Golden Age News

203 Rohrs Street Napoleon, OH 43545 419-599-5515

www.henrycountyseniorcenter.com



Come meet our new Executive Director Angela Sosebee June 4th at 11:00am



Lite refreshments will be served.

On the evening of our Rummage Sale **Thursday, June 5th** We will have live outdoor entertainment by Wes Hill from 4pm to 6pm.





Food will be available for purchase that evening. Come enjoy the night with us!

Henry County Senior Center

"To empower and inspire older adults to thrive in all aspects of their lives"

JUNE 2025

Dear Seniors,

I am beyond thrilled and completely humbled to join the team as the Executive Director of this amazing facility. If the warm welcome that I have received already is any indication of what's to come, then I know this is a truly special place to be.

With this being my first note to all of you, I thought it would be fitting to introduce myself. I grew up in Napoleon, and attended Napoleon Area City Schools. Many of you might remember my grandparents, John and Shirley Casteel. Others might remember/know my parents, Jim and Sheila Sosebee. I am the proud mama of a very active six (almost seven) year old daughter, Ellison (Ellie for short). When I'm not in the office, you can probably find me at a dance recital/competition, cheerleading event, or gymnastics practice. I also serve as the president of the Napoleon Elementary School PTO.

While I know that I have a lot to learn, one thing that I have noticed already is how much is going on at the Henry County Senior Center! From meals and small groups to art classes and fitness, this place has it all! I am very excited to be part of the team, and hope that I can help further the great work that's already happening here.

I look forward to reconnecting with many of you, and meeting those of you that I don't know yet. Please feel free to drop in and say hello any time!

Angela



Rummage Sale & Bake Sale

Thursday, June 5th 3PM-7PM, Friday, June 6th 8AM-5PM, & Saturday, June 7th 8AM to NOON.

Check the front desk to sign up to work a shift or two at our rummage sale. Many hands are needed....and it's FUN!

Baked Good donations will also be needed during the duration of the rummage sale. You can start bringing baked goods on Wednesday, June 4th.



Thank you in advance to all our bakers & rummage sale workers!!





Postage Stamps, Coffee, Chocolate, Candy, Powdered Coffee Creamer, Antibacterial Wipes, Tissues, Paper Towels, New Puzzles 1 Galvin, Kaye 1 Shuping, Kathleen 1 Nally, Mary 1 Sigg, Mark 2 Bischoff, Lois 2 Spencer, Mary 2 Clapp, Dennis 3 Smith, Dorothy 3 Rich, June 3 Warren, Linda 3 Glanz, Cynthia 3 Croninger, Bonnie 3 Engel, Gregory 3 Guevveio, Maria 4 Haase, George 4 Sonnenberg, Carlan 4 Nearing, Harriet 4 Barkley, Barb 4 Leatherman, Janice 4 Bennett, Audrey 5 Manisfield, Shirley 5 Trevino, Israel 5 Ruch, Terry 5 Marksch, Henry 6 Gooding, Harold 6 Johnson, Sue 6 Rausch, Carl 6 Cramer, Marv 6 Witte, Helen 6 Rosengarten, Janet 6 Gilbert, Barbara 6 Borck, Robert 7 Spicer, Beverly 7 Collins, Steven 8 Colon, Donald 8 Okuley, Dorothy 8 Cramer, Cheri 8 Russell, Donald 9 Benien, Ruth 9 Recker, Jane 9 Cramer, Peg

