

Golden Age News

203 Rohrs Street
Napoleon, OH 43545
419-599-5515

www.henrycountyseniorcenter.com



SENIOR HEALTH AWARENESS COMMITTEE SPRING HEALTH FAIR

Blood Pressure Checks,
Senior Information,
Vendors, Guest Speakers,
Door Prizes, Delicious
Free Lunch with Dessert
& Much More!

**Wed. May 1, 2024
8:30AM to 1:30PM**

Complimentary Tickets
are available at The Henry
County Senior Center.

Must be present from
9:00am to 1:00pm to be
included in the door
prize drawings.

The Senior Center building will
be closed on the day of the health
fair unless you have a ticket for
the event.

Henry County Senior Center

*"To empower and inspire older adults to
thrive in all aspects of their lives"*

APRIL 2024

Dear Seniors,

April is here and that means the end of March Madness. Join us on Friday April 5th to celebrate Final Four weekend. Fun games, sponsored lunch, and Bingo.

I know you have all heard about the big Solar Eclipse on Monday April 8th. The Senior Center will be closed on this day, but to get you prepared, we will be having a special presentation on Monday, April 2nd. You will have an opportunity to learn more about the eclipse, ask questions, and if you attend the whole presentation will be rewarded with a pair of solar eclipse glasses courtesy of F&M Bank and the Senior Center Advocates. I do hope that everyone enjoys this day but more importantly, I hope everyone stays safe this day!

On Wednesday May 1st, we will be hosting our Annual Health Fair in conjunction with Senior Day. This will be a pre-registered event, meaning that you must get a ticket beforehand and present it that day to be admitted. Tickets will be limited and registration for tickets starts April 1st. The day will be jam packed with speakers, vendors, give-aways, lunch, door prizes, and lots of FUN. The building will be *closed* this day unless you have a ticket for the event. To be eligible for door prizes, you must be present from at least 9:00 am – 1:00 pm. Doors will not open until 8:30 this day.

Trips are going very well with several new adventures and some old favorites on the calendar. And it's never too early to think about our Spring Rummage Sale! Organizational meeting for anyone interested in helping or just learning more will be Wednesday, May 8th at 12:30pm in the conference room! Hope to see you all at the Senior Center!!

Penni Bostelman
Executive Director

NCAA MARCH MADNESS PARTY

BROUGHT TO YOU BY GENACROSS LUTHERAN
SERVICES NAPOLEON HEALTH CARE CAMPUS

FRIDAY, APRIL 5TH AT 11:30

PLEASE JOIN US FOR SOME BASKETBALL
GAMES AND FUN. A DELICIOUS SPONSORED
MEAL WILL BE SERVED FOLLOWED BY BINGO.
DON'T MISS THIS FUN EVENT!



WEAR YOUR FAVORITE TEAM
COLORS. WE WILL HAVE A PRIZE
FOR OUR BEST DRESSED
SUPER FAN!



