

# HCSC Annual Report

## FY 2016

*“To empower and inspire older adults to thrive in all aspects of their lives”*

### Henry County Senior Center- Main Location

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**Tel** 419-599-5515  
**Fax** 419-599-5525

Monday- Friday 8:00 am – 4:30 pm  
130 E. Clinton  
Napoleon, OH 43545

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## To Our Stakeholders

### Strategic Highlights

We hit the ground running, in January 2016. With the passage of the levy in November of 2015, there was much to be done to plan the new construction project. Rupp/Rosebrock of Liberty Center was put under contract as the construction manager and Technicon Design Group of Ottawa was named the architect. The four banks with the most Henry County deposits (Henry County, First Federal, Hamler State, and Corn City State Banks) were asked to work together to help finance the building project. At the same time the capital fundraising campaign continued to build community support. At the end of January, the campaign had raised \$480,800 or 32% of the \$1,500,000 goal. A capital budget request was also written and submitted to Columbus with the help of Jim Hoops, Sen. Cliff Hite, and Rep. Rob McColley to help support the capital campaign.

*Jim Hoops addressed the crowd at the June 2016 ground breaking ceremony*



In April, Sen. Hite and Rep. McColley called to let us know that the capital budget request was approved for \$400,000. Jim Hoops and I then began work on a Joint Use Agreement with Northwest State Community College, the fiduciary for the state money. This agreement will form a symbiotic bond between the HCSC and NSCC and help keep the programming at the Senior Center fresh, intelligent, and ahead of the curve.

*The 100 chairs  
filled quickly*



The groundbreaking ceremony in June, was so well attended that there was standing room only on the beautiful spring day. Many HCSC participants, elected officials, community members, and media representatives were in attendance. A new Senior Center facility is an exciting event for our whole county.

*Vice-President  
Charleen  
Snyder  
Represented  
the Trustee  
Board*





## **Financial Highlights**

The Capital Campaign for the new facility was headed up by co-chairs Jack Krueger of Liberty Center and Sue Hammer of Hamler. As of this printing, the Capital Campaign raised \$1,308,000 or 87% of the \$1,500,000 goal. I was told by our consultants that a \$100,000 pledge in Henry County was comparable to a million-dollar pledge in Ann Arbor or Detroit. Three very generous individuals stepped up to support the project at the \$100,000 level. There are still some choice naming opportunities available in the new facility. If you are interested in having your family or business name prominently displayed while helping to further the good work of the HCSC, please give me a call.

### **Capital Campaign Committee**

#### **Co— Chairs:**

Jack Krueger and Sue Hammer

#### **Members:**

Richard Beck  
Scott Buddelmeyer  
Gene Grime  
Paul Heddaeus  
Jason Maassel  
Joel Miller  
Jennifer Rohrs  
Charleen Snyder  
John Wilhelm



**Capital Campaign Donor List**

Milton Apel	Paul and Jan Heddaeus	Eric and Jennifer Rohrs
Anonymous (x10)	Henry County Bank	Rupp/ Rosebrock Construction
In Memory of Earl& Victoria Austermiller†	Cheryl Hershberger	Don Sager
Rick and Heather Bachman	Lee Hetrick	George Schliesser
Richard and Norma Beck	Joan Hill	Sandy and Bruce Schlosser
Doug and Sandy Blackwood	Ed and Mary Hoeffel	Rupert and Rita Schweinhagen
Kim Bordenkircher	Leona Hogrefe	Alva Sidle 232 Charity Fund
Scott Buddelmeyer	Jim and Deb Hoops	Steve and Penny Small
Richard and Shirley Cass	Anella Huff	O.D. and Charleen Snyder
Corn City State Bank	Monica Irelan	Snyder Auto Group
Julie Daman	Lee Jackson	The Soriano Family
Deshler Lions Club	Tim Kolhoff	In Memory of Edie Spangler†
In Memory of Cloye & Aurelia Detmer†	Kathleen McColley	Spengler's Restaurant
Eagles #4428	Linda Krauskopf & Robert Morrison	The Storch Family
Bob and Lois Ebka	Kip and Cecelia Kern	Louis and Mary Lou Streicher
Bonnie† and John Eddy	Drs. Joe and Cindy Krueger	Neal and Opal Sturdavant
Elks #929	Jack and Marilyn Krueger	Judith Tonjes
First Federal Bank	Vivian Lanzer	Janet Volkman
Richard A. Fisher	Jason and Shawna Maassel	Lynn Wachtmann
Susan Fotopoles	Cindy McBride	Marjorie Wachtmann †
Janet Freeman	Charles and Jane McGill	John & Pam Wilhelm
Kevin and Melinda Fritz	Mary Fran Meekison	
Suzanne Frost	Joel and Alain Miller	
Jack and Irene Fruchey	Ted and Bonnie Mohler	
Family of Arlene Fruth	Tom and Paula Moriarity	
Kirk Fruth Financial	Ohio State Eagles Charity Fund	
The Gerken Family	Ken and Marilyn Rayle	
Hal Griffin	Mary Rettig	
Gene and Ann Grime	Rob and Brenda Rettig	
Hamler State Bank	Richner & Richner	
Sue Hammer	Rodenberger Funeral Home	
Elaine Harmon		