9 Blair, Billie 9 Gray, Judy 9 Dewey, Dan 9 Maxcy, James 9 Thomas, Julie 9 Smith, William 10 Siclair, Judith 10 Oehrtman, Paul 10 Heckler, Karen 10 Austermiller, Michael 10 Bostelman, Cheryl 10 Hollcomb, Victor 10 Hancock, Michael 11 Huber, Eleanor 11 Helberg, Twila 11 Vaughn, Herta 11 Bevins, James 11 Nafzinger, Lonnie 11 Lindeman, Sandra 11 Martinez, Sandra 12 Brinkman, Sally 12 Bissell, Sally 13 Hutson, Antoinette 13 Schnitz, Terry 13 Garza, Dianna 14 Kyle, Sharon 15 Phillips, Robert 15 MacGregor, Linda 15 Spieth, Linda 15 Boulton, Gloria 15 Weaver, Renee 15 Coressel, Marcy 16 Stouffer, Marilyn 16 Kinner, Linda 16 Foor, Sandy 16 Berman, Kathy 17 Naas, Thomas 17 Billian, Anita 17 Musgrave, Maynard 17 Honemann, Barbara

17 Kloos, Steve 17 Austermiller, Jane 17 Williams, Cindy 19 Thieroff, Margaret 19 Sabit, Dorthey 19 Diana, Schorn 19 Meade, Patricia 20 Baker, Robert 20 Kuhlman, Richard 20 Kurth, Gary 20 Kryder, Timothy 21 Mueller, Margaret 21 Kline, John 21 Ehlers, Fredrick 21 Schmidt, Janet 21 Cross, Paula 21 Hayes, Shawn 22 Rains, Virginia 22 Clausing, Michael 22 Engel, Dianne 22 Brenneman, Robert 22 Hoover, Michael 22 Clapp, David 22 Orzechowski, Patricia 22 Rosebrock, LouAnn 23 Fruth, Herbert 23 Flory, Mary 23 Phillips, Crystal 23 Liddle, Chris 24 Eberle, Joyce 24 Krohn, Linda 24 Kiser, Brenda 24 Kearney, Susan 24 Mathers, Bethany 25 Williams, Edward 25 Hammersmith, Constance 25 Wiseman, Patti 25 Cramer, Mel 25 Baldwin, Tom 26 Gruenhagen, Arlene 26 Cunningham, Brenda 26 Celani, Marcella 26 Oxender, Cheri 26 Cereghim, Peggy 27 Hite, Barbara 27 Rice, Virginia 27 Whitehead, Darrel 27 Hamm, Stanley 28 Deitrich, Diana 28 Keene, Donald 29 King, Shirley 29 Iliff, Rita 29 Smith, Elaine 29 Tobias, Lila 29 Bishop, Karen 29 Bischoff, Michael 30 Fuller, Robert 30 McColley, Suzanne 30 Oberhaus, David 30 Aycock, Darla 30 Cordes, Ruthann 30 Flowers, Mary Jane 30 Limbird, Robert 30 Miller, Carolyn

2025 CLIENT REGISTRATION FORMS

Check to see when you filled out a registration form. We need an updated form every few years in order for you to continue to receive our newsletter by mail and for your name to appear on the birthday list. Registration forms are available at the front desk.

Tech Help with Joe



Joe Burgei from NOCAC will be here **Tuesday, June 10th & Thursday, June 26th** to help you with any technical issues you are having with your cell phone, tablets, laptops, etc. Schedule your appointment with Joe at the front desk. Joe is typically be here on the 2nd Tues. & 4th Thurs. of each month.



Thank You

HCSC Advocate Group

Genacross Lutheran Services-Meal & Bingo Sponsor Northcrest Nursing & Rehab-Bazaar Meal & Bingo Sponsor Bridge Home Health/Hospice-Bingo Sponsor Vancrest Health Care Center-Bingo Sponsor Henry Co Comm Foundation-Bday Bash Meal Sponsor Food Boxes-Paul Heddaeus, Judy Morua & Jeff Mires Becky Mansfield -Bingo Caller Immanuel Church, Deshler & St. Peter Church, Holgate Jane Crandall Loval Order of Moose Faber Trophy-Pickleball Tournament Trophy Henry County Health Department, Care 360 Hospice,

Soaring Arts Studio, Humana, Aetna, Ohio Senior Ins.



The Soaring Arts Studio is coming to the Senior Center for Pottery Class !



