ANN**

Tuesdays at 1:00pm



**LINE DANCING WITH LINDA**  
Thursdays at 9:30

### **PICKLEBALL**

#### **MORNING PICKLEBALL**

Mon, Tues, Wed, & Fri.

8:00AM to 9:50AM

#### **AFTERNOON PICKLEBALL**

Monday through Friday

Every Afternoon (see calendar for time)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 February	3	4	5	6 <b>SPONSORED MEAL</b>
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Soaring Arts Pottery Class 11:00 Rhythm & Roots <b>12:45 On the Road Mtg.</b> 1:00-5:20 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming 10:30 Bible Study <b>12:45 Advocates Mtg</b> 1:00 Balance Exercises / Ann 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor Class / Shirley <b>10:45 "Damascus"</b> <b>Comfort Dog Visit</b> 11:00 HCHC BP Checks 12:45 Chair Yoga Video 1:00 Cards/Games 1:00 Pickleball	8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre 1:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Cardio Drumming 9:45 Ping Pong 11:00 Grief Group 11:00 Rhythm & Roots 11:45 Superbowl Games <b>12:00 Genacross/ Meal &amp; BINGO Sponsor</b> 1:30 Pickleball
				
9	10	11	12 <b>SPONSORED MEAL</b>	13
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Rhythm & Roots <b>12:30 Vancrest/BINGO Sponsor</b> 1:00-5:20 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming 10:00 Craft Class 10:00 Caregiver Group 10:30 Bible Study 1:00 Balance Exercises / Ann 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol <b>10:45 "Jack"</b> <b>Therapy Dog</b> 11:00 Alzheimer's Group 11:00 Soaring Arts 12:45 Chair Yoga Video 1:00 Pickleball	8:30 Cardio Drumming 9:30 Line Dance/Linda 11:00 <b>AOoA</b> <b>Presentation Dr Tina Williams</b> <b>12:00 Northcrest/ Meal &amp; BINGO Sponsor</b> 1:15 Euchre 1:30 Pickleball	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 12:45 Tai Chi Video 1:00 Pickleball
16 Center Closed	17	18	19	20
	8:00-9:50 Pickleball 10:00 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises / Ann 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor Class /Shirley 12:45 Chair Yoga Video 1:00 Pickleball	8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Card Making / Deb 12:30 Euchre 1:00 Pickleball	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 11:00 Grief Group 12:45 Tai Chi Video 1:00 Pickleball
				
23	24	25 <b>SPONSORED MEAL</b>	26	27
8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Soaring Arts Pottery Class 11:00 Rhythm & Roots 11:00 Book Club <b>12:30 Veteran's Group</b> 1:00-5:20 Pickleball 4:00 Euchre	8:00-9:50 Pickleball 10:00 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises / Ann 1:00 Quilt Class 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol <b>10:15 "Ask a Nurse"</b> 11:00 HCHD BP Checks 11:15 Music w/ Jenna & Vanessa <b>11:45 B Day Bash Meal Sponsored by Henry County Hospital</b> <b>12:15 Cardiac Rehab Presentation Henry County Hospital</b> <b>12:30 BINGO/Bridge Home Health Hospice</b> 12:45 Chair Yoga Video 1:30 Pickleball	8:00 Tech Help /Joe 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre 1:30 Pickleball	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Rhythm & Roots 12:45 Tai Chi Video 1:00 Pickleball

# February 2026 Lunch Menu

MOW & Congregate  
Suggested Donation  
\$3.00 (60 & over)

Dine-In Guests  
(under 60)  
\$ 6.00

MOWs are delivered on Mondays, Tuesdays, Thursdays & Fridays. Wednesday's meal is delivered with Tuesdays meal. Meals are delivered between 10:30am and 1:30pm based on your location in the route you are assigned.

The suggested donation is \$3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send your donation back with your driver, mail it in, or pay online on our website.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace Hot Meals, Turkey & Cheese Sandwiches are available to replace the main Entrée of a Meal. All substitutions need to be made by 7:00AM. 2% Milk is served daily.