**Thank You So Much!!!**

**2016 Trustee Board  
Officers**

Mary Rettig, [Napoleon](#)- **President**  
Charleen Snyder, [Liberty Center](#)- **Vice President**  
Jennifer Rohrs, [Napoleon](#)- **Secretary**  
Rick Bachman, [Napoleon](#)-**Treasurer**  
Richard Beck, [Ridgeville](#)- **Participant Council President**

**Board Members**

Kim Rohrs, <a href="#">Malinta</a>	Monica Irelan, <a href="#">Napoleon</a>	Bonnie Eddy †, <a href="#">Napoleon</a>
Richard Fisher, <a href="#">Napoleon</a>	Arnold Gerken, <a href="#">Hamler</a>	Ed Hoeffel, <a href="#">Napoleon</a>
Jim George, <a href="#">Deshler</a>	Louis Streicher, <a href="#">Holgate</a>	
Tom Von Deylen, non-voting Commissioner Representative		

**2016 Participant Council**

**Officers**

Richard Beck, [Ridgeville](#)-**President**  
Paul Heddaeus, [Deshler](#)-**Vice President**  
Bonnie Mohler, [Liberty Center](#)-**Secretary**

**Council Members**

Arlene Agler, <a href="#">Holgate</a>	Ruth Benien, <a href="#">Napoleon</a>
Bonnie Bischoff, <a href="#">Napoleon</a>	Esther Bischoff, <a href="#">Napoleon</a>
Barb Buchholz, <a href="#">Napoleon</a>	Carmen Knipp, <a href="#">Holgate</a>
Terry Kuta, <a href="#">Napoleon</a>	Barbara Paisie, <a href="#">Napoleon</a>
Janice Roseman, <a href="#">Liberty Center</a>	

**Senior Center Staff**

Sandy Blackwood, **Executive Director**  
Sarah Erb, **Finance Director**  
Sandy Schlosser, **Senior Nutrition Manager**  
Vicki Saneholtz, **Administrative Assistant**  
Charlotte Grejtak, **Social Worker**

Tina Geno, **Art Director**

Tammy Casarez, **Head Cook**

Karen Dennie, **Assistant Cook**

Vicky Badenhop, **Kitchen Assistant**

Lois Casper, Keri Conmay, Phil Dennie, Joyce Knepper, Carla Lambert, Kim Miller, Deb Rowe, Lynette Smith, and Mike Whitman: **Meals-On-Wheels Drivers**