Ceramic Pinch Pot Windchimes



June 2nd & 23rd at 11:00am

Please sign up & pay by 6/1/25.

Fee \$10.00 (which is for both sessions)

Thank you to Soaring Arts Studio for coming and sharing your talents with us!

Congratulations to our 2025 Senior of the Year, Betty Marihugh









Donations

Deb Wensink, John & Mary Jane Kline, Paula Walker, Connie Sell, Randy Miller, Janet Foxe, Rita Small, Viv Dominique, Maggie Yates, Bette Lighthill, Barb Danser, Joan Hardesty, arla Lambert, Marg Abel

Memorials for Shirley Distel by John & Mary Jane Kline

Memorials for Ann KuczKowski by Ann's Family, Vicki & Mike Sanehottz, Anonymous Donors

Newsletter Mailing Volunteers

Diana Rhodes, Janet Foxe, Beth Cook, Marg Abel, Sandy Foreman, Viv Dominique, Linda Dickey, Deb Franz, Bette Lighthill, Joan Hardesty, MaryBeth McClure, Bonnie Martin, Teresa Kiessling, Deb Baker

QUILT RAFFLE

1 FOR \$1 3 FOR \$2 8 FOR \$5



We are raffling off this beautiful quilt. The winner will be drawn on Senior Day at the Henry County Fair. Proceeds benefit the HCSC. Size: 90" x 98"

NAME	NAME
PHONE NAME	PHONE NAME
PHONE	PHONE
NAME	NAME
PHONE	PHONE

LET YOUR CREATIVITY FLOW

CRAFT CLASSES



Thursday, June 19th at 10:30am

Jean Pocket Wall Hanging

Sign up & Pay \$5.00 by 6/13/25



WATERCOLORS WITH SHIRLEY

Learn to paint with brushes, sponges and some not so traditional items. Registration for this class is appreciated. Class is typically offered on the 1st & 3rd Wednesday of the month at 10:00am.



QUILTING WITH BETH

Come quilt on the 2nd & 4th Tuesdays of each month at 1:00pm to 3:00pm in the Art Room. Check out this class for beginners.



CARD MAKING WITH DEB

Make some greeting cards with Deb. June 12th at 10:30am in the Art Room. Please Registration & Pay for the class by 6/6/25.

EXERCISE CLASSES



CARDIO DRUMMING

Tuesdays at 10:30 Thursdays at 8:30 Fridays at 10:00



EXERCISE WITH CAROL Mondays at 10:00 Wednesdays at 10:00

YOGA VIDEO Wednesdays at 12:45 TAI CHI VIDEO Fridays at 12:45





Not able to attend Cardio Drumming in person....Check out our class on YouTube....Search...."Senior Center Drumming with Emily"