- | | | | |
|-----------------------|-----------------------|--------------------------|-------------------------|
| 1 Catherine Cartledge | 7 Ronald Carico | 17 Lyle Weirauch | 24 Rosemary Hartford |
| 1 Philip Newell | 7 Michael Sager | 17 James Small | 24 Keith Sonnenberg |
| 1 Roland Rettig | 8 Bryce Miller | 17 Sandra Burgel | 24 Patricia Wink |
| 1 Leonarda Garcia | 8 Raymond Gordon | 17 Ken Miller | 24 Betty Joy |
| 1 John Grime | 8 Estella Leonard | 17 Hwa Rader | 24 Shirley Dickens |
| 1 Tim Speiser | 9 Neal Sturdavant | 17 David Bordner | 24 Mara Jean Musschel |
| 1 Mark Piasecki | 9 Shirley Godwin | 17 Nicol Patricia | 24 Donna Punches |
| 1 George Swift | 9 Darlene Reimond | 17 Gary Brubaker | 24 Connie Peterson |
| 1 Stephen Wachtman | 9 Bonnie DeCant | 18 Edwin Panning | 24 Stacey Spradlin |
| 1 Victor Hoskins | 9 Marc Sawyer | 18 Nancy Travis | 25 Linda Sheperd |
| 2 Donald Drummond | 10 Barbara Shields | 18 Phillip Power | 25 Thomas Meyer |
| 2 Donald Lammers | 10 Donna McGhee | 18 Jeff Wallace | 25 Robert Light |
| 2 Janice McMaster | 10 Betty Ashbaugh | 18 Shirley Bostleman | 26 Shirley Sonnenberg |
| 2 John Metzger | 11 Orville Weirauch | 19 Josephine Emahiser | 26 Leon Panning |
| 2 Holly Nguyen | 11 Marilyn Schwiebert | 19 George Johnson | 26 Consuela Medina |
| 2 Cecelia Brink | 11 James Cordy | 19 Carolyn Sonnenberg | 26 Ronald Mathers |
| 2 Raymond Lee | 11 Patricia Haas | 19 Michael Anderson | 26 Sheryl Rathge |
| 2 Karen Tobias | 11 James Gobbell | 19 Robin Mansfield | 27 Ron Meyers |
| 2 Pamela Morrow | 11 Edwin Westrick | 19 Peggy Ritz | 27 Yong Duval |
| 2 Robert Wolfe | 12 Carmen Knipp | 20 Bernetta Saneholtz | 27 Tamara Martin |
| 3 Hazel Armstrong | 12 Judy Michaelis | 20 Norm Wachtmann | 28 Clarice Lawson |
| 3 John Belchor | 12 Joyce Cooper | 20 Rita Feather | 28 Patricia Brickner |
| 3 Edward Lazenby | 12 Lois Haase | 20 Brenda Camp | 28 Rodger Murry |
| 4 Veda Crawford | 12 Bill Barton | 20 Patricia Fortner | 28 Richard Beck |
| 4 Jo Schwaiger | 12 David McColley | 20 Steve Gruenhagen | 28 Sandy Vocke |
| 4 Robert Lulfs | 12 Carol Swoboda | 21 Betty Lather | 28 Dennis Tonjes |
| 4 Rosemary Jensen | 12 Patricia Sawyer | 21 Mary Maas | 29 MaryInn Hogrefe |
| 5 Lois Stange | 13 Carol Dehnbostel | 21 Coral Baumgartner | 29 Constance Cobb |
| 5 Roger Sell | 13 Charles Russell | 21 Jerry Beltz | 29 Douglas Howell |
| 5 Lorraine Wilhelm | 13 Judith Stewart | 21 Steven Schwab | 29 Jean Romes |
| 5 Patricia Sherman | 13 Charles Holifield | 21 Patsy Mohler | 29 Janice Rausch |
| 5 Connie Zeiter | 13 Mary Donnelly | 21 G Lynn Hanson | 29 Penny Rowley |
| 6 Rosella Nicely | 14 Beverly Junge | 22 Virginia Briggs | 30 Margaret Zachrich |
| 6 Sharon Hoffman | 14 Jean Kledzik | 22 Carolyn Schmidlin | 30 Phyllis Meyer |
| 6 Sandra Beckwith | 14 Ralph Lewis | 22 Eldon Sickmiller | 30 Charlean Miller |
| 6 Sherry Hogan | 15 Mary Spangler | 22 Carl Westrick | 30 Karla Carico |
| 7 Shirley Barlow | 15 Jerry Waisner | 22 Maryann Walden | 30 Brian Lautar |
| 7 David Beck | 15 Vicki Ernsberger | 23 Wilma Keller | 30 Diane Locher-Hockman |
| 7 Janet Krause | 15 Darrel Force | 23 Janice Conner-Roseman | 30 Sherri Rochester |
| 7 Sharon Weaver | 15 Brenda Flory | 23 Lula Retcher | |
| 7 Richard Henricks | 16 Theresa Bortz | 23 William Reimund | |
| 7 Sue Rettig | 16 Paul Stevens | 23 Ann Grime | |
| 7 Emilio Mora | 16 Juergen Goertz | 23 Sue Wilson | |
| 7 Sharon Michaelis | 16 Scott Barnes | | |