David Conrad, **Substitute Driver**

#### Staff Provided to Sr. Ctr. as In-Kind Contribution

Dorothy Fahy/ Sue Richardson Exercise Leader- **Napoleon Parks & Recreation**

Pat Pahl, Tai Chi Instructor-**Northcrest Nursing & Rehab Ctr.**

Gina Hill, LC & Alpine Exercise Instructor- **HCSC Participant Council**

#### Volunteer Staff

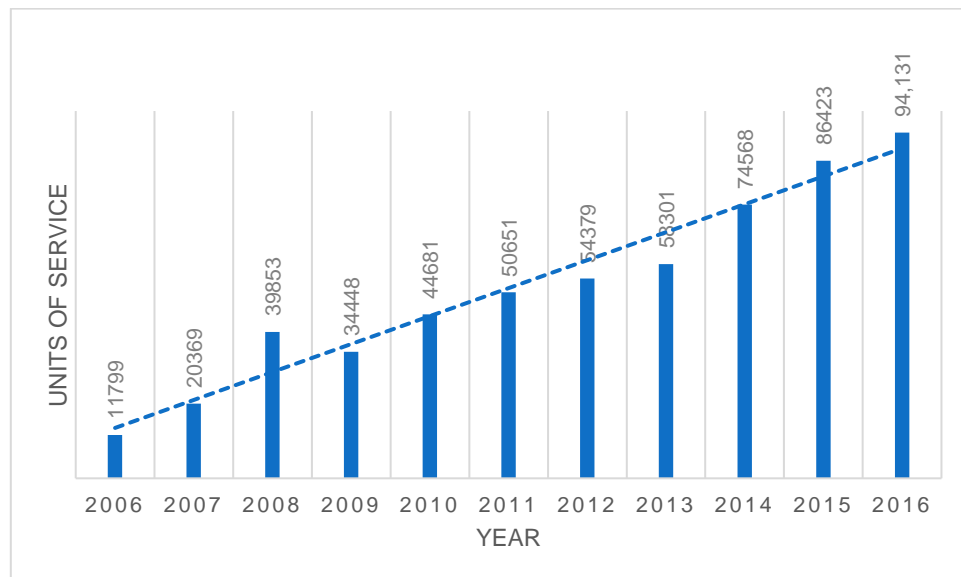
Lucille VanScoyoc and Rita Ziegler, **Deshler Coordinators**

Bonnie Mohler and Loretta Seedorf, **Liberty Center Coordinators**

Deb Goodman, Beth Cook, Joan Collier, Karen Reiser; **Napoleon Receptionists**

Linda Warren, **Line Dancing Instructor**

#### **10 Year Trend for Services Delivered**



*The HCSC staff and volunteers delivered over **94,000 units of service** to 1291 Henry County seniors!*



## Looking Ahead



I must confess, looking ahead is a lot of fun. We hope to have a dedication/ grand opening ceremony in December 2017, barring any unforeseen circumstances. The new facility will be a 20,000 ft<sup>2</sup> beauty that will enable expanded programming and wellness activities for generations of Henry County seniors. The expanded kitchen will allow our experienced staff to do more scratch and large batch cooking to meet the nutritional needs of our county seniors for decades to come. The first-class art studio and woodworking areas will help support future programs and services through profit-making social enterprise. The added offices will ensure privacy during Medicare/ retirement counselling, legal aid, and tax preparation appointments. Larger exercise space will encourage more seniors to utilize the free classes to stay fit, strong and limber. The indoor pickleball courts will empower seniors to form leagues for year-round athletic competition. The opportunities are almost boundless.

Henry County's reputation as a great place to "*AGE WELL!*" is well established and growing. Seniors do not have to worry if they can find a ride to the doctor, even if their appointment is in Toledo, Fort Wayne, or even Cleveland. The HCSC contracts with the Henry County Transportation Network to make sure they get to where they need to go. Henry County is one of the few counties that don't go on a waiting list for either Meals-On-Wheels or transportation. We have not had to ration services, both because of tremendous local support and because of the sensibility of our clients who so appreciate our services.

I am very grateful to be a part of this community and thankful that I can serve Henry County in this capacity. The rest of the staff and volunteers are to be thanked and congratulated for the extra work they have put in especially considering that participation has continued to increase during this whole process.