CHAIR YOGA WITH HEATHER Tuesdays at 9:30am Starting June 10th

BALANCE & STRETCH WITH ANN Tuesdays at 1:00





LINE DANCING WITH LINDA Thursdays at 9:30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 JUNE	3	4	5	6 SPONSORED MEAL
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Video 11:00 Pottery Class 11:00 Mahjong 2:00 Pickleball	8:00-9:00 Walking/Gym 10:30 Cardio Drumming 10:30 Bible Study 12:45 Advocate Mtg. 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:00 HCHD BP Checks 11:00 Meet & Greet with Angela Sosebee our new Executive Director 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre RUMMAGE SALE <u>Thursday</u> Rummage Sale 3-7 Entertainment by Wes Hill 4-6pm	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 11:00 Grief Group 12:00 Genacross Meal/ BINGO Sponsor 12:45 Tai Chi Video 2:00 Pickleball Friday Rummage Sale 8-5 Saturday Rummage Sale 8-12
9	10	11	12 SPONSORED MEAL	13
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Video 11:00 Mahjong 12:30 On the Road Again Meeting 2:00 Pickleball	9:00 Tech Help with Joe 10:00 Caregiver Group 9:30 ChairYoga Heather	8:00-9:50 Adv Pickleball 10:00 Exercise/Video 11:00 Alzheimer's Support Group with Soaring Arts Dementia Art Therapy 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Cards with Deb 12:00 Northcrest Meal/ BINGO Sponsor 1:10 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball
16	17 Nat Eat Veggies Day	18	19	20 Center Closed
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 12:30 BINGO/Vancrest 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 ChairYoga Heather 10:30 Cardio Drumming 10:30 Bible Study 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 12:30 Cornhole 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 10:30 Craft Class \$5 12:30 Euchre 12:30 BINGO with Stephanie Sponsored by Aetna	JUNETEENTH
23 Nat Pink Day	24	25 SPONSORED MEAL	26	27 Nat Sunglasses Day
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Pottery Class 11:00 Mahjong 12:30 Veteran's Group 2:00 Pickleball	8:00-9:00 Walking/Gym 9:30 ChairYoga Heather 10:30 Cardio Drumming 10:30 Bible Study 1:00 Quilt Class 1:00 Balance Exercises 2:00 Pickleball	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:15 "Ask a Nurse" with Christy from Bridge 11:00 HCHD BP Checks 11:45 BDay Bash- Henry Co Community Foundation 12:30 BINGO/Bridge Home Health-Hospice 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:00 Tech Help with Joe 9:30 Line Dance/Linda 12:30 Euchre	8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Cardio Drumming 12:30 Cornhole 12:45 Tai Chi Video 2:00 Pickleball Wear your crazy sunglasses
30	1	2 SPONSORED MEAL	3	4 Center Closed
8:00-9:50 Adv Pickleball 9:45 Ping Pong 10:00 Exercise/Carol 11:00 Mahjong 11:00 Book Club 12:30 BINGO w/ Jessica Sponsored by Humana 2:00 Pickleball	9:30 ChairYoga Heather 10:30 Cardio Drumming 10:30 Bible Study 12:30 Advocate Mtg.	8:00-9:50 Adv Pickleball 10:00 Exercise/Carol 10:00 Watercolor/Shirley 11:15 Yard Games 12:00 Genacross Meal/ BINGO Sponsor 12:45 Chair Yoga Video 2:00 Pickleball	8:00-8:30 Walking/Gym 8:30 Cardio Drumming 9:30 Line Dance/Linda 12:30 Euchre	

JUNE 2025 Lunch Menu

MOW & Congregate Suggested Donation \$3.00 (60 & over)

MOWs are delivered on Mondays, Tuesdays, Thursdays & Fridays. Wednesday's meal is delivered with Tuesdays meal. Meals are delivered between 10:30am and 1:30pm based on your location in the route you are assigned.

The suggested donation is \$3.00 per meal, higher donations are much appreciated and welcomed. The driver will bring a donation envelope on Thursday. You can send your donation back with your driver, mail it in, or pay online on our website.

No eligible **homebound** person 60 or over, residing in Henry County, shall be denied nutrition service because of failure to contribute all or part of the suggested donation for that service. Homebound eligibility status is determined by an assessment.

Chef Salads are available to replace Hot Meals, Turkey & Cheese Sandwiches are available to replace the main Entrée of a Meal. All substitutions need to be made by 7:00AM. 2% Milk is served daily.

MOW - PLEASE CALL 419-599-0033 BY 7:00AM. TO CANCEL OR CHANGE A MEAL.

To inquire about ingredient content, please call the Senior Nutrition Manager.

Frozen Meals will be delivered to Meals on Wheels clients (at an earlier date) for the Holidays that the Senior Center is closed, if requested.

Drive through meals are offered from 11-11:30 at the east kitchen door. Meals must be ordered by 7:00 AM. No meal PU on Wednesdays.

Menus may change due to availability of certain foods.