DONATION WISH LIST

Postage Stamps,
Chocolates,
Candy,
Decaf Coffee,
Tea Bags,
Antibacterial
Wipes,
Safety Pins,
Masking Tape,
Large Zip Lock
Bags



Soaring Arts Studio
Pottery Class
& Filling Home
Water Fitness Class



Thank you FOR YOUR SUPPORT

Thank You

Henry County Health Department
 HCSC Advocate Group
 Jane Crandall
 Immanuel Lutheran Church, Deshler
 St. Peter Lutheran Church, Holgate
 Campbell's Retiree Group
 Bridge Home Health/Hospice-Bingo Sponsor
 Vancrest Health Care Center-Bingo Sponsor
 Genacross Lutheran Services-Meal & Bingo Sponsor
 Northcrest Nursing & Rehab-Meal & Bingo Sponsor
 Holgate & Napoleon Lions Club-Bday Bash Meal Sponsor
 Becky Mansfield-Bingo Caller
 Paramount Elite Mike Rivera-BINGO Sponsor
 Brenda Flory-Thrivent Financial

Donations

Mary Box, Barb Nye, Jim Joseph, Bonnie Martin, Ann Kuckowski, Helen Witte, Dep Hoops, Barbara Dancer, Roger Sell, Joan Hardesty, Selby Cildress, Mary Dewitt, Frances Aderman, Jayne Hernandez, & Several Anonymous Donors

Memorials

Donna Clausing by Joseph & Mary Fortner, Julie Madison
 Luella Badenhop by Bette Lighthill

Newsletter Mailing Volunteers

Diana Rhodes, Beth Cook, Jean Knipp, Janet Foxe, Feb Franz, Jan Westhoven, Becky Mansfield, Linda Dickey, Deb Wensink, Viv Dominique, Marg Abel, Marybeth McClure, Joannie Hardesty, Janet Meyers

PI DAY PIE CONTEST

Congratulations to Barb Nye. Her Pecan Pie won first place in our Pie Competition. Jerri Holder took home second place with her German Chocolate Pie. Thank you to all who participated. We had 14 pies entered into the competition and all were amazing! The judges had a very tough job!



Thank You to our judges; Rev. Juli Lejman-Guy, Jim George, Brooke Eisel, Paul Heddaeus, & Terry Holman

WOODSHOP



Come check out our woodshop! Talk to Art & Joe about projects they can help you make.



Dates for our next Rummage Sale
 June 6th, 7th, & 8th.

A Volunteer Meeting will be held
 May 8th at 12:30pm—all are welcome!
 The more help the better.



Join us for a special presentation
April 11th During Lunch
Eating Well and Living Well
 Nutrition and Diabetes



Get a FREE \$10 Voucher
 for Fresh Fruits and Vegetables
for Attending

Please RSVP for Lunch By 2pm on April 10th
 if dining at Senior Center

LET YOUR CREATIVITY FLOW



CROCHET & KNITTING CLASS

Offered on the 1st & 3rd Tuesday of the month in the Art Room at 11:00am. Come learn to make prayer shawls, baby blankets and more. All experience levels are welcome. Registration is appreciated.



WATERCOLORS WITH SHIRLEY

Class is offered on the 1st & 3rd Wednesday of the month at 10:00. Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

The class is typically offered on the 2nd Thursday of the month at 10:30. This month class will be moved to Friday, April 12th. Cost \$8.00. Registration is required.

EXERCISE CLASSES



EXERCISE WITH CAROL
Mon. at 10:00
Wed. at 10:00



CARDIO DRUMMING

Tuesdays at 10:30
with Emily
Thursdays at 8:30
with Video
Fridays at 10:00
with Video



Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"