Sandy Blackwood, Executive Director, 02/10/2017

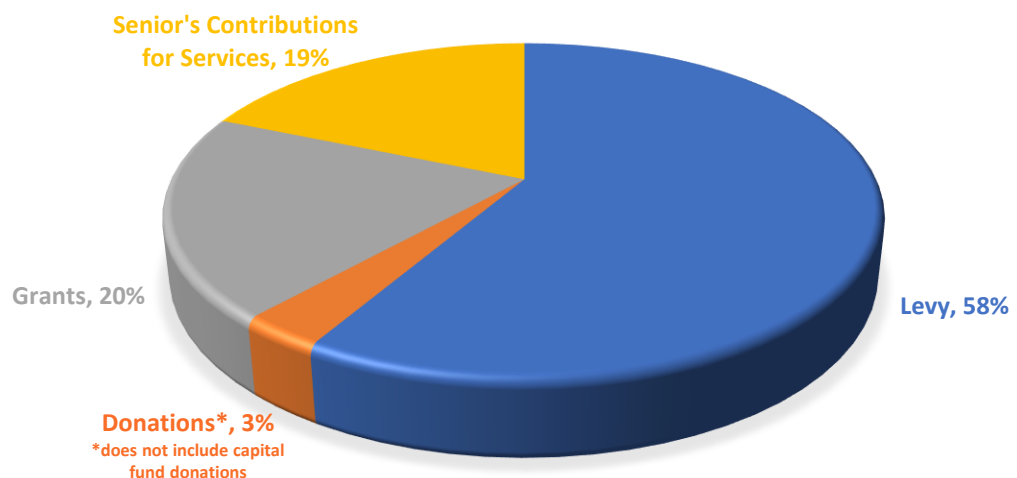
## Financial Summary

The HCSC began 2016 with a beginning balance of \$432,332, which is 6.3 months of operating and programming expenses. Total revenues were \$703,765 and expenses were \$825,872 which yielded a 2016 deficit of \$122,107. The ending balance was \$310,225, which is 4.2 months of operating expenses. This is the third year in a row of six digit deficits. The HCSC Trustee Board and staff are working on a five-year financial plan to ensure stability and viability of the services available through this organization.

A few of the points in this plan include:

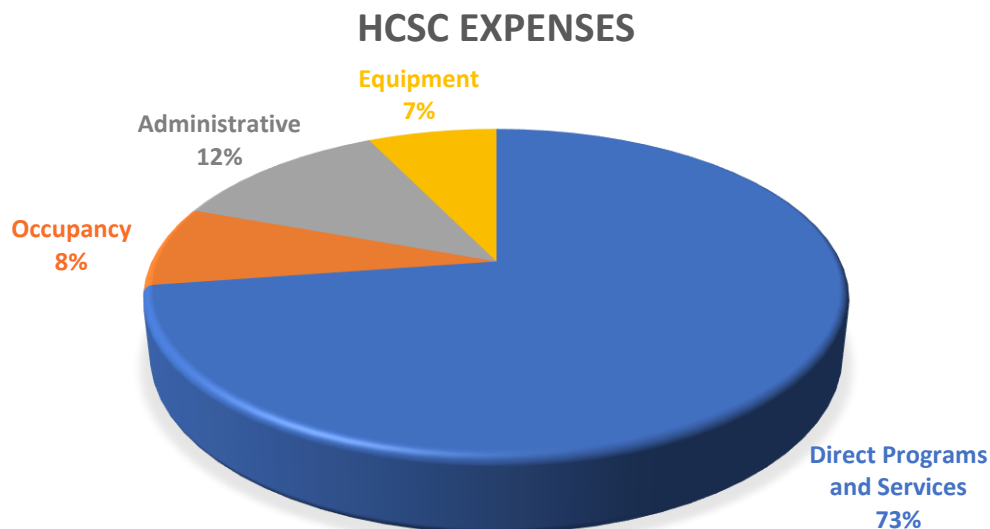
- ◆ Cutting food cost through scratch cooking and in-house packaging of frozen meals
- ◆ Charging rent for office space in the new facility
- ◆ Beginning a social enterprise for profit to support programming
- ◆ Setting up an Endowment Fund
- ◆ Continuing to connect with donors to be their charity of choice
- ◆ Expanding grant requests and improving the grant seeking strategy
- ◆ Increasing the levy millage from 0.8 to a possible 1.1 mill