Call the HCSC at 419-599-5515 if interested in Meals on Wheels, an assessment must be completed to determine eligibility prior to receiving meals.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 Sponsored Meal
Chipped Beef Gravy Mashed Potatoes Baked Apples Cornbread	Pork Roast Boiled Cabbage & Carrots Lima beans Apricots	Cheeseburger Baked Beans Pea Salad Pears	Cream of Broccoli Soup Saltine Crackers Cucumber & Tomato Salad Grapes	Hot Chicken Sandwich Red Skin Potatoes Buttered Corn Cranberry Fruited Jello Salad
9	10	11	12 Sponsored meal	13
Pancakes w/ Blueberry Topping Sausage Patty Hashbrown Potatoes Fruit Punch	Beef Tips, Peppers & Onions over Rice Riviera Blend Vegetables Fresh Fruit	Sub Sandwich 3 Bean Salad Broccoli Salad Applesauce	Dinner Ham Sweet Potatoes Corn Dreamsicle Orange Salad Rice Krispy Treat	Sloppy Joe Sandwich California Blend Vegetables Bag of Potato Chips String Cheese Fruited Jello Salad
16	17	18	19	20 Center Closed
Ranch Seasoned Chicken Breast Red Skin Potatoes Normandy Blend Vegetables Fruited Jello	Macaroni & Cheese w/ Ham Roasted Broccoli Glazed Carrots Fresh Fruit	Chicken Salad Sandwich 3 Bean Salad Coleslaw Mandarin Fruit Cup	Beef Manhattan Mashed Potatoes Harvard Beets Cottage Cheese Pineapple	
23	24	25 Sponsored Meal	26	27
Chipped Beef Gravy Red Skin Potatoes Normandy Blend Vegetables Peaches & Cream	Egg, Bacon & Cheese Bake Sausage Links Baby Baker Potatoes Fruit Crisp	Hot Turkey Sandwich Baked Beans Carrots Sliced Apples Congregate: BD Cake	Lasagna Ranch Green Beans Coleslaw Peaches & Pears Garlic Bread MOWS: BD Cake	Turkey Frank w/Sauerkraut Baked Potato w/ Broccoli & Cheese Celery & Peanut Butter Fresh Fruit
30	1	2 Sponsored Meal	3	4 Center Closed
Pork Chop w/ Gravy Peas Stewed Tomatoes Applesauce	Baked Cod Fish Tartar Sauce Rice Pilaf Mixed Vegetables Fruited Jello Salad	Goulash Green Bean Casserole Peach Cup Cherry Crisp	Meatloaf Mashed Potatoes & Gravy Buttered Corn Cheese Cubes Fruit Slushie	



NEW PROGRAM OFFERED



Need some medical questions answered, home health advise, medication concerns or just need to talk. Make an appointment with Christy Mongomery, RN with Bridge Home Health and Hospice. Christy will be at the HCSC on the fourth Wednesday of the month. Call the HCSC to schedule your appointment. Appointments will be scheduled in 15 minute increments from 10:15am to 11:30am. Christy will not be diagnosing illnesses just answering questions on generalized topics.

WASH DAY BINGO



Thur. June 19th at 12:30

Aetna Medicare along with Stephanie Wagner from Ohio Senior Insurance is sponsoring this fun event. Come win some essential items needed for a good laundry (wash) day! Light snacks will be provided also!

BINGO Mon. June 30th at 12:30

Humana Medicare will be sponsoring a BINGO with Jessica Ellis.



ADVANCED PICKLEBALL—Mon, Wed & Fri 8:00-9:50

PICKLEBALL- Mon, Tues, Wed & Fri 2:00-4:00

Interested in a pickleball lesson? Contact the front desk and we will set one up for you with Betty Naas!





MONTHLY FOOD BOX

If you are interested in receiving a monthly food box, please come to the Senior Center & complete an application. The application will then be submitted for approval. After approval you will receive notification that a box has been designated for you. The food box can then be picked up by you at The Henry County Transportation Building at: 1805 Oakwood Avenue, Napoleon from 10:30am to 11:30am on the fourth Wednesday of each month. Go to the back of the building by the loading docks. The next date for pick up is **Wednesday, June 25, 2025.** Please call SeaGate at 419-244-6996 for information on the enrollment process.