LINE DANCING WITH LINDA
Thursdays at 9:30

BALANCE EXERCISE WITH ANN

Tuesdays at 1:00

CHAIR YOGA VIDEO

Wednesdays at 12:45

TAI CHI VIDEO

Fridays at 12:45



ADVANCED PICKLEBALL
Mon, Wed & Fri
8:00-9:45

PICKLEBALL
Mon, Tues,
Wed & Fri
2:00-4:00



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 April Fools' Day	2 Nat. PBJ Day	3 Nat. Walking Day	4	5 SPONSORED MEAL Final 4 NCAA Basketball Party
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball 	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 11:30 Solar Eclipse Presentation 12:45 Advocate Mtg. 1:00 Balance Exercises 1:00 Hand & Foot 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Watercolors 10:00 Exercise/Carol 11:00 HCHD BP Checks 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball 	8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 11:30 Basketball Fun 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi 2:00 Pickleball 
8 CENTER CLOSED	9	10 Nat. Farm Animal Day	11 SPONSORED MEAL Nat. Pet Day	12 Nat. Licorice Day
Solar Eclipse 	8:00-9:00 Walking/Gym 10:00 Caregiver Group 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 1:00 Quilt Class 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball St. Johns School Visit 	8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:00 Northcrest Meal/BINGO Sponsor 12:10 HCHD "Eating Well & Living Well" 1:15 Euchre 	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 10:30 Card Making/Deb \$8 Reg. Required 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
15 Nat. Purple Up Day	16 Nat. Wear Your Pajamas To Work Day	17	18 Nat. Exercise Day 	19
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 12:30 BINGO/Vancrest 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 11:00 Crocheting 1:00 Balance Exercises 1:00 Hand & Foot 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Watercolors 11:00 Cancer Support 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 9:30 Toenail Clinic \$10 Deshler 10:30 Movie/Popcorn 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:45 Tai Chi Video 2:00 Pickleball
22 Nat. Jelly Bean Day	23	24 SPONSORED MEAL	25 Nat. Take Your Daughter & Son To Work Day	26
8:00-9:45 Adv Pickleball 9:00 Manicures/Pedicures 10:00 Exercise/Carol 11:00 Mahjong 2:00 Pickleball 	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 HCHD BP Checks 11:45 BDay Bash— Holgate & Napoleon Lions Club 12:30 BINGO/Bridge Home Health-Hospice 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball 	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe Appt. Required 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
29	30 Nat. Honesty Day	1	2	3 SPONSORED MEAL
8:00-9:45 Adv Pickleball 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study No Activities in the Building after 12:30 due to Health Fair Set Up	Senior Health Fair 8:30 to 1:30 	8:00-8:30 Walking/Gym 8:30 Toenail Clinic \$10 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:45 Euchre	8:00-9:45 Adv Pickleball 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball

April 2024 Lunch Menu

Drive Through
Congregate & MOW
Suggested Donation
\$3.00 (60 & over)