**MOW - PLEASE CALL 419-599-0033 BY 7:00AM. TO CANCEL OR CHANGE A MEAL.**

To inquire about ingredient content, please call the Senior Nutrition Manager.

Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the east kitchen door. Meals must be ordered by 7:00 AM. No meal PU on Wednesdays.

**Menus may change due to availability of certain foods.**

**Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment must be completed to determine eligibility prior to receiving meals.**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 SPONSORED MEAL
Chicken Cordon Bleu Red Skin Potatoes Peas & Carrots Peaches	Maple Pancakes Sausage Patty Hashbrown Potatoes Baked Apples Fruit Juice	Grilled Chicken Sandwich Ranch Green Beans Cottage Cheese Pineapple	Meatloaf Mashed Potatoes w/Gravy Buttered Corn Cherry Crisp	Dinner Ham Sweet Potatoes California Blend Veggies Mandarin Orange Salad Rice Krispy Square
9	10	11	12 SPONSORED MEAL	13
Bone in Pork Chop w/Gravy Spanish Rice Carrots Grapes	Baked Potato w/Cheese Sauce Broccoli Beef Stick V-8 Juice Peaches	Ham Salad Sandwich on Wheat Bread Pea Salad Potato Salad Mandarin Oranges	Turkey & Noodles Mashed Potatoes Mixed Vegetables Watergate Salad Cookie	Hot Beef Sandwich Tator Tots Green Beans Cole Slaw Blushing Pears Cookie
16 Center Closed	17	18	19	20
	Poppy Seed Chicken & Rice Casserole Peas California Blend Veggies Apricots	Macaroni & Cheese Stewed Tomatoes Mixed Vegetables Mixed Fruit	Lasagna Brussel Sprouts Tossed Salad w/Ranch Dressing Garlic Bread Grapes	Egg Salad Sandwich on Wheat Bread Pea Salad Potato Salad Cottage Cheese Pineapple
23	24	25 Sponsored Meal	26	27
Salisbury Steak w/Mushrooms Harvard Beets Mashed Potatoes w/Gravy Sunshine Jello Salad	Chicken Alfredo Fettuccine Cooked Cabbage Baby Carrots Apple Waldorf Salad	Sloppy Joe Sandwich Sweet Corn Casserole Baked Beans Bag of Potato Chips Apple Sauce	Brat w/Sauerkraut German Potato Salad Ranch Green Beans Ambrosia Salad	Broccoli & Cheese Soup Saltine Crackers Carrots Beef Stick Celery Sticks Peanut Butter Cup Peaches
		Cong: Birthday Cake	MOWS: Birthday Cake	



## The Soaring Arts Studio at the HCSC for Pottery Class

Snowman Votive Candle Holders

February 2nd & 23rd at 11:00am

Fee for pottery class is \$15.00.

Sign up at the front desk.



## BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is **Monday, February 23rd** at 11:00am in the Conference Room.



If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, February 25, 2026**. Please call SeaGate at 419-244-6996 for information on the enrollment process.



### Our 4 Legged Friend Visits

**“Damascus”**

Comfort Dog Visit  
February 4th @ 10:45

**“Jack”**

Therapy Dog Visit  
February 11th @ 10:45



## CARDS & GAMES

Mahjong - Monday @ 11:00am.

Euchre - Monday @ 4:00pm & Thursday @ 12:30pm.

Hand & Foot or Three/Thirteen - Wednesdays @ 1:00pm.

Open tables for cards & games anytime!



## February is Heart Health Month

**February 25th at 12:15** join us for a presentation on heart health. Laura Brown from Henry County Hospital Cardiac Rehab Department will be presenting. Thank you to the Henry County Hospital for sponsoring the meal for the day.