NEW ALZHEIMER'S SUPPORT GROUP TO START IN JUNE



Pastor Janine Shearer and Beth Jenny will be facilitating our new Alzheimer's Support Group which will hold it's first meeting **Wednesday**, **June 11th at 11:00am**. Pastor Janine & Beth have both gone through extensive training through the Alzheimer's Association. All are welcome!

The support group will give you a place to talk with others who understand the disease and know what you are going through. The meetings will be held on the second Wednesday of the month at 11:00am.

ALZHEIMER'S ART THERAPY



During the support group the Soaring Arts Studio will be offering art therapy in our art room for seniors with dementia. Caregivers will be able to bring their loved one with them, have their family member involved in an art project while the support group is going on.



BOOK CLUB

If you would like to expand your horizons by reading books from different genres, please call and join our group! Next Book Club meeting is Monday, June 30th at 11:00am in the Conference Room.

TRANSPORTATION SERVICES

Transportation services may be available through the Senior Center via the Henry County Transportation Network for transportation to the Senior Center and medical appointments

The HCTN requires a 24 hour advance notice for scheduling a trip in town and 48 hours for out of town appointments. Please call 419-592-8726 to schedule your ride.







GRIEF SUPPORT GROUP

Losing a loved one can leave you feeling hopeless, lost, and alone. This group offers you a chance to connect with others who are grieving and learn ways to cope with the many feelings associated with your loss. The June meeting will be held on Friday the 6th at 11:00am.

INFORMAL VETERAN GROUP

Monday, June 23rd at 12:30 Held on the 4th Monday of the month. Lead by Kelly Mobley Volunteer Coordinator for Care 360. Kelly retired from the Air Force in 2005 after 23 years of service. She served as a Law Enforcement Specialist, Military Training Instructor, Drug & Alcohol Counselor and Training Education Manager. She has vast knowledge of services available to veterans. The group will share



experiences to offer comfort and camaraderie for those who have served. All veterans are welcome!



CAREGIVER SUPPORT GROUP

Our Caregiver Support Group meets on the second Tuesday of each month in the Conference Room. The overall goal of this group is to enhance caregivers' coping skills, through mutual support and information sharing. All are welcomed. Our next meeting will be held on Tuesday, June 10th at 10:00am.

BIBLE STUDY

Join our Bible Study Group, meetings are held every Tuesday at 10:30am in the Reflection Room. This group explores the Bible in a way to know God better. Through his words we come to know not only the nature and attributes of God, but we also come to understand his plan for each of us.



Please call 419-599-5515 with any questions. Information



REGISTRATION FOR TRIPS ARE IN PERSON ONLY, AT THE HENRY COUNTY SENIOR CENTER. EACH TRIP HAS ITS OWN **BEGINNING REGISTRATION DATE.**

Detailed flyers about the trips below, and flyers of newly planned trips, can be found in a notebook on the coffee table in the Senior Center lobby.

Hollywood Casino Days- Wednesdays - June 18th, July 16th, Aug 20th, Sept 17th, Oct 15th / 9:00am to 3:30pm. Cost \$15 includes transportation. Lunch at the casino is at your expense. Registration is ongoing.

Cincinnati Day Trip-Wednesday, June 11th / 8am to 7pm. Cost \$40. Stops planned; Pyramid Hill, Corner Cupboard Thrift Shop & Jungle Jim's. Lunch will be on your own at Hydes Park Restaurant. Registration begins May 1st.

Canopy Treehouse Tour at Oak Openings-Tuesday, June 17th / 11:30am to 4:30pm. Cost \$9 includes transportation. Lunch will be at Whitehouse Inn at your own expense. Registration begins April 3rd.