Dine-In for guests etc.
(under 60)
\$ 6.00

- Menu meal served daily 12:00 - 12:30 p.m. - **RSVP by 2:00pm the day before - 419-599-0033.** We cannot guarantee meals for those who do not RSVP.
- **MOW - PLEASE CALL 419-599-0033 BY 7:00 A.M. TO CANCEL OR CHANGE A MEAL.**
- To inquire about ingredient content, please call the Senior Nutrition program
- 2% Milk is served daily.
- Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed.
- **No eligible person 60 or over** shall be denied a nutrition service because of failure to contribute all or part of the suggested donation for that service. All donations are kept confidential.
- Turkey & Cheese Sandwich is available to replace main entrée of a meal.
- Chef Salad is available to replace a hot meal.
- **Menus may change due to availability of certain foods.**
- Drive through meals are available from 11:00 - 11:30 a.m. at the East side of the Senior Center Building KITCHEN DOORS on Monday, Tuesday, Thursday and Friday. Wednesday meal may be picked up on Tuesday.
- **Call the HCSC at 419-599-5515 to sign up for Meals on Wheels.**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 Nat'l Burrito Day	5 Sponsored Meal
Hamburger Gravy over Mashed Potatoes Buttered Corn 3 Bean Salad Peaches	Egg, Bacon & Cheese Bake Sausage Link Hashbrown Potatoes Cherry Crisp	BBQ Rib Sandwich Scalloped Potatoes Pea Salad Pears	Beef Burrito Spanish Rice Fiesta Corn Tossed Salad Fruited Jello	Turkey Frank and Sauer Kraut Red Skin Potatoes Baked Apples Grape Juice
8 CENTER CLOSED	9	10	11 Sponsored Meal	12
	Goulash California Blend Vegetables Ambrosia Salad	Hot Chicken Sandwich Peas & Carrots Potato Salad Applesauce	Pork Chop Over Spanish Rice Mixed Vegetables Apple Waldorf Salad	Turkey & Noodles Mashed Potatoes Corn Cherry Fluff
15	16	17	18	19
Cabbage Roll Mashed Potatoes & Gravy Peas Applesauce	Pork Roast Parsley Roasted Potatoes Grape Salad	Sloppy Joe Ranch Green Beans Potato Rounds Mandarin Jello Cup	Lasagna California Blend Veggies Fresh Salad Garlic Bread Ambrosia Salad	Egg Omelet Bites Hash Brown Casserole Pan Cakes w/Baked Apples Grape Juice
22	23	24 Sponsored Meal	25	26
Stuffed Chicken Breast w/Broccoli & Cheddar Cheese Mixed Vegetables Scalloped Potatoes Peach Crisp	Mushroom Steak w/ Gravy Harvard Beets Stewed Tomatoes Apricots	Hot Beef Sandwich Potatoes (Cook's Choice) Green Beans Cole Slaw Pears Cong: Birthday Cake	Chipped Beef Gravy Baby Baker Potatoes Buttered Beets Mows: Birthday Cake	Sausage Patty on a Bun White Cheddar Mac & Cheese Glazed Carrots Fruited Jello
29	30	1	2	3 Sponsored Meal
Baked Fish Tartar Sauce Broccoli Pasta Salad Fruited Jello	Chicken Pot Pie over Biscuit Baby Baker Potatoes Mixed Vegetables Grapes	Cheese Burger Calico Beans Carrots Peaches	Beef Manhattan Mashed Potatoes Roasted Beans, Carrots & Squash	Dinner Ham Sweet Potatoes Buttered Corn Mandarin Orange Salad



Having fun learning how to drive in a roundabout.



MEAL DONATION

Thank you to all who made monetary donations to our community outreach Easter meals. With your help we were able to provide 17 Easter Meals to families of need in Henry County. A special thank you to Brenda Flory of Thrivent Financial for their contribution to our service project. Thank you again to all!



Please join us on **Tues, April 2nd at 11:30** for a presentation on the Solar Eclipse by Assistant Professor of Environmental Science, Sabrina Brown of Defiance College. Ms. Brown will focus on the science of the eclipse, safety tips, and preparation.

For those attending the whole presentation solar eclipse glasses will be distributed courtesy of F&M Bank and the Senior Center Advocates.

Tech Help with Joe



Joe Burgei from NOCAC will be here **Thur. April 25th** to help you with any technical issues you are having with your cell phone, tablets, laptops etc. Schedule your appointment with Joe at the front desk. Joe will typically be here on the 4th Thursday of each month.

The Senior Center Building will offer no activities after 12:30 on Tuesday, April 30th for set up of our Senior Health Fair. All regular scheduled classes & activities will be cancelled that afternoon along with all activities on Wednesday, May 1st. Thank You!



MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval **you** will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at; 1805 Oakwood Avenue Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, April 24, 2024.**



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, April 29th at 11:00am in the Conference Room.



MANICURES & PEDICURES

Sheila Salinas, a licensed cosmetologist will be here on Monday, April 22nd & May 20th. Please schedule your appointment at the front desk, where you can also view a price list.

TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.





EVENING MEAL



GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The April meetings will be held on Friday the 5th & 19th at 11:00am.

CANCER SUPPORT GROUP

Cancer is becoming a disease that seems to touch everyone in one way or another. If you or a loved one is currently battling cancer or the aftereffects of cancer treatment, this group is for you! The next meeting will be Wednesday, April 17th at 11:00am. The sessions are lead by Tiffany Day from The Henry County Health Department.



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, April 9th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information shared is confidential.



On the Road Again...HCSC Travel for the 60+ Crowd

REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN BEGINNING REGISTRATION DATE.