## ALZHEIMER'S SUPPORT GROUP



Come join Pastor Janine Shearer and Beth Jenny for our Alzheimer's Support Group, next meeting will be **Wed, February 11th at 11:00am**. Pastor Janine & Beth have both gone through extensive training through the Alzheimer's Association. All are welcome!



During the support group the Soaring Arts Studio will be offering art projects in our art room for seniors. Caregivers will be able to bring their loved one with them, have their family member involved in an art project while the support group is going on. All seniors are welcome to attend.

## Monthly Entertainment

Jenna Schink (violin) & Vanessa Nicholas (keyboard) will be providing musical entertainment for us at our Birthday Bash Party every month. Program will start at 11:15am on the fourth Wednesday of the month.



**Next performance:**  
**Wednesday, February 25th at 11:15am**



Need some medical questions answered, home health advice, medication concerns or just need to talk. Make an appointment with Misty Schnipke, RN with Bridge Home Health and Hospice.

Misty will be at the HCSC on the fourth Wednesday of the month. Appointments will be scheduled in 15 to 30 minute increments from 10:15am to 11:30am. Misty will not be diagnosing illnesses just answering questions on generalized topics. The next sessions will be held **February 25th**. Call the HCSC to schedule your appointment.



## NOON YEARS EVE!

AT THE HENRY COUNTY  
SENIOR CENTER



### GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The February meetings will be held on **Friday the 6th & 20th at 11:00am**.



### INFORMAL VETERAN GROUP

**Monday, February 23rd at 12:30** Held on the 4th Monday of the month. Lead by Kelly Mobley Volunteer Coordinator for Care 360. Kelly retired from the Air Force in 2005 after 23 years of service. She served as a Law Enforcement Specialist, Military Training Instructor, Drug & Alcohol Counselor and Training Education Manager. She has vast knowledge of services available to veterans. The group will share experiences to offer comfort and camaraderie for those who have served. All veterans are welcome!



### CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on **Tuesday, February 10th at 10:00am**.



### BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.

Please call 419-599-5515 with any questions. Information shared is confidential.



## On the Road Again...HCSC Travel for the 60+ Crowd

**REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER.**

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

**Lunch at Nagoya Japanese Steakhouse & Levis Commons**-Thur, Feb 12th / 10:15am to 4:00pm. Cost \$10 includes your transportation. Lunch & shopping at your own expense. Level 1 of 4. **Registration began Jan 8th.**

**“The Naked Magicians”**-Fri, Feb 27th / 5:15pm to 11:00pm. Cost \$85.00 includes your show ticket and transportation. Dinner will be at your own expense at Maumee Bay Brewing Company. Level 1 of 4. **Registration began Jan 15th.**

**Toledo Museum of Art**-Wed, March 4th / 10:00am to 4:00pm. Cost \$10 covers your transportation. Museum entry fee is free. Lunch at the museum café will be at your own expense. Level 2 of 4. **Registration begins Feb 5th.**

**Stranleigh Manor House Tour on the Stranahan Estate**-Sunday March 8th / 3:00pm to 9:00pm. Cost \$25 covers the 3 hour tour and transportation. We will be going to The Log Cabin for an early dinner, which will be at your own expense. Level 3 of 4. **Registration begins February 4th.**

**Mystery Trip**-Thursday, March 26th / 8:30am to 3:30pm. Cost \$15 covers your transportation and fees. Lunch & treat stops will be at your own expense. Level 2 of 4. **Registration begins February 12th.**

**“The Music Man” Musical at the Valentine Theatre**-Mon, April 6th. 5:00pm to 11:00pm. Cost \$92 includes your show ticket & transportation. Diner will be at Manhattan’s Pub, at your own expense. Level 2 of 4. **Registration begins February 19th.**

**Toledo MudHens Baseball Game**-Wednesday, May 27th / 9:30am to 3:30pm. Cost \$30 includes your ticket, transportation and hot dog meal voucher. Level 2 of 4. **Registration begins March 26th.**