Mud Hens Day Game-Wed. June 25th / 10:30am to 4:30pm. Cost \$30 includes ticket, hotdog lunch and transportation. Registration begins April 17th.

Rum Runner Boat Ride-Explore the Three Rivers of Fort Wayne & Visit the John H. Bass Mansion on the Campus of St. Francis University-Thursday, July 10th / 9:00am to 5:00pm. Cost \$43 includes boat ride and entrance to mansion. Lunch will be at your expense at The Deck. Registration begins June 4th.

Jefferson Point "Christmas in July" Shopping Trip-Fort Wayne-Thu, July 17th / 8:30am to 4:30pm. Cost \$18. Lunch will be at your expense. Registration begins June 11th.

The Suns Flower Lindsey, OH-Tues. July 29th / 9:30 to 2:30pm. Cost \$29 includes sunflower field visit and mason jar sunflower pick. Lunch is on your own at Granny's Kitchen. Registration begins June 5th.

Mud Hens Evening Game-Friday, August 15th / 5:30pm to 10:30pm. Cost \$35 includes ticket, hotdog lunch and transportation. Registration begins June 26th.

Ohio Caverns-Tues. Aug. 19th / 8:00am to 5:00pm. Cost \$60, includes transportation admission to two one hr. tours. Wear a jacket and closed toe shoes. Lunch is on your own at Woody's. Registration begins July 2nd.

Toledo Zoo-Wed. September 3rd / 9:00am to 4:00pm. Cost \$15 includes transportation and lunch. Entry to the zoo is free that day for seniors. Registration begins July 31st.

<u>Michigan Exploration</u> - September 23rd—27th / Cost \$1,035.00 Per Person based on double occupancy (\$1,340.00 for a single). Trip includes 4 night accommodations, 4 Breakfasts, 2 Lunches, & 3 Dinners, over 13 Stops in the Petoskey/Charlevoix Area. See trip flyer for more information. Sign up begins 4/2/25 with a down payment of \$600.00 per person. Remaining balance of \$435.00 will be due on 8/1/25.

If a trip is full, always put your name on the wait list in case we have a cancelation or expand the trip.

All of our outings are now being rated on pace and mobility level for participants to judge if a trip is suitable for their activity comfort. Level 1 being the least active to Level 4 being more physically challenging. Please refer to the trip book for a description of the levels and each trip flyer for the level that particular outing is rated.

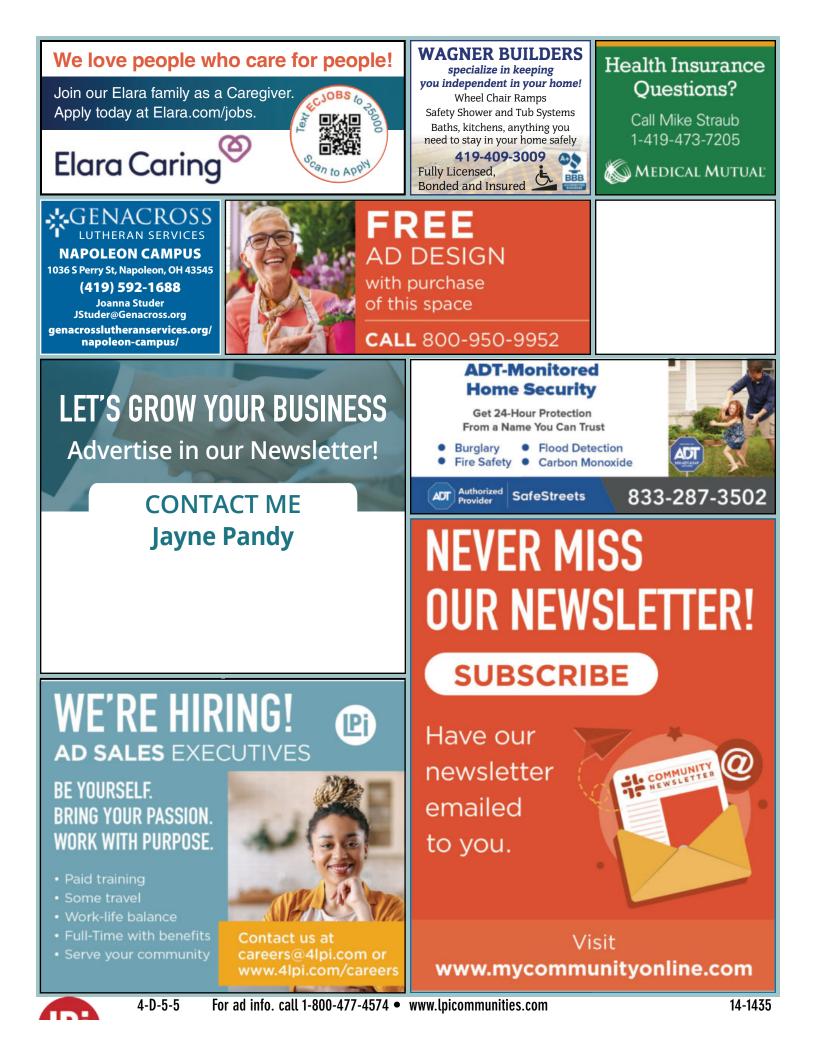
Credit Card transactions will be subject to a transaction fee. \$51-\$100=\$4.00 Fee, \$0-\$50=\$2.00 Fee, Over \$100=4% Fee