### HCSC INCOME

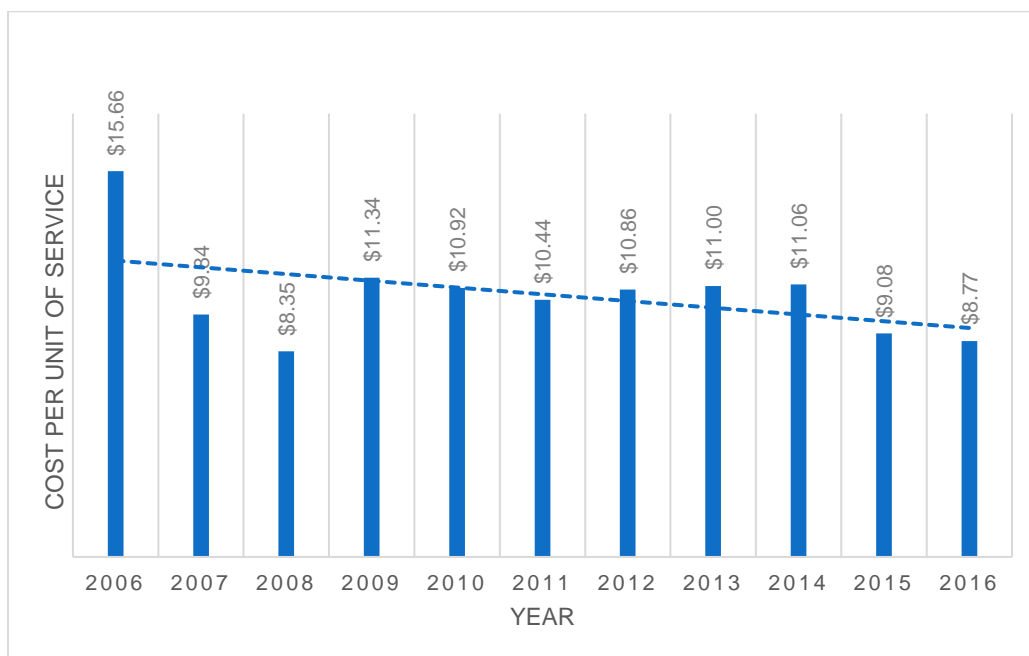


*The county-wide levy accounts for 58% of the HCSC budget.*

*73¢ of every dollar is spent on direct services for Henry County seniors*



*The cost for providing each unit of service (transportation, meal, exercise class, social activity, health check, etc...) has been trending down*



## Financial Statements

### 2016 Financial Report

#### Operating Budget

##### REVENUE

Area Office on Aging	136,395
Senior Center Levy Monies	411,433
Caregiver Support (AOoA)	1927
Donations/Other Revenues	13752
Cash Match (Seniors' Fundraising)	9000
Nutrition Services Program Income	131,258
<b>Total:</b>	<b>\$703,765</b>

##### EXPENSES

Salaries/Benefits	361,287
Utilities	22,945
Supplies	6,574
Contracted Services	13,764
Staff Training	5,848
Other	5,513
Building Maintenance	4,934
Advertising	432
Satellite Programming	3,540
Transportation	137,235
Equipment	3,608
Meals-On-Wheels Vehicle Expenses	15,889
Nutrition Services	184,767
Postage	2,643
Real Estate Settlement	9,263
Capital Improvements	47,630
<b>Total:</b>	<b>\$825,872</b>