**Toledo MudHens Baseball Game**-Tuesday, June 30th / 10:30am to 4:30pm. Cost \$30 includes your ticket, transportation and hot dog meal voucher. Level 2 of 4. **Registration begins April 16th.**

**Detroit Princess Riverboat Lunch Cruise**-July 9th / 8:45am to 6:00pm. Cost \$110.00 includes your meal, boat ticket and charter bus transportation. Level 2 of 4. **Registration will begin March 5th.**

**Jimmy Buffett Musical at Cornwell’s Dinner Theatre, Turkeyville USA**-Tues, August 11th More info to come.



**\*\*\*All trip sales are final, no refunds or credits will be given once a trip reservation is made.\*\*\***

If a trip is full, always put your name on the wait list in case we have a cancelation or expand the trip.

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging, with several steps involved. Please refer to the trip book for a description of each level.

Credit Card transactions will be subject to a transaction fee.

\$0-\$50=\$2.00 Fee    \$51-\$100=\$4.00 Fee    Over \$100=4% Fee



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**PUBLIC TRANSPORTATION**

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See our Rider Guide and website for more details.  
[www.henrycountyohio.gov](http://www.henrycountyohio.gov)



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[www.ComHealthPro.org](http://www.ComHealthPro.org)



**Henry County Health Department**

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- Animal bite investigation
- Birth and death certificates
- Breastfeeding support
- Campground inspections
- Car seat checks and distribution
- Children with Medical Needs
- Communicable disease investigation
- Community health data
- Cribs for Kids
- Emergency preparedness
- Grief Recovery Method
- Health education and promotion
- Help Me Grow
- Henry County Cares
- Health improvement coalitions
- Immunizations
- Mosquito control
- Naloxone education/distribution (Project DAWN)
- Nuisance investigations
- Public pool and restaurant inspections
- School nursing
- Septic system inspection and permits
- Traffic safety (Safe Communities)
- Water Testing

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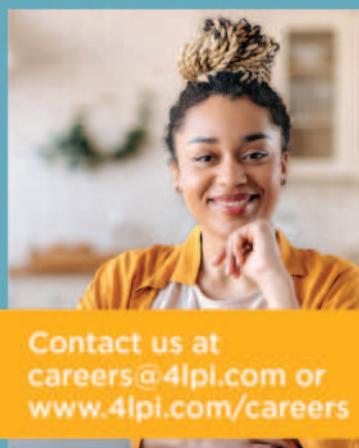


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Executive Director, Angela Sosebee

Program Director, Ann Like

Receptionist, Elizabeth Gribler

Administrative Assistant, Adrienne Waisner

Custodian: Peg Adams

Exercise Instructors: Carol Gerken Lones, Emily Beck, Melissa Tisi-Spiller

Volunteer Dance Instructor: Linda Warren

Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr, Soaring Arts Studio

Volunteers/Assistants/Group Leaders: Dick Beck, Beth Cook, Jane Crandall, Joe Distel,

Janet Foxe, Jan Franz, Karen Germann, Vicki Giesige, Jan Heddaeus, Paul Heddaeus,

Beth Jenny, Dawn Leitner, Bette Lighthill, Becky Mansfield, Betty Marihugh, Bonnie Martin,

Donna McGhee, Judy Morua, Betty Naas, Jeanette Okuley, Karla Panning, Linda Rettig,

Pastor Janine Shearer, Rita Small, Pam Schwiebert, Maryann Walden, Deb Wensink

Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee



**SENIOR NUTRITION PROGRAM      419-599-0033**

Senior Nutrition Manager, Sandy Schlosser

Senior Nutrition Head Cook, Vicky Badenhop

Senior Nutrition Assistant, Jordan Kline

Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman

Kitchen Help: Rick Arps, Bill Hatcher, Jeff Gribler

Meals on Wheels Drivers: Jeff Gribler, Jordan Kline, Carla Lambert,

Madison Moore, Amy Morman, Gayla Rohrs, Martin Verni, Mike Whitman



The Henry County Senior Center is funded by: Henry County Senior Levy,  
Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.