The Ohio Department of aging is proud to provide older Ohioans convenient access to locally grown fruits and vegetables through the Senior Farmers Market Nutrition Program.



Seniors over 60 with a yearly income below \$28,953 are eligible for the \$50 coupon. No paper forms are available this year. You must register yearly. Apply online at Aging.Ohio.gov/SFMNP For help applying call 419-382-0624 and ask for Farmers Market Coupon Application Help.





Henry County Senior Center 203 Rohrs Street Napoleon, OH 43545



TIMED DATED MATERIAL ENCLOSED

NON-PROFIT ORG. U.S. POSTAGE PAID PERMIT NO. 15

NAPOLEON, OH 43545

HENRY COUNTY SENIOR CENTER 419-599-5515

Executive Director, Angela Sosebee Program Director, Ann Like Receptionist, Angie Thomas Receptionist, Elizabeth Gribler Custodians: Peg Adams Exercise Instructors: Carol Gerken Lones, Emily Beck, Heather Miller Klingler Volunteer Dance Instructor: Linda Warren Volunteer Art/Craft Instructors: Beth Cook, Shirley Starr, Soaring Arts Studio Volunteers/Assistants: Dick Beck, Beth Cook, Janet Foxe, Jan Franz, Art Germann, Karen Germann, Jan Heddaeus, Paul Heddaeus, Beth Jenny, Dawn Leitner, Betty Marihugh, Donna McGhee, Betty Naas, Linda Rettig, Pastor Janine Shearer, Rita Small, Mayann Walden, Deb Wensink Bus Drivers: Randy Barnes, Jan Franz, Suzanne Holman, Donna McGhee

SENIOR NUTRITION PROGRAM 419-599-0033

Senior Nutrition Manager, Sandy Schlosser Senior Nutrition Head Cook, Vicky Badenhop Senior Nutrition Assistant, Jordan Kline Assistant Cooks: Gayla Rohrs, Maggie Thomas, Lynn Mahlman Dish Room: Bill Hatcher, Don Hill Volunteer Kitchen Assistants: Jeanette Okuley, Pam Schwiebert Meals on Wheels Drivers: Rick Arps, Jordan Kline, Carla Lambert, Madison Moore, Gayla Rohrs, Martin Verni, Mike Whitman

The Henry County Senior Center is funded by: Henry County Senior Levy, Donations, The Area Office on Aging of Northwest Ohio, & HCSC Advocates.