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby. Scholarship money available for some trips, please contact Executive Director

Hollywood Casino Days-Wednesdays, April 3rd, May 15th, June 5th, July 17th / 9:00am to 3:30pm. Cost \$15 per person which covers your cost of transportation. Lunch at the casino is at your own expense. **Registration is ongoing.**

Walk in the Woods Day-Tues. April 2nd / 8:30am to 1:00pm. Cost \$6. **Space is limited, call the Senior Center for more details.**

Thrift Shop Hop- Friday, April 5th/ 9:00am to 5:00pm. **TRIP FULL.**

The Dinner Detective Murder Mystery Show-Saturday, April 13th / 4:30pm to 10:30pm. **TRIP FULL.**

Branson, Missouri- April 15th-20th. **TRIP FULL.**

Mystery Trip-Friday, April 26th / 10:30am to 4:30pm. Cost \$29. Lunch will be at your own expense. Are you ready for an adventure? Participants need to wear comfortable clothing, shoes & socks! **Registration began in March.**

Mudsock Glass, Edon OH-Friday, May 3rd / 3:30pm to 9:00pm. Cost \$50 includes transportation and the cost to create a "Succulent" stain glass piece of art. Participants will be taught to cut wrap and solder glass. No experience or artistic ability is needed! An early dinner (at your own expense) will be at Four Seasons Restaurant in Bryan. **Registration begins April 2nd.**

Warblers at Magee Marsh-Mon. May 6th / 8:00am to 3:00pm. Cost \$20. Bird enthusiast, Tammy Martin will be our guide. Bring your own lunch, beverages & binoculars. Please wear appropriate attire and foot wear for the day. **Registration began in March.**

"Chicago" The Musical, Marathon Center-Sun. May 19th / 3:30pm to 11:00pm. Cost \$76 includes ticket and transportation. Enjoy the longest running American musical in Broadway history! Dinner will be your own expense at Fern Café. **Reg. began in March.**

Mud Hens VS Rail Riders-Wed. May 29th / 9:15am to 5:00pm. Cost \$25 includes ticket, hotdog lunch and transportation. **Registration began in March.**

Bay City & Saginaw, Michigan -Thurs. June 13th at 8:30am to Fri. June 14th at 5:30pm. Cost \$220 per person which includes transportation, lunch at Frankenmuth, tickets for events, and (Comfort Inn) Hotel. Two meals will be at your own expense. Contact the Senior Center for more information. Travel will be provided by Royal Excursions Bus Charter. **Reg. began in March.**

Firekeepers Casino, Battle Creek MI-Tuesday, June 18th / 8:15am to 6:00pm. Cost \$30 which covers the cost of your transportation. **Registration begins April 18th.**

Sipping into Summer-Thursday, June 20th / 11:30am to 5:15pm. Cost \$92. Stops include Lumberyard Winery for a wine slushy, Debrand Chocolates Tour in Fort Wayne, Wine Sampling at Country Heritage Winery & Byler Lane Winery. Check out the flyer for more information on this trip. Please eat lunch prior to boarding the bus. **Registration begins April 22nd.**

Save The Date First Ladies Nat. Historic Site & McKinley Pres. Library, Canton OH- Friday, June 21st-More info to come in May.

Mud Hens VS Louisville Bats-Wed. June 26th / 10:00am to 5:00pm. Cost \$25 includes ticket, hotdog lunch and transportation. **Registration begins April 22nd.**

Save The Date Niagara Falls Excursion—October 7th through 10th—More information to come in May newsletter.

- When going on trips, Please park by the grass hill and leave the parking spaces closest to the buildings for other participants. Thank you!
- Due to banking expenses we will now be charging a \$3.00 check processing fee for all trip refunds. No fee will be charged for us to hold a credit on a future trip. Thank You for your understanding!