Deficit **(\$122,107)**

#### Participant Council Accounts

##### Activity Checking Account:

Revenues	33,666.24
Expenses	39,559.85

**Revenue vs. Expenses** -5,893.61

**Building Fund** **214,754.68**

Checking	7,7018.79
<b>Total:</b>	<b>221,773.47</b>

## Programming Highlights

### Services Delivered in 2016

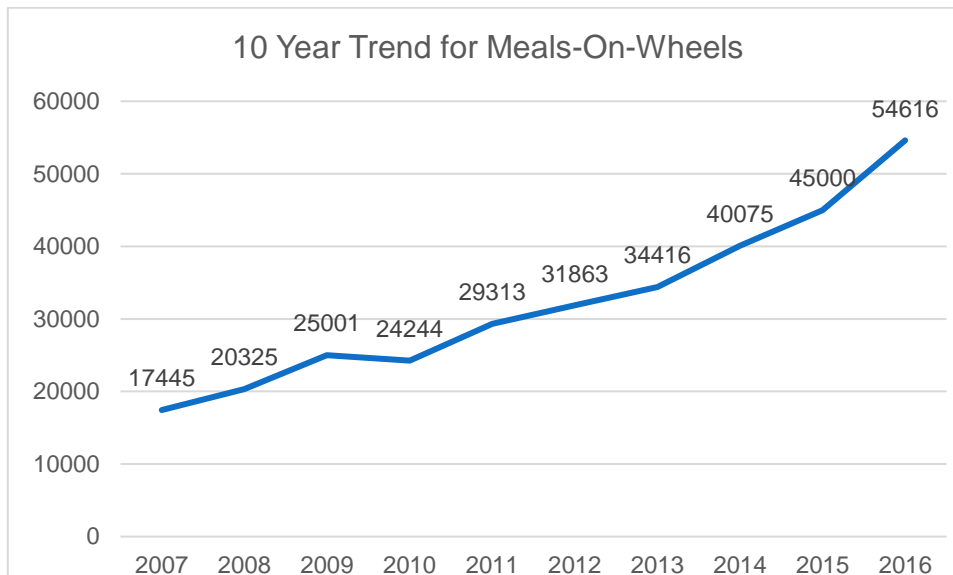
Transportations	9657
Medical Assessments	1262
Social Programs	2147
Exercise Programs	3332
Supportive Services	636
Meals at the Senior Center	9140
Home Delivered Meals	54616
Community Education	1250
Recreation	2103
Nutrition Assessments	316
<u>Communications</u>	<u>9672</u>
<b>Total Units of Service</b>	<b>94,131</b>



### Meals-On-Wheels

Meals-On-Wheels is a signature program for the HCSC. The demand for this service has more than doubled in the last 10 years and the sharpest increase so far was in 2016. The Meals-On-Wheels program became the responsibility of the HCSC in 2007 after NOCAC decided not to continue it. Meals-On-Wheels were first offered county-wide in 2010 when new temperature controlled delivery trucks were put into operation. While many counties have gone to a once per week frozen meal delivery, Henry County has invested in and expanded this program to ensure that not only do homebound seniors get a freshly cooked hot meal, but they also are checked on by CPR and First Aid certified professional drivers. What a wonderful service for both our elderly and their busy families who can have peace of mind that their loved one is checked in on. Over 54,000 meals were delivered to Henry County seniors last year. More and more it is being recognized that food is medicine. We can provide a senior Meals-On-Wheels for 1 year for roughly the same cost as 1 day in the hospital.

*The 0.8 mill levy has not increased since it first passed in 2008, while the demand for Meals-On-Wheels and other services have more than doubled*



2016 Senior of the Year

Janet Foxe

## Transportation

In a rural county, making sure that transportation is available is vitally important. The HCSC Trustee Board has continually looked at the transportation policy and has affirmed their commitment to ensure that seniors from all across the county can get to dialysis, doctor's appointments, grocery shopping, banking, and the Senior Center.

## Congregate Meals (Dining at the Senior Center)

On average 50 seniors per day have lunch at the Senior Center. Some of the favorite menu items include liver and onions and any meat and potatoes combination preferably with gravy.

## Art Studio

The Art Studio and instructor, Tina Geno, set the HCSC apart from other county's senior programs. Tina is a first-rate instructor and has specialties in acrylic/ oil painting, ceramics, and artistic design. With her tutelage, senior students have helped to support the program through supplying beautiful items for the retail store.



Longest Married Couple

Bob & Donna Small





## Support and Study Groups

The HCSC support and study groups are a wonderful way to connect seniors to others with shared or similar experiences and interests.

- ◆ Caregiver Support (offered in Napoleon and Deshler)
- ◆ Grief Support
- ◆ Mental Health Support
- ◆ Thriving with Diabetes
- ◆ Bible Study
- ◆ Women's Devotional
- ◆ Quilting
- ◆ "Make It and Take It" Class



## Exercise Opportunities

- ◆ Liberty Center Tai Chi
- ◆ Deshler Exercise with Lucille
- ◆ Napoleon
  - Alpine Village- Stretch, Strength, and Balance
  - Exercise with Sue Richardson
  - Line Dancing
  - Tai Chi
  - Zumba



## Volunteer Opportunities

Volunteers are the heart and soul of the HCSC. Having purpose is a basic human need and our volunteers fulfill that need while helping their community. Thank you to the many, many community members who worked so hard to make Henry County a great place to age in place.

**In 2016, HCSC volunteers have...**

- ◆ Raised over \$1,000,000
- ◆ Handed out over 1800 food boxes to Henry County seniors





- ◆ Bagged up cat food to send to Meals-On-Wheels clients
- ◆ Offered free hot wax and massage for arthritic hands
- ◆ Transported and distributed food boxes to Deshler and McClure
- ◆ Delivered food boxes to senior housing
- ◆ Coordinated satellite activities
- ◆ Produced beautiful art and crafts for the store
- ◆ Conducted fund-raisers
- ◆ Baked for bake sales
- ◆ Taught a weekly class
- ◆ Visited nursing home residents and those in the hospital
- ◆ Placed phone calls
- ◆ Led exercise and line dancing
- ◆ ...and many other community building activities

HCSC volunteers donated almost \$94,000 worth of time last year alone.

### New Programs in 2016

After a participant mentioned that there is no nearby group for those struggling with mental health issues and consulting with Charlotte Grejtak (grā' tak) the HCSC licensed social worker, it was agreed to offer a non-clinical mental health support group at the Senior Center.

- ◆ Mental Health Support Group
- ◆ Thriving with Diabetes
- ◆ "Make It and Take It" Class
- ◆ Alpine Village- Stretch, Strength, and Balance
- ◆ Food for Homebound Pets (donated cat food, bagged by volunteers)

### Services Available through the Henry County Senior Center

- ◆ Senior Nutrition Program: Served Monday through Friday. Nutritious meal served in the Senior Center dining room and Meals-on-Wheels
- ◆ Henry County Transportation Network: Transports to the Senior Center, doctor's appointments, dialysis, grocery shopping and banking
- ◆ Arts/ Crafts Instruction/ Volunteers/ Gift Shop
- ◆ Caregiver Resource Center/ Mental Health Support/ Grief Support Group



- ◆ Medicare & Insurance Info/ Tax Preparation
- ◆ Golden Buckeye/ HEAP/ PASSPORT
- ◆ Exercise with Sue Richardson/ Line Dancing/ Tai Chi/ Zumba/ Alpine Village
- ◆ Health Fair/ Toe Nail Clinic/ Blood Pressure Testing/ Audiology Clinics
- ◆ Social Activities/ Cards/ Bible Study/ Quilting
- ◆ Day Trips/ Shopping Trips
- ◆ Volunteer Opportunities and Fundraising Events: Rummage Sales, Bake Sales, Raffles, Dining Room Helpers, Servers, Fair Booth, Receptionists, Satellite Helpers, Phone Calls, Friendly Well-Calls,
- ◆ Informational/ Educational Programs
- ◆ Intergenerational Activities
- ◆ Evening Meals/Rally in the Alley Card Parties
- ◆ Morning Coffee
- ◆ Quilting Club

### “Thank You” Business and Agency Partners

WNDH, 103.1 FM	Henry County Government	AmeriCare
Henry County Hospital	Northcrest Nursing and Rehab	All-Caring
Henry County Bank	Oak Grove Care Center	HUMANA
HC Agricultural Society	Country View Haven	Audiology Clinic of Northwest Ohio
Genacross	Northwest Signal Newspaper	Immanuel Lutheran Church, Deshler
Crossroads Church	Henry Co. Family Physicians	Snyder-Wesche-Hoening Funeral Home
Napoleon Moose Lodge	Washington & Liberty Twps.	Bert G. Taylor Post 300, American Legion
Henry Co. Health Dept.	City of Napoleon	Community Health Professionals
Henry Co. Hospice	Henry Co. Home Health	Napoleon Lions Club
OSU Extension	Henry Co. Trans. Network	Napoleon Elks
Brookview Farms Meats	Napoleon Eagles	United Way
VFW	Harrison Arbor of Gleaners #275	

*It really does  
take the entire  
county to help  
this agency  
thrive*

## **HCSC Information**

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### **Henry County Senior Center- Main Location**

Monday- Friday 8:00 am – 4:30 pm

130 E. Clinton

Napoleon, OH 43545

**Tel** 419-599-5515

**Fax** 419-599-5525

[www.henrycountyseniorcenter.com](http://www.henrycountyseniorcenter.com)

### **Liberty Center Satellite**

Wednesday Mornings

Liberty Center Fire Station

T-315 Township Road 8

Liberty Center, Ohio 43532

### **Deshler Satellite**

Tues., Thurs. Mornings

Immanuel Lutheran Church

220 W. Elm Street

Deshler, Ohio 43516