**THRIVE
LOCALLY**



National Church Residences
RIVERVIEW TERRACE
 An Enriched, Independent Lifestyle
120 East Maumee Avenue, Napoleon, OH 43545
Over 62 and need a place to thrive? Picture the possibilities of your new, worry-free lifestyle at Riverview Terrace.
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 senior living option puts your dreams within your reach.
Let us take care of many of the hassles of life that may have become overwhelming, allowing you to be free to thrive.
Phone: 419-592-4343



Diane Harmon
 Realtor®

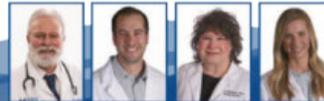
REISER
 REALTY LLC



219 W. Clinton St.
 Napoleon, OH 43545
Office: 419-592-3741
Cell: 419-966-1864
 Email: buzzdkh@gmail.com

Henry County Hospital Family Medical Care
 is now **Primary Care**

Accepting new patients. | Call to schedule an appointment.



419-592-1071
 HenryCountyHospital.org

HENRY COUNTY HOSPITAL
PRIMARYCARE



**Henry County
 Transportation
 Network**
419-592-8726

Ohio Relay Number:
1-800-750-0750

Find us on Facebook!

1805 Oakwood Avenue - Napoleon, OH 43545

Office Hours

Monday - Friday
 8:00 a.m. - 4:00 p.m.

PUBLIC TRANSPORTATION

Operating 6 days a week with limited weekend and evening transportation availability

See our Rider Guide & Seasonal Shuttle Guide for more details!

<https://www.henrycountyohio.gov>



*Care Is Our
 Mission Statement*

600 Joe E Brown Ave, Holgate OH

www.vancrest.com

(419) 264-0700 Ask for Lea



240 Northcrest Dr.
 Napoleon, OH 43545
419-599-4070



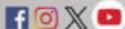
Local, Nonprofit, Available 24/7

Archbold Defiance
419-445-5128 419-782-5411
www.ComHealthPro.org



Henry County Health Department
Inspiring Better Choices for Health

1843 Oakwood Ave.
 Napoleon, OH 43545
 419-599-5545
www.henrycohd.org



- Animal bite investigation
 - Birth and death certificates
 - Breastfeeding support
 - Campground inspections
 - Car seat checks and distribution
 - Children with Medical Needs
 - Communicable disease investigation
 - Community health data
- Cribs for Kids
 - Emergency preparedness
 - Grief Recovery Method
 - Health education and promotion
 - Help Me Grow
 - Henry County Cares
 - Health improvement coalitions
 - Immunizations
- Mosquito control
 - Naloxone education/distribution (Project DAWN)
 - Nuisance investigations
 - Public pool and restaurant inspections
 - School nursing
 - Septic system inspection and permits
 - Traffic safety (Safe Communities)
 - Water Testing

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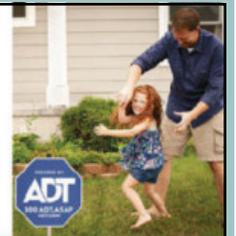
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Finance Director, Sarah Erb

Program Director, Ann Like

Receptionist, Angie Thomas

Custodian, Peg Adams

Exercise Instructors: Carol Gerken Lones, Emily Beck

Volunteer Dance Instructor: Linda Warren

Volunteer Art/Craft Instructors: Deb Butler, Beth Cook, Shirley Starr

Volunteers/Assistants: Dick Beck, Beth Cook, Jan, Franz, Art Germann, Karen Germann, Paul Heddaeus, Betty Marihugh, Donna McGhee, Linda Rettig, Rita Small, Deb Wensink

Bus Drivers: Randy Barnes, Suzanne Holman, Thom Hornish, Donna McGhee



SENIOR NUTRITION PROGRAM.....419-599-0033

Senior Nutrition Manager, Sandy Schlosser

Senior Nutrition Head Cook, Vicky Badenhop

Assistant Cooks: Gayla Rohrs, Maggie Thomas

Dish Room: Bill Hatcher, Don Hill

Volunteer Kitchen Assistants: Pat Birtcher, Cindy Cramer, Judy Hoffman, Jeanette Okuley

Meals on Wheels Drivers: Rick Arps, Kenny Buchenberg, Jordan Kline, Carla Lambert, Jayne Myers, Gayla Rohrs, Martin Verni, Mike Whitman



The Henry County Senior Center is funded by: Henry County Senior Levy, Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.